


July 2024

Melody Senior Apartments



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p><u>National U.S. Postage Stamp Day</u></p>	<p>2</p> <p><u>Made in the USA Day</u></p> <p>Melody Market Units 101-237 10:00AM to 12:30PM</p> <p>Must pick up bags in the Common Area</p> <p>RTC Bus Pass Distribution 3:00PM-4:00PM</p>	<p>3</p> <p><u>National Stay out of the Sun Day</u></p> <p>Coffee & Cinnamon Rolls W/ Brain Teasers 9:00AM- 10:00AM</p> <p>4th of July Potluck & Celebration Social All residents Welcome In the Common Area 12:00PM-2:00PM</p>	<p>4</p> <p><u>Independence Day</u></p>	<p>5</p> <p><u>National Graham Crackers Day</u></p> <p>Coffee W/Pancakes Butter & Syrup 9:00AM-10:00AM</p> <p>Chair Volleyball Practice 11:00AM-12:00PM</p> <p>Melody Movie: Popcorn/Ice Cream Float Independence Day 2:00PM-4:00PM</p> <p><i>Loop Shopping Shuttle</i></p>	<p>6</p> <p><u>National Fried Chicken Day</u></p> <p>Coffee & Breakfast Bars RTC Bus Passes 9:00AM- 10:00AM</p> <p>Cooking Class: Fried Chicken??? 11:00AM-12:30PM</p> <p>Melody Bingo 3:00PM-4:00PM</p>
<p>7</p> <p><u>National Strawberry Sundae Day</u></p>	<p>8</p> <p><u>National Blueberry Day</u></p>	<p>9</p> <p><u>National Sugar Cookie Day</u></p> <p>Golden Groceries Pick-up time is 2:00PM- 4:00PM</p> <p>**Everyone who signed up for a bag will have one**</p> <p>*Please pick up from Common Area*</p>	<p>10</p> <p><u>National Kitten Day</u></p> <p>Coffee & Fruit Danish Brain Teasers 9:00AM-10:00AM</p> <p>RTC Bus Pass Distribution 11:00AM-12:00PM</p> <p>Arts & Crafts: Beaded Jewelry Making 3:00PM-4:00PM</p>	<p>11</p> <p><u>National 7-11 Day</u></p> <p>Coffee W/ Donut Dunkers Questions & Discussion 9:00AM-10:00AM</p> <p>Melody Garden Club 10:30AM- 11:30AM</p> <p>Chair Volleyball Practice & Late Lunch 2:00PM-3:30PM</p>	<p>12</p> <p><u>National French Fry Day</u></p> <p>Coffee or Fruit Danish Brain Teasers 9:00AM- 10:00AM</p> <p>Melody Bingo 11:00AM-12:00PM</p> <p>Helping Hands 2:00PM-4:00PM *Will be delivered to your door upon arrival*</p> <p><i>Loop Shopping Shuttle</i></p>	<p>13</p> <p><u>National Bean' N' Frank Day</u></p> <p>Melody Market Units 238-368 10:00AM – 11:00AM *Smiths & Traders Joes</p> <p>Bring your own bag to the Common Area</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>14</p> <p><u>National Mac and Cheese Day</u></p> 	<p>15</p> <p><u>National Gummy Worm Day</u></p>	<p>16</p> <p><u>National Cherry Day</u> <u>Coffee & Muffins W/ Current Events</u> 9:00AM- 10:00AM</p> <p><u>Stretching in the Gym</u> 10:30AM- 11:30AM</p> <p><u>RTC Bus Pass Distribution</u> 3:00PM-4:00PM</p>	<p>17</p> <p><u>National Hot Dog Day</u> <u>Coffee W/ Pancakes & Fruit Toppings</u> 9:00AM-10:00AM</p> <p><u>Team Sikora</u> <u>11:00AM – 11:45AM</u> Eat popcorn & Laminate your Medicare Cards</p> <p><u>Hot Dog Social: Top Em' & Eat Em'</u> 2:30PM-3:30PM</p>	