

Tempo Senior Apartments

Coordinator: Melik















SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>1</p> <p>BLDG 1 Coffee, Tea & Hot Chocolate <u>9am-10am</u></p> <p>Tempo 1 Market **Market Signup 9:30** *Bring You're your own Bag* *Shopping times vary*</p>	<p>2</p> <p>BLDG 2 Coffee, Tea & Garden Club w/ Lori <u>9am-10am</u></p> <p>Walking Club **Bring a sweater for a nice stroll around the building 1** <u>11am – 12pm</u></p> <p>Melik's Team Spelling B <u>3pm-4pm</u></p>	<p><i>Loop Shopping Shuttle</i> 3</p> <p>BLDG 4 Coffee, Tea & Muffins <u>9am-10am</u></p> <p>BINGO & Cookies <u>11am-12pm</u></p> <p>Cooking Class: 4th of July Cupcakes! <u>3pm-4pm</u></p>	<p>4</p> <p>Happy 4th of July</p>	<p>5</p> <p>BLDG 3 Coffee, Tea & 60s Tunes <u>9am-10am</u></p> <p>Fitness Class: Stretch with us, Chair Yoga <u>11am-12pm</u></p> <p>Intense Uno Games! <u>3pm-4pm</u></p>
<p>6</p> <p><i>have an awesome day</i></p>	<p>7</p>	<p>8</p> <p>BLDG 1 Coffee, Tea & Waffles <u>9am-10am</u></p> <p>Casino Day: Blackjack **Player with most Chips wins a Prize** <u>11am-12pm</u></p> <p>Tech Class: Come Set Up an Email with Melik's Help <u>3pm-4pm</u></p>	<p>9</p> <p>BLDG 4 Coffee, Tea & 60s Tunes <u>9am-10am</u></p> <p>Valley Health System Foot Screenings <u>2pm</u></p> <p>BLDG 2 Library on wheels!! <u>2pm-3pm</u></p>	<p><i>Loop Shopping Shuttle</i> 10</p> <p>BLDG 3 Coffee, Tea & Breakfast Bars <u>9am-10am</u></p> <p>BINGO & Refreshments <u>11am-12pm</u></p> <p>Wii Tennis Tournament!! *winner gets a prize* <u>3pm-4pm</u></p>	<p>11</p> <p>BLDG 2 Coffee, Tea & Granola Bars <u>9am-10am</u></p> <p>Tempo 2 Market **Market Signup 9:30** *Bring You're your own Bag* *Shopping times vary*</p>	<p>12</p> <p>BLDG 4 Coffee, Tea & Cinnamon Rolls <u>9am-10am</u></p> <p>Coordinator Q & A Come ask Melik Anything!! <u>11am-12pm</u></p> <p>Arts & Crafts: Canvas Painting <u>3pm-4pm</u></p>

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		<p>BLDG 1 <u>Coffee, Tea & Waffles</u> <u>9am-10am</u></p> <p><u>NEUROGENX:</u> <u>Providing Shoes for Seniors</u> <u>with Diabetes</u> <u>11am-1pm</u></p> 	<p>BLDG 3 <u>Coffee, Tea & Garden Club</u> <u>W/ Lori</u> <u>9am-10am</u></p> <p><u>Tempo 3 Market</u> <u>**Market Signup 9:30**</u> <u>*Bring You're your own</u> <u>Bag*</u> <u>*Shopping times vary*</u></p>	<p><i>Loop Shopping Shuttle</i> BLDG 2 <u>Coffee, Tea & 60 Tunes</u> <u>9am-10am</u></p> <p><u>Aspen Hospice Services:</u> <u>"Butter Drumming"</u> <u>1pm -2pm</u></p> 	<p>BLDG 4 <u>Coffee, Tea & French Toast</u> <u>Sticks</u> <u>9am-10am</u></p> <p><u>Helping Hands</u> <u>2pm-4pm</u></p> 	<p>BLDG 2 <u>Coffee, Tea & Waffles</u> <u>9am-10am</u></p> <p><u>Therapeutic Coloring &</u> <u>Word Searches</u> <u>11am-12pm</u></p> <p><u>Lets Play Team Spring</u> <u>Fling Toss</u> <u>3pm-4pm</u></p>
	<p>BLDG 4 <u>Coffee, Tea & 60 Tunes</u> <u>9am-10am</u></p> <p><u>Let's Share a Laugh:</u> <u>Charades!!</u> <u>11am-12pm</u></p> <p><u>Arts & Crafts: C. Painting</u> <u>3pm-4pm</u></p>	<p>BLDG 1 <u>Coffee, Tea & Muffins</u> <u>9am-10am</u></p> <p><u>Sikora Group Visit: Chips,</u> <u>Hotdogs, Soda!! Come Hang</u> <u>Out!</u> <u>10am</u></p> 	<p>BLDG 3 <u>Coffee, Tea & Hot</u> <u>Chocolate</u> <u>9am-10am</u></p> <p><u>GOLDEN GROCERIES!</u> <u>BRING YOUR OWN BAG</u> <u>**Sign-Up @ 9:30am**</u> <u>**Shopping times may</u> <u>Vary**</u></p>	<p><i>Loop Shopping Shuttle</i> BLDG 3 <u>Coffee, Tea & Breakfast</u> <u>Snacks</u> <u>9am-10am</u></p> <p><u>BINGO</u> <u>w/ Archwell</u> <u>10am-11am</u></p> <p><u>July Birthday bash!</u> <u>2pm</u></p> 	<p>BLDG 4 <u>Coffee, Tea & Smooth Jazz</u> <u>9am-10am</u></p> <p><u>BINGO</u> <u>w/ SBI Benefits</u> <u>11am-12pm</u></p> <p><u>Therapeutic Coloring &</u> <u>Word Searches</u> <u>3pm-4pm</u></p>	<p>BLDG 4 <u>Coffee, Tea & Belgian</u> <u>Waffles</u> <u>9am-10am</u></p> <p><u>Tempo 4 Market</u> <u>**Market Signup 9:30**</u> <u>*Bring You're your own</u> <u>Bag*</u> <u>*Shopping times vary*</u></p>
	<p>BLDG 3 <u>Coffee, Tea & 60 Tunes</u> <u>9am-10am</u></p> <p><u>Uno</u> <u>& Refreshments</u> <u>11am-12pm</u></p> <p><u>Tempo City Pool</u> <u>Tournament!</u> <u>3pm-4pm</u></p> 	<p>BLDG 1 <u>Coffee, Tea & Hot Chocolate</u> <u>9am-10am</u></p> <p><u>Casino Day: BlackJack</u> <u>11am-12pm</u></p> <p><u>Chocolate Milkshakes &</u> <u>Smooth Jazz</u> <u>3pm-4pm</u></p>	<p>BLDG 1 <u>Coffee, Tea & Croissants</u> <u>9am-10am</u></p> <p><u>Maxim Healthcare</u> <u>Services/AMG Hospice</u> <u>Bingo</u> <u>1pm</u></p> 	<p><i>Loop Shopping Shuttle</i> BLDG 4 <u>Coffee, Tea & Brains</u> <u>Teasers</u> <u>9am-10am</u></p> <p><u>Patients Choice/Physicians</u> <u>Choice Healthcare</u> <u>Services: Watermelon</u> <u>Social and Hydration Info.</u> <u>1:30pm-2:30pm</u></p>		

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