

Heirloom Senior Apartments

Coordinator Name: Destany

January 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NO ACTIVITIES TODAY	Please Remember to Sign up for Activities in the Activity Binder Located on the first floor Great Room under the T.V			1 <u>OVATION & CLSN OUT OF OFFICE</u>	2 Coffee Social, Please Bring Your Own Mug! 9:00AM – 10:30AM New Year Reflection & Goal Sharing! 1:00PM – 2:00PM Movie Club: Harry Potter! 1 st One with Popcorn, Snacks & Refreshment! 2:00PM – 4:00PM	3 Coffee Social & Relaxing Music Please Bring Your Own Mug! 9:00AM – 10:30AM Walking Club: Let's Take a Stroll Wear Supportive Shoes. 11:30AM – 12:30PM Game Time: Let's Play UNO! 2:00PM – 3:00PM
4 NO ACTIVITIES TODAY	5 NO ACTIVITIES TODAY	6 Coffee Social & Word Search Please Bring Your Own Mug! 9:00AM - 10:30AM JFSA: Health & Human Services/Resources 1:00PM – 4:00PM Word Puzzle with Your Neighbors! 4:00PM – 5:00PM	7 Coffee Social & Cinnamon Rolls Please Bring Your Own Mug! 9:00AM - 10:30AM Game Hour: Let's Play Tic-Tac-Toe! 1:00PM – 2:00PM Join Your Neighbors for Some Cookies! 3:00PM – 4:00PM	8 Coffee Social & News Discussion Please Bring Your Own Mug! 9:00AM - 10:30AM Art Club: Let's Paint Mini Flowerpots! 1:00PM – 2:00PM Meditation Hour: Deep Breathing & Relaxation Exercises with Refreshments! 3:00PM – 4:00PM	9 Coffee Social & Current Events Please Bring Your Own Mug! 9:00AM - 10:30AM Test Your Brain with Some Trivia Questions! 11:00AM- 12:00PM Movie Club: Harry Potter! 2 nd One with Popcorn, Snacks & Refreshment! 2:00PM – 4:00PM	10 Coffee and Conversation: Let's Talk About Current Events Please Bring Your Own Mug! 9:00AM - 10:30AM Walking Club: Let's Take a Stroll Around the Property! Please Wear Supportive Shoes 11:30AM – 12:30PM Color Club: Let's Color Scenery Pages. 2:00PM – 3:00PM

11 NO ACTIVITIES TODAY	12 NO ACTIVITIES TODAY	13 Coffee Social & Relaxing Music Please Bring Your Own Mug! 9:00AM – 10:30AM Sikora Medicare Specialist PowerPoint Presentation: How to Order Your OTC/ Groceries & Where to Find Vision/ Dental. 12:00PM – 1:00PM Snack Time: Join Your Neighbors for Some Ice Cream! 3:00PM – 4:00PM	14 Pebble Market Shopping Times May Vary, Bring Your Own Bags/ Carts. Sign Up Main Lobby: 9:00AM – 9:30AM Shopping: 10:30AM – 12:30PM No Afternoon Activities	15 Coffee Social, Please Bring Your Own Mug! 9:00AM – 10:30AM Ideal Home Health Lunch Presentation. 1:00PM – 2:00PM No Afternoon Activities	16 Coffee Social, Please Bring Your Own Mug! 9:00AM - 10:30AM No Afternoon Activities	17 Coffee Social Please Bring Your Own Mug! 9:00AM - 10:30AM No Afternoon Activities
18 NO ACTIVITIES TODAY	19 NO ACTIVITIES TODAY	20 Coffee Socia, Please Bring Your Own Mug! 9:00AM – 10:30AM Bingo with SBI Benefits Come Discuss Your Benefit Options and Win a Prize! 1:00PM – 3:00PM	21 Coffee Social, Please Bring Your Own Mug! 9:00AM – 10:30AM No Afternoon Activities	22 Coffee Socia, Please Bring Your Own Mug! 9:00AM – 10:30AM No Afternoon Activities	23 Coffee Social, Please Bring Your Own Mug! 9:00AM – 10:30AM Join your Neighbors for a Game of Cornhole! 1:00PM – 2:00PM Movie Club: Harry Potter 3 rd One with Popcorn, Snacks & Refreshment! 2:00PM – 4:00PM	24 Coffee Social Please Bring Your Own Mug! 9:00AM - 10:30AM Walking Club: Let's Take a Stroll Wear Supportive Shoes. 11:30AM – 12:30PM Game Time: Memory Cards 2:00PM – 3:00PM
25 If you have any questions, please call your Resident Services Coordinator at (702) 990-2398 Monday – Friday between 9:00AM – 5:00PM	26 NO ACTIVITIES TODAY	27 Coffee Social & Granola Bars Please Bring Your Own Mug! 9:00AM – 10:30AM Poetry Hour: Share Your Favorite Poetry with your Neighbors! 1:00PM – 2:00PM Game Time: Teach Your Coordinator How to Play Chess! 3:00PM – 4:00PM	28 Coffee Social & Bananas Please Bring Your Own Mug! 9:00AM – 10:30AM Game Time: Let's Play UNO! 1:00PM – 2:00PM Puzzle Time: Join Your Neighbors for a Puzzle! 3:00PM -4:00PM	29 Pebble Market Shopping Times May Vary, Bring Your Own Bags/ Carts. Sign Up Main Lobby: 9:00AM – 9:30AM Shopping: 10:30AM – 12:30PM Bingo with Archwell Primary Care Services 1:00PM – 2:00PM	30 Coffee Socia, Please Bring Your Own Mug! 9:00AM – 10:30AM Get your Brain Goin with a Word Search! 1:00PM – 2:00PM Movie Club: Harry Potter 4 th One with Popcorn, Snacks & Refreshment! 2:00PM – 4:00PM	31 Coffee Socia, Please Bring Your Own Mug! 9:00AM – 10:30AM Walking Club: Let's Take a Stroll Wear Supportive Shoes. 11:30AM – 12:30PM Craft Hour: Let's Make Beaded Jewelry! 2:00PM – 3:00PM
