

Melody Senior Apartments

June 2026

Coordinator Name: Brittany P.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|---|---|---|--|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| <p>Loop Shuttles Are Every Friday.</p> | <p>Please Remember to Sign up for Activities in the Activity Binder Located on the first floor Great Room under the T.V</p> | <p>Coffee and Muffins: Positive Words of Affirmations 9:00AM -10:00AM</p> <p>Fitness Class: Bingocize w/ Brittany! Come Win Some Prizes! 11:30AM – 12:30PM</p> <p>RTC Bus Passes W/ Sudoku Puzzle: Snacks & Drinks 3:00PM – 4:00PM</p> | <p>Coffee w/ Cinnamon Rolls: Hacks for Better Health 9:00AM -10:00AM</p> <p>Arts & Crafts: Let’s Make Beaded Charm Bracelet 11:00AM – 12:00PM</p> <p>Game Day: Family Feud Fun W/ Drinks & Snacks! 2:30PM – 4:00PM</p> | <p>Coffee, Biscotti & Current Events Chat 9:00AM -10:00AM</p> <p>Self- Care Spa: Make- Up Tutorial/ Give Away 11:00AM – 12:30PM</p> <p>Afternoon Movie: Come Enjoy “Avatar” w/ Neighbors. Popcorn & Snacks Provided! 2:00PM- 4:00PM</p> | <p>Coffee Social w/ Fruit Danish: Words of Affirmation 9:00AM -10:00AM</p> <p>Fitness Class: Cornhole! Come improve balance, Stability and Coordination 11:00AM – 12:00PM</p> <p>Helping Hands Food Program for Seniors: Will Be Delivered 2:00PM – 4:00PM</p> | <p>Coffee Social w/ Breakfast Bars & RTC Bus Passes 9:00AM -10:00AM</p> <p>Arts & Crafts: Tie-Dye! T-Shirt will be provided to dye 11:00AM – 12:30PM</p> <p>Melody Bingo W/ Snacks & Prizes 3:00PM – 4:00PM</p> |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| <p>NO ACTIVITIES TODAY</p> | <p>NO ACTIVITIES TODAY</p> | <p>Coffee on the Go! 9:00AM -9:30AM</p> <p>Golden Groceries Senior Food Program Bring Your Own Bag Times May Vary 11:00AM - 12:30PM & 2:00PM-4:00PM</p> <p>RTC Bus Passes and Sudoku Puzzles 3:00PM – 4:00PM</p> | <p>Coffee and Muffins: Hacks for Better Health 9:00AM -10:00AM</p> <p>Bingo w/ Roseman University Healthcare: Come win some Prizes and Giveaways 12:00PM–1:00PM</p> <p>Game Day: Family Feud Fun W/ Drinks & Snacks! 2:30PM – 4:00PM</p> | <p>Coffee Social w/ Cinnamon Rolls & Current Events 9:00AM -10:00AM</p> <p>Fitness Class: Aging Is Cool! Come enjoy Yoga in the Gym 11:30AM – 12:30PM</p> <p>Melody Jeopardy! Join Your Neighbors and Test Your Trivia Knowledge 2:30PM – 4:00PM</p> | <p>Coffee, Fruit & Yogurt Parfaits and Fun Facts 9:00AM -10:00AM</p> <p>Self- Care Spa: Hand Spa & Manicure W/ Gift Kit & Nail Décor 11:00AM – 12:30PM</p> <p>June Birthday Bash: Come Celebrate June Birthdays! Karaoke, Cake/ Ice Cream 3:00PM -4:00PM</p> | <p>Coffee Social w/ Breakfast Bars & RTC Bus Passes 9:00AM -10:00AM</p> <p>Arts & Crafts: Picture Frame Painting 11:00AM – 12:30PM</p> <p>Melody Bingo! W/ Snacks & Prizes 3:00PM – 4:00PM</p> |

