Tempo Senior Apartments

October 2025

Coordinator Name: Melik & Emily

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Loop Shuttles Are Thursday.	Please Remember to Sign up for Activities in the Activity Binder Located on the first floor Great Room under the T.V		BLDG 3 Coffee, Tea & Espresso Drinks 9:00AM-10:30AM Coordinator Led Fitness Class: Chair Yoga 11:00AM – 12:00PM Wii Bowling Competition Come Take on Your Neighbors! Winner gets a Prize! 3:00PM – 4:00PM	BLDG 2 Coffee, Tea & Granola Bars 9:00AM-10:30AM Come Play Bingo w/ Your Coordinators! *Refreshments Will be Provided* 11:00AM – 12:00PM Let's Make Turkey Subs 3:00PM – 4:00PM	BLDG 2 Coffee, Tea & Fresh Fruits 9:00AM-10:30AM Come Build Legos with Your Coordinators 11:00AM – 12:00PM Oreo Milkshakes & Fall Music! 3:00PM – 4:00PM	BLDG 1 Coffee, Tea & Morning News 9:00AM-10:30AM Let's Make Spooky Caramel Apples 11:00AM – 12:00PM Albertson's Vaccine Visit: Sign up with your Coordinator! 1:00PM – 3:00PM
NO ACTIVITIES TODAY	NO ACTIVITIES TODAY	BLDG 3 Coffee, Tea & Ham & Cheese Egg Bites 9:00AM-10:30AM Casino Day: Blackjack Most Chips Wins a Prize 11:00AM – 12:00PM Let's Play Left, Right, Center! Most Chips Wins a Prize 3:00PM – 4:00PM	BLDG 1 Coffee, Tea & Spooky Trivia 9:00AM-10:30AM Book Club: Let's share our favorite poems/books and choose a book for next month! Served with Cake & Ice Cream 11:00AM – 12:00PM Bingo w/Arch well Primary Care Services 3:00PM – 4:00PM	BLDG 2 Coffee, Tea & Breakfast Sandwiches 9:00AM-10:30AM Let's Get Together & Play SPOONS 11:00AM – 12:00PM Sikora Group: Discuss Coverage Options & Notice of Changes. Sandwiches, Chips and Refreshments Provided. 1:00PM – 2:00PM	BLDG 1 Coffee, Tea & 80s Music 9:00AM-10:30AM Tempo Market Shopping Times May Vary Bring your own bags/carts Sign Up at 9:30AM BUILDING 2 Library On Wheels: **Come Check out Some Books** 2:00PM - 3:00PM	BLDG 3 Coffee, Tea & Share A Song 9:00AM-10:30AM Tempo Field Trip: Bellagio Botanical Gardens "Harvest Theme" Sign Up with Your Coordinator Meet in Main Lobby at 8:45am

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12	13	14	15	16	17	18
NO ACTIVITIES TODAY	NO ACTIVITIES TODAY	BLDG 2 Coffee, Tea & Crosswords 9:00AM-10:30AM Tempo Market Shopping Times May Vary Bring your own bags/carts Sign Up at 9:30AM Bingo with Caremore Primary Care Services 1:00PM - 2:30PM	BLDG 1 Coffee, Tea & Yogurt Parfaits 9:00AM-10:30AM Arts & Craft: Let's Paint Monsters & Ghosts 11:00AM – 12:00PM Regional Transportation Commission (RTC) Information Session	BLDG 3 Coffee, Tea & Smoothies 9:00AM-10:30AM Coordinator Led Fitness Class: Walking Club 11:00AM – 12:00PM Tempo Chair Volleyball! Refreshments Provided 2:00PM – 3:00PM	BLDG 1 Coffee, Tea & Pancakes w/ Bacon 9:00AM-10:30AM Chair Yoga w/ Aging is Cool 11:00AM – 12:00PM Helping Hands Food Program for Seniors (Must Be Signed Up) Please Pick Up in Building 3 2:00PM – 4:00PM	BLDG 2 Coffee, Tea & Halloween Word Search! 9:00AM-10:30AM October Ghoulish Gathering Birthday Bash (Building 2) Come to Our Halloween Tent & Roast Some Smores with Your Coordinators Wear a Costume for a Chance to Win a Prize! 2:00PM – 4:00PM
NO ACTIVITIES TODAY	NO ACTIVITIES TODAY	BLDG 1 Coffee, Tea & Bagels 9:00AM-10:30AM Casino Day: Blackjack Most chips wins prize 11:00AM – 12:00PM Let's Make Chocolate	1:00PM – 2:00PM 22 BLDG 3 Coffee, Tea & Classic Rock Music 9:00AM-10:30AM Golden Groceries Senior Food Program Bring Your Own Bag Times May Vary	BLDG 3 Coffee, Tea & Corn beef Hash & Eggs 9:00AM-10:30AM Spooky Afternoon Movie: Stephen King's "1408" w/ Burgers, Fries and Refreshments!	BLDG 4 Coffee, Tea & 80's Music 9:00AM-10:30AM Arts & Craft: Let's Paint Coffee Cups 11:00AM – 12:00PM Nurses Care Hospice and	BLDG 3 Coffee, Tea & Crosswords 9:00AM-10:30AM Tempo Market Shopping Times May Vary Bring your own bags/carts Sign Up at 9:30AM
If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Monday – Friday between 9:00AM – 5:00PM	NO ACTIVITIES TODAY	Covered Strawberries 3:00PM – 4:00PM 28 BLDG 2 Coffee, Tea & Coffee Cake 9:00AM-10:30AM Fall Coloring Pages & Ice Cream Sandwiches 11:00AM – 12:00PM Wii Bowling Competition! Come Take on Your Neighbors! **Winner gets a Prize! ** 3:00PM – 4:00PM	BLDG 3 Coffee, Tea & Donuts 9:00AM-10:30AM Bingo with SBI Benefit's Alicia Arevalo: Come Discuss Your Benefit Options 11:00AM – 1:00PM Tempo Chair Volleyball! *Refreshments Provided* 2:00PM – 3:00PM	30 BLDG 4 Coffee, Tea & Spooky Pancakes 9:00AM-10:30AM Coordinator Led Fitness Class: Walking Club 11:00AM – 12:00PM Tempo Pool Tournament! Sign Up at 9:00am 3:00PM – 4:00PM Current Champ: Yohan	Ideal Health Medical Services Lunch and Learn 1:00PM – 2:00PM BLDG 4 Coffee, Tea & Brain Puzzles 9:00AM-10:30AM Tempo Market Shopping Times May Vary Bring your own bags/carts Sign Up at 9:30AM	

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