

# Heirloom at Rome Senior Apartments

Coordinator: Heavyn

# May 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Loop Shuttles Are Every Wednesday</b></p>	<p><b>Please Remember to Sign up for Activities the Wednesday before the Activity in the Activity Binder Located in The Food Pantry in the 3<sup>rd</sup> building</b></p>	<p><b>Please Remember to Bring Coffee Cups to the Morning Coffee Socials!</b></p>	<p>Join us for our <b>Community Clothing+ Drive on Friday, May 15th! Pick Up Between 9AM-12PM.</b> This is a great opportunity for residents to declutter and give back by donating gently used clothing and essential items they no longer need. All donated items will go towards supporting others in the community. We encourage everyone to participate and help make a positive impact.</p>		<p>Rome Market Shopping Times May Vary Bring Your Own Bags/Carts <b>1<sup>st</sup> and 2<sup>nd</sup> Building and Tiny Homes</b> Sign up <b>@9am</b> Shopping starts <b>@11am</b></p> <p>Bingocize w/ UNR <b>In Movement Room 3<sup>rd</sup> Floor 2:00PM-3:00PM</b></p>	<p>Coffee, Bagels, and Wellness Chat: Coping w/ Stress and Anxiety <b>9:00AM-10:00AM</b></p> <p>New Resident Orientation: Meet Your Coordinator and Learn About our Programs <b>11:00AM-12:00PM</b></p> <p>Let's Play Spades <b>Game Room 2<sup>nd</sup> Floor 2:00PM-4:00PM</b></p>
<p><b>NO ACTIVITIES TODAY</b></p>	<p><b>NO ACTIVITIES TODAY</b></p>	<p>Coffee, Toast, and Let's Discuss this Month's Calendar <b>9:00AM-10:00AM</b></p> <p>Shadow Mountain Dental Visit <b>11:30AM-12:30PM</b></p> <p>Chips, Margarita Mocktails &amp; Trivia <b>2:30PM-3:30PM</b></p>	<p>Coffee, Fruit Cups, and Wellness Chat: Self Care and Emotional Wellness <b>9:00AM-10:00AM</b></p> <p>Let's Play Spades <b>Game Room 2<sup>nd</sup> Floor 11:00AM-12:00PM</b></p> <p>Bingocize w/ UNR <b>Movement Room 3<sup>rd</sup> Floor 2:00PM-3:00PM</b></p>	<p>Coffee, Strawberry Yogurt Parfaits, and Sudoku <b>9:00AM-10:00AM</b></p> <p>Let's Play Rummikub <b>Game Room 2<sup>nd</sup> Floor 11:00AM-12:00PM</b></p> <p>Afternoon Movie, "Pretty Woman" w/ Snacks and Refreshments <b>Theatre Room 2<sup>nd</sup> Floor 2:30PM-3:30PM</b></p>	<p>Coffee, Coconut Cream Pie, and Word Searches <b>9:00AM-10:00AM</b></p> <p>Arts and Crafts: Let's make Mother's Day Cards for the Women in our Community <b>11:00AM-12:00PM</b></p> <p>Bingocize w/ UNR <b>Movement Room 3<sup>rd</sup> Floor 2:00PM-3:00PM</b></p>	<p>Coffee, Pancakes, and Brain Teasers <b>9:00AM-10:00AM</b></p> <p>Walking Club and Fresh Fruit <b>11:00AM-12:00PM</b></p> <p>Mother's Day Luncheon All are Welcome! <b>2:30PM-3:30PM</b></p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 <b>NO ACTIVITIES TODAY</b>	11 <b>NO ACTIVITIES TODAY</b>	12 Coffee, English Muffins, and Wellness Chat: Tips for Clear Communication <b>9:00AM-10:00AM</b>  Let's Play Spades <b>Game Room</b> <b>2<sup>nd</sup> Floor</b> <b>11:00AM-12:00PM</b>  Healthy Snacking 101 w/ Scan Health: Healthy Treats w/ Trivia and Prizes. <b>2:00PM-3:00PM</b>	13 Coffee, Bacon and Egg Casserole, and Get to know your Neighbor <b>9:00AM-10:00AM</b>  Let's Play Scrabble <b>Game Room</b> <b>2<sup>nd</sup> Floor</b> <b>11:00AM-12:00PM</b>  Bingocize w/ UNR <b>Movement Room</b> <b>3<sup>rd</sup> Floor</b> <b>2:00PM-3:00PM</b>	