

Melody Senior Apartments

Coordinator Name: Brittany P.

January 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Loop Shuttles Are Every Friday.	Please Remember to Sign up for Activities in the Activity Binder Located on the first floor Great Room under the T.V			OFFICE CLOSED	<p>1</p> <p>Coffee Social w/ Fruit Danish: Words of Affirmation 9:00AM -10:00AM</p> <p>Group Workout: Low Impact Dance Class W/ Lunch 11:00AM – 12:30PM</p> <p>Game Day: Dominos/Spades W/ Drinks & Snacks 2:30PM – 4:00PM</p>	<p>2</p> <p>Coffee Social w/ Breakfast Bars & RTC Bus Passes 9:00am -10:00am</p> <p>Arts & Crafts: Origami Paper Folding 11:00AM – 12:30PM</p> <p>Melody Bingo Snacks & Prizes 3:00PM – 4:00PM</p>
4	5	NO ACTIVITIES TODAY <p>Morning Coffee to Go 9:00AM – 9:30AM</p> <p>Melody Market: Units #101-#237</p> <p>Bring your own bag</p> <p>Sign up for ticket @ 9:30AM 10:00AM-12:30PM</p> <p>2:00PM-4:00PM</p> <p>RTC Bus Passes W/ Sudoku Puzzle 3:00PM – 4:00PM</p>	6 <p>Coffee, Fruit & Yogurt Parfaits and Fun Facts 9:00AM -10:00AM</p> <p>Let's Learn Together: Writing Calligraphy- Tutorial & Practice 11:00AM- 12:00PM</p> <p>Melody Townhall: Follow up W/ Property Manager Q & A 3:00PM – 4:00PM</p>	7 <p>Coffee Social w/ Cinnamon Rolls & Current Events 9:00AM -10:00AM</p> <p>Fitness Class: Bingocize W/ Brittany Bingo Exercise & Prizes 11:30AM – 12:30PM</p> <p>Billiards Tournament: Join us for Pool & Ice Cream Sundae 3:00PM – 4:00PM</p>	8 <p>Coffee and Muffins: Hacks for Better Health 9:00AM -10:00AM</p> <p>Lunch Social: Come Enjoy Taco Salads With Your Neighbors 11:30AM-12:30PM</p> <p>Helping Hands Food Program for Seniors</p> <p>Will Be Delivered to your door 2:00PM – 4:00PM</p>	9 <p>Coffee Social w/ Breakfast Bars & RTC Bus Passes 9:00AM -10:00AM</p> <p>Cooking Class: Snowman Cookies 11:00AM – 12:30PM</p> <p>Melody Bingo! W/ Snacks & Prizes 3:00PM – 4:00PM</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11 NO ACTIVITIES TODAY	12 NO ACTIVITIES TODAY	13 Morning Coffee to Go 9:00AM – 9:30AM Golden Groceries Food Program Bring your own bag Time is approximate 11:00AM-12:30PM & 2:00PM-4:00PM RTC Bus Passes W/ Sudoku Puzzle: Snacks & Drinks 3:00PM – 4:00PM	14 Coffee and Muffins: Hacks for Better Health 9:00AM -10:00AM Let's Learn Together: Calligraphy 11:00AM- 12:00PM Care Solutions of Southern Nevada: VA Benefits for Veterans and Widows Lunch and Learn 1:00PM – 2:00PM	15 Coffee, Fruit & Yogurt Parfaits & Winter Fun Facts 9:00AM -10:00AM Group Workout: Low Impact Dance Class W/ Lunch 11:00AM – 12:30PM Tech Class: Loft Sign-Ups, Email & Device Help 3:00PM -4:00PM	16 Coffee, Biscotti & Current Events Chat 9:00AM -10:00AM Self- Care Spa: Hand/Foot Masks Soak & Scrub 11:00AM – 12:30PM Movie & Nachos W/ Drinks & Snacks: "Spy" 2:00PM- 4:00PM	17 Coffee Social w/ Breakfast Bars & RTC Bus Passes 9:00AM -10:00AM Arts & Crafts: Jewelry Making 11:00AM – 12:30PM Melody Bingo! W/ Snacks & Prizes 3:00PM – 4:00PM
18 NO ACTIVITIES TODAY	19 NO ACTIVITIES TODAY	20 Coffee, Bagels & Cream Cheese with Poetry 9:00AM -10:00AM Bingo W/ Archwell Primary Care Services 10:00AM – 11:00AM RTC Bus Passes W/ Sudoku Puzzle: Snacks & Drinks 3:00PM – 4:00PM	21 Morning Coffee to Go 9:00AM – 9:30AM Melody Market: Units #238-#368 Bring your own bag Sign up for ticket @ 9:30am 10:00AM-12:30PM 2:00PM-4:00PM Fresh Fruit Smoothies 3:00PM – 4:00PM	22 Morning Coffee and Fresh Fruit Trivia 9:00AM -10:00AM Sikora Medicare Specialist PowerPoint Presentation OTC/groceries and where to find Vision/Dental 12:00PM- 1:00PM Game Day: Dominos/Spades W/ Drinks & Snacks 2:30PM – 4:00PM	23 Coffee, Fruit & Yogurt Parfaits & Winter Fun Facts 9:00AM -10:00AM Lunch Social: Come Enjoy Chili & Cornbread With Your Neighbors 11:30AM-12:30PM January Birthday Bash: Karaoke W/ Cake & Ice Cream 2:30PM -4:00PM	24 Coffee Social w/ Breakfast Bars & RTC Bus Passes 9:00AM -10:00AM Cooking Class: Strawberry Topped Cheese Cake 11:00AM – 12:30PM Melody Bingo! W/ Snacks & Prizes 3:00PM – 4:00PM
25 If you have any questions, please call your Resident Services Coordinator at (702) 990-2784 Monday – Friday between 9:00AM -5:00PM	26 NO ACTIVITIES TODAY	27 Coffee and Muffins: Positive Words of Affirmations 9:00AM -10:00AM Let's Learn Together: Writing Calligraphy- Tutorial & Practice 11:00AM- 12:00PM RTC Bus Passes W/ Sudoku Puzzle: Snacks & Drinks 3:00PM – 4:00PM	28 Morning Coffee w/ Cinnamon Rolls & Current Events 9:00AM – 10:00AM Bingo w/Archwell Primary Care Services 10:00AM – 11:00AM Game Day: Dominos/Spades W/ Drinks & Snacks 2:30PM – 4:00PM	29 Coffee and Muffins: US History Trivia 9:00AM -10:00AM Group Workout: Low Impact Dance Class W/ Lunch 11:00AM – 12:30PM JFSA: Health & Human Services/Resources 1:30PM – 4:00PM	30 Coffee, Bagels & Cream Cheese with Poetry 9:00AM -10:00AM Self-Care Spa: Face/Lip Masks 11:00AM – 12:30PM Movie & Popcorn W/ Drinks & Snacks: "Madea's Big Happy Family" 2:00PM- 4:00PM	31 Coffee Social w/ Breakfast Bars & RTC Bus Passes 9:00AM -10:00AM Arts & Crafts: Hand Cut Snow Flakes 11:00AM – 12:30PM Melody Bingo! W/ Snacks & Prizes 3:00PM – 4:00PM