Leasing Office: 8680 W. Oquendo Rd. Las Vegas, NV 89148

Phone: (702) 990-2784

Office Hours: Daily 9:00 AM – 5:00 PM

Preventative Measures Security: (702) 489-1588

| | | WEDNESDAY | | | | |
|---|----------------------------|--|--|---|---|--|
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| NO ACTIVITIES TODAY | NO ACTIVITIES TODAY | Coffee Social w/ Fruit Danish: Words of Affirmation 9:00AM -10:00AM Neptune Society: Lunch and Learn About the Benefits of Preplanning. Sign up with Brittany to Attend! 12:00PM – 1:00PM RTC Bus Passes W/ Sudoku Puzzle: Snacks & Drinks 3:00PM – 4:00PM | Coffee and Muffins: Hacks for Better Health 9:00AM -10:00AM Fitness Class: Cornhole! Come improve balance, Stability and Coordination 11:00AM- 12:00PM Self- Care Spa: Foot Spa & Pedicure W/ Gift Kit 3:00PM – 4:00PM | Coffee on the Go! 9:00AM -9:30AM Melody Market: Supplemental Groceries for Residents Units #101- #237 Bring Your Own Bag Ticket Signup: 9:30am Market Time: 10:30AM-12:30PM Come Enjoy Fruit Smoothies 3:00PM- 4:00PM | Coffee, Biscotti & Current Events Chat 9:00AM -10:00AM Juneteenth Social: Food, Drinks and Music with your neighbors! 10:30AM-11:30PM HAPPY JUNETEENTH! OFFICE CLOSSES AT 12PM/NO AFTERNOON ACTIVITIES | Coffee Social w/ Breakfast Bars & RTC Bus Passes 9:00AM -10:00AM MELODY FIELD TRIP- Arrive to the Main Lobby By 8:45AM Father's Day Lunch: Philly Cheese Steak Sandwiches 12:00PM – 1:00PM Melody Bingo! W/ Snacks & Prizes 3:00PM – 4:00PM |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| NO ACTIVITIES TODAY | NO ACTIVITIES TODAY | Coffee, Bagels & Cream Cheese with Spring Trivia 9:00AM -10:00AM Bingo w/ Archwell Primary Care Services 10:00AM – 11:00AM RTC Bus Passes W/ Sudoku Puzzle: Snacks & Drinks 3:00PM – 4:00PM | Coffee w/ Cinnamon Rolls: Hacks for Better Health 9:00AM -10:00AM Lunch Social: Chicken Caesar Salad 11:30AM – 12:30PM Game Day: Family Feud Fun W/ Drinks & Snacks! 2:30PM – 4:00PM | Coffee Social w/ Fruit Danish: Words of Affirmation 9:00AM -10:00AM Yoga with Aging is Cool 11:30AM – 12:30PM Afternoon Movie: Come Enjoy "Pearl Harbor" w/ Neighbors. Popcorn & Snacks Provided! 2:00PM- 4:00PM | Coffee on the Go! 9:00AM -9:30AM Melody Market: Supplemental Groceries for Residents Units #238- #368 Bring Your Own Bag Ticket Signup: 9:30am Market Time: 10:30AM-12:30PM | Morning Coffee to Go 9:00AM – 9:30AM Cooking Class: Red, White & Blue Muffins 11:00AM – 12:30PM Melody Bingo! W/ Snacks & Prizes 3:00PM – 4:00PM |
| 28 | 29 | 30 | | | | |
| If you have any questions, please call your Resident Services Coordinator at (702) 990-2784 Monday – Friday between 9:00AM -5:00PM | NO ACTIVITIES TODAY | Coffee and Muffins: Positive Words of Affirmations 9:00AM -10:00AM Fitness Class: Bingocize w/ Brittany! Come Win Some Prizes! 11:30AM – 12:30PM RTC Bus Passes W/ Sudoku Puzzle: Snacks & Drinks 3:00PM – 4:00PM | | | | <u>Melody Salon</u> If you would like to utilize the salon and have your hair done, please contact Sandra, the stylist to schedule an appointment on Thursdays. 702-203-3405 |