

# Melody Senior Apartments

Coordinator Name: Brittany P.

# February 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  <b>NO ACTIVITIES TODAY</b>  <b>Loop Shuttles Are Every Friday.</b>	2  <b>NO ACTIVITIES TODAY</b>	3  Morning Coffee to Go <b>9:00AM – 9:30AM</b>  Melody Market: Units #101-#237 Bring your own bag Sign up for ticket @ 9:30AM <b>10:00AM - 12:30PM</b> <b>2:00PM-4:00PM</b>  RTC Bus Passes W/ Sudoku Puzzle: Snacks & Drinks <b>3:00PM – 4:00PM</b>	4  Coffee and Muffins: Hacks for Better Health <b>9:00AM -10:00AM</b>  Let’s Learn Together: Writing Calligraphy- Tutorial & Practice <b>11:00AM- 12:00PM</b>  Melody Jeopardy! Join your neighbors to test your Trivia Knowledge <b>3:00PM – 4:00PM</b>	5  Morning Coffee & Cinnamon Rolls W/ Words of Affirmation <b>9:00AM – 10:00AM</b>  Self-Care Spa: Make-Up Tutorial & Giveaway <b>11:00AM – 12:30PM</b>  Afternoon Movie Popcorn Snacks & Drinks “Along Came Polly” <b>2:00PM – 4:00PM</b>	6  Coffee, Biscotti & Current Events Chat <b>9:00AM -10:00AM</b>  Group Workout: Low Impact Dance Class W/ Lunch <b>11:00AM – 12:30PM</b>  Helping Hands Food Program for Seniors Will Be Delivered to your door <b>2:00PM – 4:00PM</b>	7  Coffee Social W/ Breakfast Bars & RTC Bus Passes <b>9:00am -10:00am</b>  Arts & Crafts: Tie-Dye Anything! Bring material you’d like to dye <b>11:00AM – 12:30PM</b>  Melody Bingo! W/ Snacks & Prizes <b>3:00PM – 4:00PM</b>
8  <b>NO ACTIVITIES TODAY</b>  <b>Please Remember to Sign up for Activities in the Activity Binder Located on the first floor Great Room under the T.V</b>	9  <b>NO ACTIVITIES TODAY</b>	10  Morning Coffee to Go <b>9:00AM – 9:30AM</b>  Golden Groceries Food Program Bring your own bag Time is approximate <b>11:00AM - 12:30PM &amp; 2:00PM-4:00PM</b>  RTC Bus Passes & Word Search: Snacks & Drinks <b>3:00PM – 4:00PM</b>	11  Coffee and Muffins: Hacks for Better Health <b>9:00AM -10:00AM</b>  Game Day: Name That Tune! W/ Snacks & Drinks <b>11:00AM – 12:00PM</b>  JFSA: Jewish Family Services Health & Human Services/Resources <b>2:00PM – 4:00PM</b>	12  Coffee Social w/ Pancakes & Bacon- Current Events <b>9:00AM -10:00AM</b>  Fitness Class: Bingocize W/ Brittany- Bingo, Exercise & Prizes <b>11:30AM – 12:30PM</b>  Arts & Crafts Sweetheart Box & Cards <b>3:00PM – 4:00PM</b>	13  Coffee and Cinnamon Rolls: Discussion- World Travel <b>9:00AM -10:00AM</b>  Lunch Social: Come Enjoy A Pasta Lunch W/ Friends <b>11:30AM-12:30PM</b>  Game Day - Jelly Bean Game & Card Signing <b>2:30PM – 4:00PM</b>	14  Coffee Social W/ Breakfast Bars & RTC Bus Passes <b>9:00AM -10:00AM</b>  Cooking Class: Sweet Heart Snacks <b>11:00AM – 12:30PM</b>  Valentines Day Bingo! W/ Snacks & Prizes <b>2:30PM – 4:00PM</b>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>15</div> <div>NO ACTIVITIES TODAY</div> <div><u>Melody Salon</u></div> <div>If you would like to utilize the salon please contact Sandra, the stylist to schedule an appointment on Thursdays. 