Melody Senior Apartments

Coordinator Name: Brittany P.

October 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Melody Salon If you'd like to utilize the 2nd floor Salon on our property, please give Sandra, the Hair Stylist, a call to schedule an appointment for Tuesday or Thursday. Sandy- 702-203-3405.	**Loop Shuttles Are Every Friday.**	**If you have any questions, please call your Resident Services Coordinator at (702) 990-2784 Monday – Friday between 9:00AM – 5:00PM**	**Big Brothers and Big Sisters of Southern Nevada-** will be doing a pick-up at **10:00am** on **October 13th.** Items to be donated: Clothes Shoes Accessories Small Appliances Toys Household Items Please do not leave donations in the Common Area. Contact Brittany if you have questions or need assistance with a pick-up.	1 Coffee, Fruit & Yogurt Parfaits and Fun Facts **9:00AM -10:00AM** Tech Class: Get help with Email, Devices and Loft **11:00AM -12:00PM** Melody Jeopardy! Join your neighbors to test your Trivia Knowledge **3:00PM – 4:00PM**	2 Coffee Social w/ Fruit Danish: Words of Affirmation **9:00AM -10:00AM** Fitness Class: Bingocize W/ Brittany Bingo Exercise & Prizes **11:30AM – 12:30PM** Helping Hands Food Program for Seniors: Will Be Delivered **2:00PM – 4:00PM**	3 Coffee Social w/ Breakfast Bars & RTC Bus Passes **9:00AM -10:00AM** Arts & Crafts: Gem Suncatchers **11:00AM – 12:00PM** Melody Bingo! W/ Snacks & Prizes **3:00PM – 4:00PM**
4 **NO ACTIVITIES TODAY**	5 **NO ACTIVITIES TODAY**	6 Coffee on the Go! **9:00AM -9:30AM** Fitness Class: Bingocize W/ Brittany Bingo Exercise & Prizes **11:30AM – 12:30PM** RTC Bus Passes and Sudoku Puzzles **3:00PM – 4:00PM**	7 Coffee, Bagels & Cream Cheese with Fall Trivia **9:00AM -10:00AM** Taco Truck with Sikora Insurance Group- Come learn about changes to Coverages. **10:00AM -11:30AM** Game Day Join your neighbors to play classic games **3:00PM – 4:00PM**	8 Coffee and Donut Dippers: Animal Fun Facts **9:00AM -10:00AM** Cooking Class: Come join us to make and decorate Fall Treats **11:00AM -12:30PM** Movie & Popcorn W/ Drinks & Snacks: "Zodiac" **2:00PM- 4:00PM**	9 Coffee w/ Cinnamon Rolls: Better Aging **9:00AM -10:00AM** Aging Is Cool- Stay Strong Fitness **11:00AM – 12:00PM** RTC Bus Passes and Sudoku Puzzles **3:00PM – 4:00PM**	10 Coffee on the Go! **9:00AM -9:30AM** Melody Market: Supplemental Groceries for Residents Units #101- #237 Bring Your Own Bag Ticket Sign-up: **9:30am** Market Time: **10:30AM-12:30PM** Ice Cream Sundaes **3:00PM – 4:00PM**

