







# July 2025

## Melody Senior Apartments

Coordinator: Brittany P.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> <u>Coffee W/ Fruit &amp; Yogurt Parfait</u> 9:00AM – 10:00AM  <u>Group Workout: Dance &amp; Light Lunch</u> 11:00AM – 12:30PM  <u>RTC Bus Passes W/ Sudoku Puzzles</u> 3:00PM – 4:00PM	<b>2</b> <u>Coffee W/ Danish Wellness Wednesday</u> 9:00AM – 10:00AM  <u>Archwell: Bingo</u> 10:00AM-11:00AM  <u>Arts &amp; Crafts: Group Painting</u> 3:00PM – 4:00PM	<b>3</b> <u>Coffee &amp; Cinnamon Rolls &amp; Current Events</u> 9:00AM – 10:00AM  <u>Red, White &amp; Blue BBQ Lunch</u> 11:30AM – 12:30PM  <u>Card Game Day W/ Snacks &amp; Drinks</u> 2:30PM – 4:00PM	<b>4</b> <u>Independence Day</u> 	<b>5</b> <u>Coffee Breakfast Bars &amp; RTC Bus Passes</u> 9:00AM – 10:00AM  <u>Cooking Class: Biscuits &amp; Gravy</u> @11:00AM-12:30PM  <u>Melody BINGO:</u> 3:00PM-4:00PM
	<b>7</b> 	<b>8</b> <u>Morning Coffee</u> 9:00AM – 9:30AM  <u>Golden Groceries All Residents</u> *Time is approximate* *Pick-up in Common Area* *Bring your own bag* 11:00AM-12:30PM 2:00PM-4:00PM  <u>RTC Bus Passes W/ Word Search Puzzle</u> 3:00PM – 4:00PM	<b>9</b> <u>Coffee W/ Danish Wellness Wednesday</u> 9:00AM – 10:00AM  <u>Team Sikora Chips, Hotdogs &amp; Sodas</u> 12:00PM – 1:00PM  <u>Tech Class: Email Set-Up &amp; Loft Sign-up</u> 3:00PM – 4:00PM	<b>10</b> <u>Morning Coffee</u> 9:00AM- 9:30AM  <u>Melody Market Units # 101- # 237</u> 10:00AM-12:00PM *Bring your own Bag* *Sign Up @ 9:30AM for tickets in Common Area*  <u>Fresh Fruit Smoothies</u> 3:00PM – 4:00PM	<b>11</b> <u>Coffee &amp; Cocoa W/ Waffle Bar &amp; Trivia</u> 9:00AM- 10:00AM  <u>Group Workout: Dance &amp; Light Lunch</u> 11:00AM – 12:30PM  <u>Helping Hands</u> 2:00PM-4:00PM *Delivery is to doors of residents signed up & approved for program* <i>Loop Shopping Shuttle</i>	<b>12</b> <u>Coffee Breakfast Bars &amp; RTC Bus Passes</u> 9:00AM – 10:00AM  <u>Cooking Class: Deluxe Nachos</u> 11:00AM-12:30PM   <u>Melody BINGO</u> 3:00PM-4:00PM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Reminder! 13</b> Food Program rules have changed. You will now sign up, get a ticket and wait for your number to be called. There is no more lining up. Ask your coordinator if you have questions.	14 	15 <u>Morning Coffee W/ Cinnamon Rolls</u> 9:00AM- 10:00AM  <u>Care Solutions of Southern Nevada: Bingo</u> 1:00PM – 2:00PM  <u>RTC Bus Passes W/ Sudoku Puzzle</u> 3:00PM – 4:00PM	16 <u>Coffee W/ Danish Wellness Wednesday</u> 9:00AM – 10:00AM  <u>Aging Is Cool: Chair Fit Bingo W/ Michelle</u> 11:30AM – 12:30PM  <u>Arts &amp; Crafts: Beaded Charm Bracelet</u> 3:00PM – 4:00PM	17 <u>Coffee W/ Bagel &amp; Cream Cheese</u> 9:00AM – 10:00AM  <u>Group Workout: Dance &amp; A Light Lunch</u> 11:00AM – 12:30PM  <u>Movie &amp; Popcorn Resident Choice</u> 2:00PM – 4:00PM	18 <u>Coffee W/ Fruit &amp; Yogurt Parfait</u> 9:00AM – 10:00AM  <u>Self-Care Spa: Foot Mask/Soak</u> 11:00AM – 12:00PM  <u>Birthday Bash: Guest Karaoke, Cake/Ice Cream</u> 2:00PM – 3:30PM <i>Loop Shopping Shuttle</i>	19 <u>Coffee Breakfast Bars &amp; RTC Bus Passes</u> 9:00AM – 10:00AM  <u>Cooking Class: Four Cheese Lasagna</u> 11:00AM-12:30PM  <u>Melody BINGO</u> 3:00PM-4:00PM
20 	21 	22 <u>Morning Coffee</u> 9:00AM – 9:30AM <u>Melody Market Units # 238- # 368</u> 10:00AM-12:00PM *Bring your own Bag* *Sign Up @ 9:30AM for tickets in Common Area* <u>RTC Bus Passes W/ Crossword Puzzles</u> 3:00PM – 4:00PM	23 <u>Coffee W/ Danish Wellness Wednesday</u> 9:00AM –10:00AM  <u>SBI Benefits</u> 11:00AM – 1:00PM  <u>Billiards Tournament Food, Drinks &amp; Fun</u> 2:30PM – 4:00PM	24 <u>Morning Coffee W/ Pancakes &amp; Sausage</u> 9:00AM – 10:00AM  <u>Arts &amp; Crafts: Mask Painting</u> 11:00AM – 12:30PM  <u>Game Day: Spades or Dominos W/ Snacks</u> 3:00PM – 4:00PM	25 <u>Coffee, Muffins &amp; Fun Facts</u> 9:00AM – 10:00AM  <u>Aspen Hospice Services: "Butter Drumming"</u> 1:00PM -2:00PM  <u>Ice Cream Sundaes</u> 3:00PM – 4:00pm <i>Loop Shopping Shuttle</i>	26 <u>Coffee Breakfast Bars &amp; RTC Bus Passes</u> 9:00AM – 10:00AM  <u>Cooking Class: Pineapple Chicken</u> 11:00AM-12:30PM  <u>Melody BINGO</u> 3:00PM-4:00PM
27 If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Monday – Friday between 9:00AM – 5:00PM	28 	29 <u>Coffee W/ Bagel &amp; Cream Cheese</u> 9:00AM – 10:00AM  <u>Self- Care Spa: Make-Up Demo (bring own supplies)</u> 11:00AM – 12:30PM  <u>RTC Bus Passes W/ Crossword Puzzles</u> 3:00PM – 4:00PM	30 <u>Coffee W/ Danish Wellness Wednesday</u> 9:00AM –10:00AM  <u>Aging Is Cool: Chair Fit Bingo W/ Michelle</u> 11:30AM – 12:30PM  <u>Game Day: Guesstures! W/ Snacks &amp; Drinks</u> 2:30PM – 4:00PM	31 <u>Morning Coffee W/ Cinnamon Rolls</u> 9:00AM- 10:00AM  <u>Group Workout: Dance &amp; A Light Lunch</u> 11:00AM – 12:30PM  <u>Movie &amp; Popcorn Resident Choice</u> 2:00PM – 4:00PM		<u>Melody Salon</u> If you'd like to utilize the 2 <sup>nd</sup> floor Salon on our property, please give Sandra, the Hair Stylist, a call to schedule an appointment for either Tuesday or Thursday. 702-203-3405