

Melody Senior Apartments

Coordinator Name: Brittany P.

January 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Loop Shuttles Are Every Friday.</div>	<div>Please Remember to Sign up for Activities in the Activity Binder Located on the first floor Great Room under the T.V</div>			<div>1 OFFICE CLOSED</div>	<div>2 Coffee Social w/ Fruit Danish: Words of Affirmation 9:00AM -10:00AM Group Workout: Low Impact Dance Class W/ Lunch 11:00AM – 12:30PM Game Day: Dominos/Spades W/ Drinks & Snacks 2:30PM – 4:00PM</div>	<div>3 Coffee Social w/ Breakfast Bars & RTC Bus Passes 9:00am -10:00am Arts & Crafts: Origami Paper Folding 11:00AM – 12:30PM Melody Bingo Snacks & Prizes 3:00PM – 4:00PM</div>
<div>4 NO ACTIVITIES TODAY</div>	<div>5 NO ACTIVITIES TODAY</div>	<div>6 Morning Coffee to Go 9:00AM – 9:30AM Melody Market: Units #101- #237 Bring your own bag Sign up for ticket @ 9:30AM 10:00AM-12:30PM 2:00PM-4:00PM RTC Bus Passes W/ Sudoku Puzzle 3:00PM – 4:00PM</div>	<div>7 Coffee, Fruit & Yogurt Parfaits and Fun Facts 9:00AM -10:00AM Let’s Learn Together: Writing Calligraphy- Tutorial & Practice 11:00AM- 12:00PM Melody Townhall: Follow up W/ Property Manager Q & A 3:00PM – 4:00PM</div>	<div>8 Coffee Social w/ Cinnamon Rolls & Current Events 9:00AM -10:00AM Fitness Class: Bingocize W/ Brittany Bingo Exercise & Prizes 11:30AM – 12:30PM Billiards Tournament: Join us for Pool & Ice Cream Sundae 3:00PM – 4:00PM</div>	<div>9 Coffee and Muffins: Hacks for Better Health 9:00AM -10:00AM Lunch Social: Come Enjoy Taco Salads With Your Neighbors 11:30AM-12:30PM Helping Hands Food Program for Seniors Will Be Delivered to your door 2:00PM – 4:00PM</div>	<div>10 Coffee Social w/ Breakfast Bars & RTC Bus Passes 9:00AM -10:00AM Cooking Class: Snowman Cookies 11:00AM – 12:30PM Melody Bingo! W/ Snacks & Prizes 3:00PM – 4:00PM</div>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11 NO ACTIVITIES TODAY	12 NO ACTIVITIES TODAY	13 Morning Coffee to Go 9:00AM – 9:30AM Golden Groceries Food Program Bring your own bag Time is approximate 11:00AM-12:30PM & 2:00PM-4:00PM RTC Bus Passes W/ Sudoku Puzzle: Snacks & Drinks 3:00PM – 4:00PM	14 Coffee and Muffins: Hacks for Better Health 9:00AM -10:00AM Let’s Learn Together: Calligraphy 11:00AM- 12:00PM Care Solutions of Southern Nevada: VA Benefits for Veterans and Widows Lunch and Learn 1:00PM – 2:00PM	15 Coffee, Fruit & Yogurt Parfaits & Winter Fun Facts 9:00AM -10:00AM Group Workout: Low Impact Dance Class W/ Lunch 11:00AM – 12:30PM Tech Class: Loft Sign-Ups, Email & Device Help 3:00PM -4:00PM	16 Coffee, Biscotti & Current Events Chat 9:00AM -10:00AM Self- Care Spa: Hand/Foot Masks Soak & Scrub 11:00AM – 12:30PM Movie & Nachos W/ Drinks & Snacks: “Spy” 2:00PM- 4:00PM	17 Coffee Social w/ Breakfast Bars & RTC Bus Passes 9:00AM -10:00AM Arts & Crafts: Jewelry Making 11:00AM – 12:30PM Melody Bingo! W/ Snacks & Prizes 3:00PM – 4:00PM
18 NO ACTIVITIES TODAY	19 NO ACTIVITIES TODAY	20 Coffee, Bagels & Cream Cheese with Poetry 9:00AM -10:00AM Bingo W/ Archwell Primary Care Services 10:00AM – 11:00AM RTC Bus Passes W/ Sudoku Puzzle: Snacks & Drinks 3:00PM – 4:00PM	21 Morning Coffee to Go 9:00AM – 9:30AM Melody Market: Units #238-#368 Bring your own bag Sign up for ticket @ 9:30am 10:00AM-12:30PM 2:00PM-4:00PM Fresh Fruit Smoothies 3:00PM – 4:00PM	22 Morning Coffee and Fresh Fruit Trivia 9:00AM -10:00AM Sikora Medicare Specialist PowerPoint Presentation OTC/groceries and where to find Vision/Dental 12:00PM- 1:00PM Game Day: Dominos/Spades W/ Drinks & Snacks 2:30PM – 4:00PM	23 Coffee, Fruit & Yogurt Parfaits & Winter Fun Facts 9:00AM -10:00AM Lunch Social: Come Enjoy Chili & Cornbread With Your Neighbors 11:30AM-12:30PM January Birthday Bash: Karaoke W/ Cake & Ice Cream 2:30PM -4:00PM	24 Coffee Social w/ Breakfast Bars & RTC Bus Passes 9:00AM -10:00AM Cooking Class: Strawberry Topped Cheese Cake 11:00AM – 12:30PM Melody Bingo! W/ Snacks & Prizes 3:00PM – 4:00PM
25 If you have any questions, please call your Resident Services Coordinator at (702) 990-2784 Monday – Friday between 9:00AM -5:00PM	26 NO ACTIVITIES TODAY	27 Coffee and Muffins: Positive Words of Affirmations 9:00AM -10:00AM Let’s Learn Together: Writing Calligraphy- Tutorial & Practice 11:00AM- 12:00PM RTC Bus Passes W/ Sudoku Puzzle: Snacks & Drinks 3:00PM – 4:00PM	28 Morning Coffee w/ Cinnamon Rolls & Current Events 9:00AM – 10:00AM Bingo w/Archwell Primary Care Services 10:00AM – 11:00AM Game Day: Dominos/Spades W/ Drinks & Snacks 2:30PM – 4:00PM	29 Coffee and Muffins: US History Trivia 9:00AM -10:00AM Group Workout: Low Impact Dance Class W/ Lunch 11:00AM – 12:30PM JFSA: Health & Human Services/Resources 1:30PM – 4:00PM	30 Coffee, Bagels & Cream Cheese with Poetry 9:00AM -10:00AM Self-Care Spa: Face/Lip Masks 11:00AM – 12:30PM Movie & Popcorn W/ Drinks & Snacks: “Madea’s Big Happy Family” 2:00PM- 4:00PM	31 Coffee Social w/ Breakfast Bars & RTC Bus Passes 9:00AM -10:00AM Arts & Crafts: Hand Cut Snow Flakes 11:00AM – 12:30PM Melody Bingo! W/ Snacks & Prizes 3:00PM – 4:00PM