






# March 2025

## Melody Senior Apartments

Coordinator: Brittany P.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b><u>Melody Salon</u></b> If you would like to utilize the Salon on the 2 <sup>nd</sup> floor of our property, please give Sandra the Hair Stylist, a call to schedule an appointment for either Tuesday or Thursday. 702-203-3405			28 <b><u>Helping Hands</u></b> 2:00PM-4:00PM *Will be delivered to your door upon arrival*	1 <b><u>Coffee Breakfast Bars &amp; RTC Bus Passes</u></b> 9:00AM – 10:00AM  <b><u>Cooking Class: Baked Spaghetti &amp; Garlic Bread</u></b> 11:00AM-12:30PM  <b><u>Melody BINGO</u></b> 3:00PM-4:00PM
2 <b><u>Reminder!</u></b> On Food Program days, residents are asked not to wait in the common area or line up until 15 minutes before the food is being distributed. You will be asked to leave.	3 	4 <b><u>Coffee &amp; Cinnamon Rolls &amp; Current Events</u></b> 9:00AM – 10:00AM  <b><u>Tech Class: Email Setup, Questions, Etc.</u></b> 11:00AM – 12:00PM  <b><u>RTC Bus Passes W/ Crossword Puzzles</u></b> 3:00PM – 4:00PM	5 <b><u>Coffee, Cocoa &amp; Biscotti w/ Poetry Reading</u></b> 9:00AM – 10:00AM  <b><u>Aging Is Cool Bingocize</u></b> 10:00AM – 11:00AM  <b><u>Arts &amp; Crafts: Sponge Painting</u></b> 2:30PM – 3:30PM	6 <b><u>Coffee &amp; Pancakes W/ Fresh Fruit</u></b> <b><u>Words of Affirmation</u></b> 9:00AM – 10:00AM  <b><u>Melody Garden Club</u></b> 11:00AM-12:00PM  <b><u>Game Day: Cards or Dominos W/ Chips &amp; Dip</u></b> 2:30PM – 4:00PM	7 <b><u>Coffee W/ Bagel &amp; Cream Cheese</u></b> 9:00AM- 10:00AM  <b><u>Volleyball Workout &amp; A Light Lunch</u></b> 11:00AM – 12:30PM  <b><u>Movie Time &amp; Nachos! Resident Pick</u></b> 2:00PM – 4:00PM  <i>Loop Shopping Shuttle</i>	8 <b><u>Coffee Breakfast Bars &amp; RTC Bus Passes</u></b> 9:00AM – 10:00AM  <b><u>Cooking Class: Banana Cream Pie</u></b> 11:00AM-12:30PM  <b><u>Melody BINGO</u></b> 3:00PM-4:00PM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9</p> <p><b><u>Reminder!</u></b> On Food Program days, residents are asked not to wait in the common area or line up until 15 minutes before the food is being distributed. You will be asked to leave.</p>	<p>10</p> 	<p>11</p> <p><b><u>Morning Coffee</u></b> 9:00AM – 9:30AM</p> <p><b><u>Golden Groceries</u></b> 11:00AM-12:30 2:00PM- 4:00PM</p> <p><i>*Time is approximate* *Must pick up from Common Area* *Bring your own bag*</i></p>	<p>12</p> <p><b><u>Morning Coffee, &amp; RTC Bus Passes</u></b> 9:00AM – 9:30AM</p> <p><b><u>Melody Market</u></b> Units # 101- # 237 10:00AM-12:00PM <i>*Line up at 9:45AM* *Bring Your own bag*</i></p>	<p>13</p> <p><b><u>Coffee &amp; Cinnamon Rolls</u></b> 9:00AM- 10:00AM</p> <p><b><u>Volleyball Workout &amp; A Light Lunch</u></b> 11:00AM – 12:30PM</p> <p><b><u>Arts &amp; Crafts: Paper Mache' Sculpture</u></b> 2:30PM – 4:00PM</p>	<p>14</p> <p><b><u>Morning