702-203-3405</div>	<div>16</div> <div>NO ACTIVITIES TODAY</div>	<div>17</div> <div>Morning Coffee w/ Cinnamon Rolls &amp; Technology Talk 9:00AM – 10:00AM</div> <div>Bingo w/ Archwell Primary Care Services 1:00PM – 2:00PM</div> <div>RTC Bus Passes W/ Sudoku Puzzle: Snacks &amp; Drinks 3:00PM – 4:00PM</div>	<div>18</div> <div>Morning Coffee to Go 9:00AM – 9:30AM</div> <div>Melody Market: Units #238-#368 Bring your own bag Sign up for ticket @ 9:30am 10:00AM-12:30PM 2:00PM-4:00PM</div> <div>Fruit Smoothies 3:00PM – 4:00PM</div>	<div>19</div> <div>Coffee, Fruit &amp; Yogurt Parfaits &amp; US History Trivia 9:00AM -10:00AM</div> <div>Group Workout: Low Impact Dance Class W/ Lunch 11:00AM – 12:30PM</div> <div>Afternoon Movie Popcorn Snacks &amp; Drinks “Valentines Day” 2:00PM – 4:00PM</div>	<div>20</div> <div>Coffee, Biscotti &amp; Current Events Chat 9:00AM -10:00AM</div> <div>Self- Care Spa: Hand/Foot Soak &amp; Scrub 11:00AM – 12:30PM</div> <div>February Birthday Bash: Karaoke W/ Cake &amp; Ice Cream 2:30PM -4:00PM</div>	<div>21</div> <div>Coffee Social W/ Breakfast Bars &amp; RTC Bus Passes 9:00AM -10:00AM</div> <div>Arts &amp; Crafts: Jewelry Making- Beaded Charm Bracelet 11:00AM – 12:30PM</div> <div>Melody Bingo! W/ Snacks &amp; Prizes 3:00PM – 4:00PM</div>
<div>22</div> <div>NO ACTIVITIES TODAY</div> <div>If you have any questions, please call your Resident Services Coordinator at (702) 990-2784 Monday – Friday between 9:00AM- 5:00PM</div>	<div>23</div> <div>NO ACTIVITIES TODAY</div>	<div>24</div> <div>Coffee, Bagels &amp; Cream Cheese with Poetry 9:00AM -10:00AM</div> <div>Let’s Learn Together: Writing Calligraphy- Tutorial &amp; Practice 11:00AM- 12:00PM</div> <div>RTC Bus Passes &amp; Word Search: Snacks &amp; Drinks 3:00PM – 4:00PM</div>	<div>25</div> <div>Coffee and Muffins: Hacks for Better Health 9:00AM -10:00AM</div> <div>Fitness Class: Bingocize W/ Brittany- Bingo, Exercise &amp; Prizes 11:30AM – 12:30PM</div> <div>Fresh Fruit Smoothies 3:00PM – 4:00PM</div>	<div>26</div> <div>Morning Coffee or Hot Cocoa W/ Fresh Fruit &amp; Trivia 9:00AM -10:00AM</div> <div>Lunch Social: Come Enjoy A Shepherd’s Pie Lunch W/ Friends 11:30AM-12:30PM</div> <div>Game Day: Dominos/Spades W/ Drinks &amp; Snacks 2:30PM – 4:00PM</div>	<div>27</div> <div>Morning Coffee w/ Cinnamon Rolls &amp; Current Events 9:00AM – 10:00AM</div> <div>Melody Jeopardy! Join your neighbors to test your Trivia Knowledge 11:00AM – 12:30PM</div> <div>All Team Meeting 2:00pm</div>	<div>28</div> <div>Coffee Social W/ Breakfast Bars &amp; RTC Bus Passes 9:00AM -10:00AM</div> <div>Cooking Class: Grilled Chicken Teriyaki Shish-Kabobs 11:00AM – 12:30PM</div> <div>Melody Bingo! W/ Snacks &amp; Prizes 3:00PM – 4:00PM</div>