14 Coffee, Biscuits, and Crosswords <b>9:00AM-10:00AM</b>  Arts and Crafts Project: Tissue Paper-Stained Glass <b>Movement Room</b> <b>3<sup>rd</sup> Floor</b> <b>11:00AM-12:00PM</b>  Afternoon Movie, "Cast Away" w/ Snacks and Refreshments <b>Theatre Room</b> <b>2<sup>nd</sup> Floor</b> <b>2:30PM-3:30PM</b>	15 Coffee, Chocolate Chip Pancakes, and Word Searches <b>9:00AM-10:00AM</b>  Nutrition Class: Chicken Salad Sandwiches <b>12:00PM-1:00PM</b>  Bingocize w/ UNR <b>Movement Room</b> <b>3<sup>rd</sup> Floor</b> <b>2:00PM-3:00PM</b>	16 Coffee, Pop Tarts, and Let's Discuss our Favorite Memory <b>9:00AM-10:00AM</b>  Walking Club and Fresh Fruit <b>11:00AM-12:00PM</b>  Pool Tournament Winner Gets a Prize <b>Game Room</b> <b>2<sup>nd</sup> Floor</b> <b>2:00PM-4:00PM</b>
17 <b>NO ACTIVITIES TODAY</b>	18 <b>NO ACTIVITIES TODAY</b>	19 Coffee, Muffin Tops, and Wellness Chat: Mental Health Awareness <b>9:00AM-10:00AM</b>  Arts and Crafts: Let's make Memorial Day Cards <b>11:00AM-12:00PM</b>  Let's Play Spades <b>Game Room</b> <b>2<sup>nd</sup> Floor</b> <b>2:00PM-3:00PM</b>	20 Coffee, Coffee Cake, and Let's Discuss our Favorite Vacation Memory <b>9:00AM-10:00AM</b>  Nutrition Class: Mason Jar Salads <b>12:00PM-1:00PM</b>  Let's Play Board Games and Card Games <b>Game Room</b> <b>2<sup>nd</sup> Floor</b> <b>2:00PM-3:00PM</b>	21 Coffee, Cinnamon Rolls, and Word Searches <b>9:00AM-10:00AM</b>  Discuss your Insurance Options w/ Team Sikora <b>12:00PM-1:00PM</b>  Afternoon Movie, w/ "The Other Woman" w/ Snacks and Refreshments <b>Theatre Room</b> <b>2<sup>nd</sup> Floor</b> <b>2:30PM-3:30PM</b>	22 Rome Market Shopping Times May Vary Bring your own Bags/Carts <b>3<sup>rd</sup> Building ONLY</b> Sign up @9am Shopping starts @11am  It's Bingo Time! Come down and Win a Prize! <b>2:30PM-3:30PM</b>	23 Coffee, Waffles, and Sudoku <b>9:00AM-10:00AM</b>  <b>Rome Field Trip</b> <b>North Premium Outlets</b> Sign up w/ Coordinator Meet in Lobby @8:45AM  Walking Club and Fresh Fruit <b>11:00AM-12:00PM</b>  May Birthday Bash & BBQ Picnic <b>2:30PM-3:30PM</b>
24 <b>If you have any questions, please call your Resident Services Coordinator at (702) 990-2371 Tuesday – Saturday 9:00AM – 5:00PM</b>	25 <b>NO ACTIVITIES TODAY</b>	26 Coffee, Breakfast Pastries, and Crosswords <b>9:00AM-10:00AM</b>  Let's Play Spades <b>Game Room</b> <b>2<sup>nd</sup> Floor</b> <b>11:00AM-12:00PM</b>  Ice Cream Sundae Bar and Discuss the Importance of Memorial Day <b>2:30PM-3:30PM</b>	27 Coffee, Breakfast Bars, and Wellness Chat: Better Hearing & Speech Awareness <b>9:00AM-10:00AM</b>  Bingo w/Archwell Primary Care Services <b>10:00AM – 11:00AM</b>  Let's Play Scrabble <b>Game Room</b> <b>2<sup>nd</sup> Floor</b> <b>2:30PM-3:30PM</b>	28 Coffee, Brownies, and Let's Discuss our Favorite Movie <b>9:00AM-10:00AM</b>  Outside Chair Yoga and Lemonade w/Coordinator <b>Yoga Park by Garden</b> <b>10:30AM-11:00AM</b>  Afternoon Movie, "Equalizer" w/ Snacks and Refreshments <b>Theatre Room</b> <b>2<sup>nd</sup> Floor</b> <b>2:30PM-3:30PM</b>	29 Coffee, English Muffins, and Word Searches <b>9:00AM-10:00AM</b>  Walking Club and Fresh Fruit <b>11:00AM-12:00PM</b>  It's Bingo Time! Come down and Win a Prize! <b>2:30PM-3:30PM</b>	30 Coordinator Off No Activities!