		WEDNESDAY				
11 **NO ACTIVITIES TODAY**	12 **NO ACTIVITIES TODAY**	13 Coffee on the Go! **9:00AM -9:30AM** Golden Groceries Senior Food Program. Bring Your Own Bag. Times May Vary **11:00AM - 12:30PM & 2:00PM- 4:00PM** RTC Bus Passes and Sudoku Puzzles **3:00PM – 4:00PM**	14 Coffee w/ Cinnamon Rolls: Hacks for Better Health **9:00AM -10:00AM** Lunch Social: Make your own Individual Pizza **11:30AM -12:30PM** Melody Jeopardy! Join your neighbors to test your Trivia Knowledge **3:00PM – 4:00PM**	15 Coffee Social w/ Fruit Danish: Words of Affirmation **9:00AM -10:00AM** Arts & Crafts: Tie-Dye your favorite Shirt **11:00AM – 12:00PM** October Birthday Bash: Celebrate October Birthdays W/ Cake/ Ice Cream & Karaoke **2:30PM -4:00PM**	16 Coffee, Bagels & Cream Cheese with Animal Trivia **9:00AM -10:00AM** Tech Class: Get help with Email, Devices and Loft **11:00AM -12:00PM** SCAN/CAREMORE Health Providers Visit: Scam and Fraud Awareness Presentation **3:00PM -4:00PM**	17 Coffee Social w/ Breakfast Bars & RTC Bus Passes **9:00AM -10:00AM** Arts & Crafts: Bedazzle your favorite Knick-Knack **11:00AM – 12:00PM** Melody Bingo! W/ Snacks & Prizes **3:00PM – 4:00PM**
18 **NO ACTIVITIES TODAY**	19 **NO ACTIVITIES TODAY**	20 Coffee, Bagels & Cream Cheese with World Trivia **9:00AM -10:00AM** NeuroGenX- Free Diabetic Shoes for Seniors! Come See if you Qualify. **10:00AM – 12:00PM** RTC Bus Passes and Sudoku Puzzles **3:00PM – 4:00PM**	21 Coffee and Muffins: Hacks for Better Health **9:00AM -10:00AM** Fitness Class: Bingocize W/ Brittany Bingo Exercise & Prizes **11:30AM – 12:30PM** Movie & Nachos W/ Drinks & Snacks: “The Sixth Sense” **2:00PM- 4:00PM**	22 Coffee and Donut Dippers: Animal Fun Facts **9:00AM -10:00AM** Self- Care Spa: Foot Masks Soak & Scrub **11:00AM – 12:00PM** Game Day- Join your neighbors to play Family Feud **3:00PM – 4:00PM**	23 **CLSN Team Meeting**	24 Coffee Social w/ Breakfast Bars & RTC Bus Passes **9:00AM -10:00AM** Cooking Class: Come join us to make and decorate Fall Treats **11:00AM -12:30PM** Melody Bingo! W/ Snacks & Prizes **3:00PM – 4:00PM**
25 **NO ACTIVITIES TODAY**	26 **NO ACTIVITIES TODAY**	27 Coffee on the Go! **9:00AM -9:30AM** Melody Market: Supplemental Groceries for Residents Units #238- #368 Ticket Sign-up: **9:30am** Market Time: **10:30AM-12:30PM** RTC Bus Passes and Sudoku Puzzles **3:00PM – 4:00PM**	28 Coffee w/ Cinnamon Rolls: Hacks for Better Health **9:00AM -10:00AM** Fitness Class: Bingocize W/ Brittany Bingo Exercise & Prizes **11:00AM – 12:00PM** Information Session for RTC of Southern Nevada **1:00PM – 3:00PM**	29 Coffee, Biscotti & Current Events Chat **9:00AM -10:00AM** Arts & Crafts: Hand Paint and Decorate a Mask **11:00AM – 12:00PM** Melody Jeopardy! Join your neighbors to test your Trivia Knowledge **3:00PM – 4:00PM**	30 Coffee and Donut Dippers: Crossword Puzzles **9:00AM -10:00AM** Aging Is Cool- Stay Strong Fitness **11:00AM – 12:00PM** October Fall Bash: Celebrate Fall Festival W/ Costume Contest and Food, Drinks & Snacks **1:00PM -2:30PM**	31 Coffee Social w/ Breakfast Bars & RTC Bus Passes **9:00AM -10:00AM** Arts & Crafts: Jewelry Making & Beading **11:00AM – 12:00PM** Melody Bingo! W/ Snacks & Prizes! Join us for Fall Fun! Wear A Mask! **1:00PM – 2:30PM**