

# Heirloom at Rome Senior Apartments

Coordinator: Heavyn

# April 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>Please Remember to Sign up for Activities in the Activity Binder Located in The Food Pantry in the 3<sup>rd</sup> building</b></p>		<p>1 Coffee, Bagels, and Tell your Favorite Joke <b>9:00AM-10:00AM</b></p> <p>Sit and Groove w/ Monique <b>In the Movement Room 3<sup>rd</sup> Floor 11:00AM-12:00PM</b></p> <p>Bingocize w/ UNR <b>In the Movement Room 3<sup>rd</sup> Floor 2:00PM-3:00PM</b></p>	<p>2 Coffee, PB and Jelly Uncrustables, and Wellness Chat: Breathing Techniques for Stress Relief <b>9:00AM-10:00AM</b></p> <p><b>Tech Class</b> Bring your Phones or Laptops and ask your coordinator any questions <b>In the Computer Room 3<sup>rd</sup> Floor 11:00AM-12:00PM</b></p> <p>Afternoon Movie, "Equalizer" w/ Snacks and Refreshments <b>In Theatre Room 2<sup>nd</sup> Floor 2:30PM-3:30PM</b></p>	<p>3 Rome Market Shopping Times may vary Bring your own Bags/Carts <b>1<sup>st</sup> and 2<sup>nd</sup> Building</b> Sign up @9am Shopping starts @11am</p> <p>Bingocize w/ UNR <b>In the Movement Room 3<sup>rd</sup> Floor 2:00PM-3:00PM</b></p>	<p>4 Coffee, Croissants, and Let's Discuss this Month's Calendar <b>9:00AM-10:00AM</b></p> <p>Fresh Smoothies and Walking Club <b>11:00AM-12:00PM</b></p> <p>Springtime Treasure Hunt Winners will receive a Prize <b>2:30PM-3:30PM</b></p>
<p>5 <b>NO ACTIVITIES TODAY</b></p>	<p>6 <b>NO ACTIVITIES TODAY</b></p>	<p>7 Coffee, Muffins, and Crosswords <b>9:00AM-10:00AM</b></p> <p>Afternoon Treat! Ice Cream Float Social! <b>12:00PM-1:00PM</b></p> <p>Afternoon Board Games and Snacks <b>In the Game Room 2<sup>nd</sup> Floor 2:00PM-3:00PM</b></p>	<p>8 Coffee, Waffles, and Let's discuss our favorite music Genre <b>9:00AM-10:00AM</b></p> <p>Sit and Groove w/ Monique <b>In the Movement Room 3<sup>rd</sup> Floor 11:00AM-12:00PM</b></p> <p>Bingocize w/ UNR <b>In the Movement Room 3<sup>rd</sup> Floor 2:00PM-3:00PM</b></p>	<p>9 Coffee, Oatmeal w/ Fruit, and Word Searches <b>9:00AM-10:00AM</b></p> <p>Picture Swap &amp; Snacks Bring some of your favorite pictures to share w/ us <b>11:00AM-12:00PM</b></p> <p>Afternoon Movie, "Me Before You" w/ Snacks and Refreshments <b>In Theatre Room 2<sup>nd</sup> Floor 2:30PM-3:30PM</b></p>	<p>10 Coffee, Breakfast Bites, and Wellness Chat: Parkinson's Disease Awareness <b>9:00AM-10:00AM</b></p> <p>Nutrition Class: Let's Make Mini Pizza's <b>12:00PM-1:00PM</b></p> <p>Bingocize w/ UNR <b>In the Movement Room 3<sup>rd</sup> Floor 2:00PM-3:00PM</b></p>	<p>11 <b>Coordinator Off No Activities</b></p>