Coffee</u></b> 9:00AM – 10:00AM</p> <p><b><u>Compassionate Med Group (Lunch Provided)</u></b> Health and Hospice Care 11:00AM- 12:00PM</p> <p><b><u>Uno! &amp; Snacks</u></b> 3:00PM - 4:00PM</p> <p><i>Loop Shopping Shuttle</i></p>	<p>15</p> <p><b><u>Coffee Breakfast Bars &amp; RTC Bus Passes</u></b> 9:00AM – 10:00AM</p> <p><b><u>FIELD TRIP: MOB MUSEUM</u></b> Arrive at 9AM</p>  <p><b><u>Melody BINGO</u></b> 3:00PM-4:00PM</p>
<p>16</p> 	<p>17</p>	<p>18</p> <p><b><u>Coffee, Cocoa &amp; Current Events</u></b> 9:00AM – 9:30AM</p> <p><b><u>Lunch Social: Cold Cuts</u></b> 11:30AM- 12:30PM</p> <p><b><u>RTC Bus Passes W/ Sudoku Puzzles</u></b> 3:00PM – 4:00PM</p>	<p>19</p> <p><b><u>Coffee W/ Danish Wellness Wednesday</u></b> 9:00AM – 10:00AM</p> <p><b><u>Aging Is Cool Bingocize</u></b> 10:00AM – 11:00AM</p> <p><b><u>Game Day: Cards or Dominos W/ Chips &amp; Dip</u></b> 3:00PM – 4:00PM</p>	<p>20</p> <p><b><u>Coffee W/ Bagel &amp; Cream Cheese</u></b> 9:00AM- 10:00AM</p> <p><b><u>Volleyball Workout &amp; A Light Lunch</u></b> 11:00AM – 12:30PM</p> <p><b><u>Billiards Tournament</u></b> <b><u>Pool &amp; Snacks</u></b> 3:00PM - 4:00PM</p>	<p>21</p> <p><b><u>Morning Coffee W/ Pancakes &amp; Sausage</u></b> 9:00AM – 10:00AM</p> <p><b><u>Melody Garden Club</u></b> 11:00AM -12:00PM</p> <p><b><u>Birthday Bash Karaoke, Cake &amp; Ice Cream</u></b> 2:00PM – 3:30PM <i>Loop Shopping Shuttle</i></p>	<p>22</p> <p><b><u>Morning Coffee</u></b> 9:00AM – 9:30AM</p> <p><b><u>Melody Market</u></b> Units # 238- # 368 10:00AM-12:00PM <i>*Line up at 9:45AM* *Bring Your own bag*</i></p> <p><b><u>Family Comes First</u></b> <b><u>Bingo &amp; Prizes</u></b> 2:00PM -3:00PM</p>
<p>23</p> <p>If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Monday – Friday between 9:00AM – 5:00PM</p>	<p>24</p> 	<p>25</p> <p><b><u>Morning Coffee</u></b> 9:00AM – 10:00AM</p> <p><b><u>Bingo w /SBI Benefits</u></b> 12:00PM-1:00PM</p> <p><b><u>RTC Bus Passes W/ Word Search Puzzles</u></b> 3:00PM – 4:00PM</p>	<p>26</p> <p><b><u>Coffee W/ Danish Wellness Wednesday</u></b> 9:00AM – 10:00AM</p> <p><b><u>Team Sikora</u></b> 10:00AM-11:00AM</p> <p><b><u>Self- Care Hand Spa: Soak &amp; Scrub</u></b> 3:00PM – 4:00PM</p>	<p>27</p> <p><b><u>Coffee W/ Fruit &amp; Yogurt Parfait</u></b> 9:00AM- 10:00AM</p> <p><b><u>Roseman University: Health and Human Services</u></b> 11:00-12:00PM</p> <p><b><u>Guesstures! &amp; Snacks</u></b> 3:00PM - 4:00PM</p>	<p>28</p> <p><b><u>Coffee, Muffins</u></b> 9:00AM- 10:00AM</p> <p><b><u>Archwell Bingo</u></b> 10:00AM-11:00AM</p> <p><b><u>Movie &amp; Nachos "Along Came A Spider"</u></b> 2:00PM – 4:00PM <i>Loop Shopping Shuttle</i></p>	<p>29</p> <p><b><u>Coffee Breakfast Bars &amp; RTC Bus Passes</u></b> 9:00AM – 10:00AM</p> <p><b><u>Cooking Class: Stuffed Cabbage</u></b> 11:00AM-12:30PM</p>  <p><b><u>Melody BINGO</u></b> 3:00PM-4:00PM</p>