<p>18</p> <p><u>Nelson Mandela International Day</u> <u>Coffee & Donut Dunkers</u> <u>Questions & Discussion</u> 9:00AM-10:00AM</p> <p><u>Therapeutic Coloring W/ Music & Tea: Adult Sheets</u> 11:00AM – 12:00PM</p> <p><u>Chair Volleyball Practice & Late Lunch</u> 2:00PM-3:30PM</p>	<p>19</p> <p><u>Nat'l Words with Friends Day</u> <u>Coffee W/ Fruit & Yogurt Parfait</u> 9:00AM- 10:00AM</p> <p><u>Self-Care Class: Foot Spa- Soak & Mask</u> 11:00AM-12:00PM</p> <p><u>Billiards Tournament</u> <u>Food, Drinks & Pool</u> 2:30PM-4:00PM <i>Loop Shopping Shuttle</i></p>	<p>20</p> <p><u>National Lollipop Day</u> <u>Coffee & Breakfast Bars</u> <u>RTC Bus Passes</u> 9:00AM- 10:00AM</p> <p><u>Cooking Class: Meatball Sliders</u> 11:00AM-12:00PM</p>  <p><u>Melody Bingo</u> 3:00PM-4:00PM</p>
<p>21</p> <p><u>National Ice Cream Day</u></p>	<p>22</p> <p><u>National Mango Day</u></p>	<p>23</p> <p><u>Vanilla Ice Cream Day</u> <u>Coffee W/ Donut Dunkers</u> 9:00AM-10:00AM</p>  <p><u>Bingo w/ Archwell Health</u> <u>10:00AM – 11:00AM</u></p> <p><u>Vanilla Ice Cream Cups</u> 2:00PM- 3:00PM</p> <p><u>RTC Bus Pass Distribution</u> 3:00PM-4:00PM</p>	<p>24</p> <p><u>National Tell an Old Joke Day</u> <u>Coffee W/ Fruit & Yogurt Parfait: Telling Old Jokes</u> 9:00AM-10:00AM</p> <p><u>Arts & Crafts: Tie-Dye Your T-Shirt</u> 11:00AM – 12:00PM</p> <p><u>Melody Movie: Popcorn & Snacks Resident Pick</u> 2:00PM-4:00PM</p>	<p>25</p> <p><u>National Hot Fudge Sundae Day</u> <u>Coffee W/ Fruit Danish</u> <u>Positive Affirmations</u> 9:00AM- 10:00AM</p> <p><u>Melody Garden Club</u> 10:30AM- 11:30AM</p> <p><u>July Birthday Bash: Karaoke, Dancing & Music</u> <u>Hot Fudge Sundaes</u> 2:00PM-4:00PM</p>	<p>26</p> <p><u>National Bagelfest Day</u></p> <p><u>Melody Market</u> <u>All Residents</u> 10:00AM – 11:00AM *Smiths & Traders Joes</p> <p><u>Bring your own bag to the Common Area</u></p> <p><i>Loop Shopping Shuttle</i></p>	<p>27</p> <p><u>National Love is Kind Day</u> <u>Coffee & Breakfast Bars</u> <u>RTC Bus Passes</u> 9:00AM- 10:00AM</p> <p><u>Cooking Class: Lasagna W / Garlic Bread</u> 11:00AM-12:30PM</p>  <p><u>Melody Bingo</u> 3:00PM-4:00PM</p>
<p>28</p> <p><u>National Milk Chocolate Day</u> If you have any questions, please call your Resident Services Coordinator at <u>(702) 990-2784</u> Monday – Friday between 9:00AM – 5:00PM</p>	<p>29</p> <p><u>National Lasagna Day</u></p>	<p>30</p> <p><u>National Cheesecake Day</u> <u>Coffee & Cinnamon Rolls W/ Brain Teasers</u> 9:00AM- 10:00AM</p> <p><u>CLSN Open Office Hours</u> 11:00AM- 12:00PM</p> <p><u>RTC Bus Pass Distribution</u> 3:00PM-4:00PM</p>	<p>31</p> <p><u>National Avocado Day</u> <u>Coffee & Muffins W/ Current Events</u> 9:00AM- 10:00AM</p> <p><u>Calendar Distribution</u> 11:00AM- 12:00PM</p> <p><u>Ice Cream & Foot Screen w/ Valley Health Systems</u> <u>2:00pm – 3:00pm</u></p>			