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12 <b>NO ACTIVITIES TODAY</b>	13 <b>NO ACTIVITIES TODAY</b>	14 Coffee, Cinnamon Rolls, and Morning Trivia <b>9:00AM-10:00AM</b>  Volunteer Sign up Party All residents interested in Volunteering for Activities should attend. <b>11:00AM-12:00PM</b>  Spades Tournament Winners Receive a Prize <b>In the Game Room</b> <b>2<sup>nd</sup> Floor</b> <b>2:00PM-4:00PM</b>	15 Coffee, Pancakes, and Sudoku <b>9:00AM-10:00AM</b>  Bingocize w/ UNR <b>In the Movement Room</b> <b>3<sup>rd</sup> Floor</b> <b>2:00PM-3:00PM</b>  World Culture Day Bring down a dish from your culture to share with your neighbors Sign up w/ Coordinator <b>2:30PM-4:00PM</b>	16 Coffee, Breakfast Bars, and Brain Teasers <b>9:00AM-10:00AM</b>  Come Down and Try Heavyn’s Famous Banana Pudding <b>11:00AM-12:00PM</b>  Afternoon Movie, “Grease” w/ Snacks and Refreshments <b>In Theatre Room</b> <b>2<sup>nd</sup> Floor</b> <b>2:30PM-3:30PM</b>	17 Coffee, French Toast, and Crosswords <b>9:00AM-10:00AM</b>  Arts and Crafts: Let’s Paint Glass Bottles <b>In the Movement Room</b> <b>3<sup>rd</sup> Floor</b> <b>11:00AM-12:00PM</b>  Bingocize w/ UNR <b>In the Movement Room</b> <b>3<sup>rd</sup> Floor</b> <b>2:00PM-3:00PM</b>	18 Coffee, Butter Scotch Pudding, and “Would you rather?” <b>9:00AM-10:00AM</b>  Fresh Smoothies and Walking Club <b>11:00AM-12:00PM</b>  Animal Crackers and Bingo! Come Win a Prize <b>2:30PM-3:30PM</b>
19 <b>NO ACTIVITIES TODAY</b>	20 <b>NO ACTIVITIES TODAY</b>	21 Coffee, Pop tarts, and Let’s Discuss our Favorite color <b>9:00AM-10:00AM</b>  CareMore Health and SCAN Health present “Food as Medicine and an Anti-Inflammatory Approach,” presented by Brooke Cox, RD, LD, <b>11:00AM-12:00PM</b>  It’s Bingo Time! Come down and Win a Prize! <b>2:30PM-3:30PM</b>	22 Rome Market Shopping Times may vary Bring your own Bags/Carts <b>3<sup>rd</sup> Building and Tiny Homes</b> Sign up <b>@9am</b> Shopping starts <b>@11am</b>  Bingocize w/ UNR <b>In the Movement Room</b> <b>3<sup>rd</sup> Floor</b> <b>2:00PM-3:00PM</b>	23 Coffee and Bacon and Egg Casserole <b>9:00AM-10:00AM</b>  Spring Word Searches and Snacks <b>11:00AM-12:00PM</b>  Afternoon Movie, “The Blind Side” w/ Snacks and Refreshments <b>In Theatre Room</b> <b>2<sup>nd</sup> Floor</b> <b>2:30PM-3:30PM</b>	24 Coffee, Coffee Cake, and Get to know your Coordinator <b>9:00AM-10:00AM</b>  Nutrition Class: Let’s make Lettuce Wraps <b>11:00AM-12:00PM</b>  Bingocize w/ UNR <b>In the Movement Room</b> <b>3<sup>rd</sup> Floor</b> <b>2:00PM-3:00PM</b>	25 Coffee, Breakfast Pastries, and Let’s talk about your Favorite Childhood Memory! <b>9:00AM-10:00AM</b>  Fresh Smoothies and Walking Club <b>11:00AM-12:00PM</b>  April Birthday Bash w/ Karaoke, Appetizers, and Cupcakes <b>2:30PM-3:30PM</b>
26 <b>If you have any questions, please call your Resident Services Coordinator at (702) 990-2731 Tuesday – Saturday between 9:00AM – 5:00PM</b>	27 <b>NO ACTIVITIES TODAY</b>	28 Coffee, Strawberry Yogurt Parfaits, and Word Searches <b>9:00AM-10:00AM</b>  Community Recipe Swap Come Down and Share your Favorite Recipes w/ your Neighbors <b>11:00AM-12:00PM</b>  It’s Bingo Time! Come down and Win a Prize! <b>2:30PM-3:30PM</b>	29 Coffee, Breakfast Quesadilla’s, and Sudoku <b>9:00AM-10:00AM</b>  Bingo w/Archwell Primary Care Services <b>10:00AM-11:00AM</b>  Bingocize w/ UNR <b>In the Movement Room</b> <b>3<sup>rd</sup> Floor</b> <b>2:00PM-3:00PM</b>	30 Coffee, Banana Cream Pie, and Let’s talk about your Favorite Cartoon Growing up <b>9:00AM-10:00AM</b>  Let’s Play Rummikub <b>In the Game Room</b> <b>2<sup>nd</sup> Floor</b> <b>11:00AM-12:00PM</b>  Afternoon Movie, “First Wives Club” w/ Snacks and Refreshments <b>In Theatre Room</b> <b>2<sup>nd</sup> Floor</b> <b>2:30PM-3:30PM</b>		