

Tempo Senior Apartments

February 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Loop Shuttles Are Every Friday. National Freedom Day	2 Please Remember to Sign up for Activities in the Activity Binder Located on the first floor Great Room under the T.V Groundhog Day	3 BLDG 3 Coffee Social & French Toast Sticks 9:00am– 10:00am Lets Play Puck! *Card Game* *Winners Get a Prize* 11:00am-12:00pm Coordinator Led Walking Club 3:00pm-4:00pm National Carrot Cake Day	4 BLDG 1 Coffee Social, Granola Bars & Pop Tarts 9:00am-10:00am Bingo w/Arch well Primary Care Services 1:00PM – 2:00PM Wii Gaming! *Come Play Wii Bowling* 3:00pm– 4:00pm National Homemade Soup Day	5 BLDG 2 Coffee Social & Cinnamon Rolls 9:00am-10:00am Uno No Mercy!!! *Winners Get A Prize* 11:00am-12:00pm Chocolate Strawberries & Jazz Music 3:00pm-4:00pm National Chocolate Fondue Day	6 BLDG 4 Coffee Social & Market Sign Up 9:00am Tempo Market Shopping Times May Vary Bring your own bags/carts Sign Up at 9:15AM National Frozen Yogurt Day	7 BLDG 3 Coffee Social, Pop Tarts & Granola Bars 9:00am-10:00am Casino Day: Black Jack! *Most Chips Wins Prize* 11:00am– 12:00pm Come Down For Some Frozen Yogurt!! 3:00pm-4:00pm National Fettuccine Alfredo Day
8 NO ACTIVITIES TODAY National Pizza Day	9 NO ACTIVITIES TODAY National Bagels Day	10 BLDG 3 Coffee Social & Fresh Fruit 9:00am-10:00am “Mindfulness for Mental Health,” hosted by CareMore Health and Alignment Health. Snacks and Refreshments Provided. 10:00am – 11:00am Tech Class: Get Assistance with E-mails, Phones, Laptops 3:00pm-4:00pm National Umbrella Day	11 BLDG 1 Coffee Social & Pancakes 9:00am-10:00am Bingo w/ Maxim Healthcare Personal Caregiving. Come Win a Prize (Tempo) Time Pending Let's Play Left, Right, Center! *Most Chips Wins a Prize* 3:00PM – 4:00PM National Make a Friend Day	12 BLDG 4 Coffee Social and Bagels 9:00am– 10:00am Coordinator Led Fitness Class: Chair Yoga 11:00AM – 12:00PM Tempo Pool Tournament! Sign Up at 9:00am 3:00PM – 4:00PM Current Champ: Pastor Andre	13 BLDG 2 Coffee Social & Breakfast Pastries 9:00am-10:00am Coordinator Q & A Come ask Melik & Emily Anything!! 11:00am-12:00pm Lets Work Together To Complete a Large Puzzle! 3:00pm-4:00pm National Plum Pudding Day	14 BLDG 3 Coffee Social & Market Sign Up Tempo Market Shopping Times May Vary Bring your own bags/carts Sign Up at 9:15AM National Tortellini Day Valentine's Day

15 NO ACTIVITIES TODAY President's Day	16 NO ACTIVITIES TODAY National Almond Day	17 BLDG 3 Coffee Social & Belgin Waffles w/ Hashbrowns 9:00am– 10:00am Let's Play Left, Right, Center! *Most Chips Wins a Prize* 11:00am– 12:00pm Lets Do Some Scratch Off Art 3:00pm-4:00pm Random Acts of Kindness Day	18 BLDG 2 Coffee Social & Yogurt Parfaits 9:00am– 10:00am Oreo Milkshakes & Snacks! 11:00am – 12:00pm Tempo Chili Cook Off!! *Sign Up Begins February 3 rd * *Bring Some Chili For Our Judges Winner Gets a Gift* 2:00pm-3:00pm National Drink Water Day	19 BLDG 4 Coffee Social and Croissants 9:00am– 10:00am Regular Uno With Prizes!! 11:00am-12:00pm Let's Play Left, Right, Center! *Most Chips Wins a Prize* 3:00PM – 4:00PM National Chocolate Mint Day	20 BLDG 2 Coffee Social & Cinnamon Rolls 9:00am-10:00am Spring Coloring Social 11:00am-12:00pm Tempo Ping Pong Competition! 3:00PM – 4:00PM National Love Your Pet Day	21 BLDG 2 Coffee Social & Market Sign Up Tempo Market Shopping Times May Vary Bring your own bags/carts Sign Up at 9:15AM International Mother Language Day
22 NO ACTIVITIES TODAY Washington's Birthday	23 NO ACTIVITIES TODAY National Banana Bread Day	24 BLDG 3 Coffee Social & French Toast & Bacon 9:00am– 10:00am Neurogenx Visit Providing Diabetic Shoes for Seniors 10:00am – 12:00pm Coordinator Led Walking Club 3:00pm-4:00pm National Tortilla Chip Day	25 BLDG 1 Coffee Social & Grocery Sign Up 9:00am– 10:00am Golden Groceries Senior Food Program Bring Your Own Bag Times May Vary Signup at 9:15am	26 BLDG 2 Coffee Social & Yogurt Parfaits 9:00am– 10:00am Fitness Class: Chair Yoga 11:00am– 12:00pm Lets Play Puck! *Winners Get a Prize* 11:00am-12:00pm National Clam Chowder Day	27 BLDG 4 Coffee Social & Word Search 9:00am– 10:00am Coordinator Q & A Come ask Melik & Emily Anything!! 11:00am-12:00pm OUT OF OFFICE “ TEAM MEETING	28 BLDG 3 Coffee Social and Croissants 9:00am– 10:00am February New Years Birthday Bash!!! 2:00pm