













NOVEMBER 2024

Melody Senior Apartments

COORDINATOR: BRITTANY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>If you have any questions, please call your Resident Services Coordinator at (702) 990-2784 Tuesday – Saturday 9:00AM – 5:00PM</p>					<p>1</p> <p><u>Coffee & Fruit Danish</u> <u>Brain Teasers</u> 9:00AM-10:00AM</p> <p><u>Volleyball Workout - Gym</u> 10:30AM-11:30AM</p> <p><u>Helping Hands</u> 2:00PM- 4:00PM **Will be delivered to your door upon arrival**</p> <p><u>Loop Shopping Shuttle</u></p>	<p>2</p> <p><u>Melody Market</u> <u>Units 101-237</u> 10:00AM to 12:00PM</p> <p>**Line will begin to form no earlier than 15 mins to distribution**</p>
<p>3</p> <p><u>Don't Forget to Set Your Clocks Back!</u></p> 	<p>4</p> <p>National Candy Day</p> 	<p>5</p> <p><u>Coffee & Fruit Parfait</u> <u>Current Events</u> 9:00AM-10:00AM</p> <p><u>Aging is Cool: Stay Strong w/George (Fitness in Gym)</u> 11:30AM- 12:30PM</p> <p><u>RTC Bus Pass Distribution</u> 3:00PM-4:00PM</p>	<p>6</p> <p><u>Coffee & Hot Cocoa Bar</u> <u>W/ Toppings</u> 9:00AM-10:00AM</p> <p> <u>Archwell Bingo</u> 10:00AM- 11:00AM</p> <p><u>Arts & Crafts: Beaded Jewelry</u> 3:00PM-4:00PM</p>	<p>7</p> <p><u>Coffee & Fruit Danish</u> <u>Brain Teasers</u> 9:00AM-10:00AM</p> <p><u>Melody Garden Club</u> 11:00AM- 12:00PM</p> <p><u>Game Day!</u> <u>Dominos & Snacks:</u> <u>In the Common Area</u> 3:00PM-4:00PM</p>	<p>8</p> <p><u>Coffee W/Pancakes</u> <u>Butter & Syrup</u> 9:00AM-10:00AM</p> <p><u>Volleyball Workout - Gym</u> 10:30AM-11:30AM</p> <p><u>Afternoon Movie:</u> <u>Popcorn & Root Beer Float</u> 2:00PM-3:30PM</p> <p><u>Loop Shopping Shuttle</u></p>	<p>9</p> <p><u>Coffee & Breakfast Bars</u> <u>/RTC Bus Passes</u> 9:00AM- 10:00AM</p> <p><u>Cooking Class:</u> <u>Spaghetti / Garlic Bread</u> 11:00AM-12:30PM</p> <p> <u>Melody Bingo</u> 3:00PM-4:00PM</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10 National Sesame Street Day</p> 	<p>11 National Sundae Day</p> 	<p>12 Golden Groceries Whole Building 11:00AM- 12:30PM 2:00PM-4:00PM</p> <p><i>*Must pick up from Common Area*</i> <i>Bring a sturdy bag as the way the food is distributed will be changing</i></p>	<p>13 Coffee & Hot Cocoa Bar W/ Toppings 9:00AM-10:00AM</p> <p>Melody Garden Club 11:00AM- 12:00PM</p> <p>RTC Bus Pass Distribution 3:00PM-4:00PM</p>	<p>14 Coffee & Donut Dippers 9:00AM-10:00AM</p> <p>Pine Park Health Introduction & Pizza 11:30AM- 12:30PM</p> <p>Arts & Crafts Adult Coloring 12:00PM-2:00PM</p>	<p>15 Melody Market Units 101-237 10:00AM to 12:00PM</p> <p>**Line will begin to form no earlier than 15 mins to distribution**</p> <p>Loop Shopping Shuttle</p>	<p>16 Coffee & Cinnamon Rolls RTC Bus Passes 9:00AM- 10:00AM</p> <p>Cooking Class: Chili & Cornbread 11:00AM-12:30PM</p>  <p>Melody Bingo 3:00PM-4:00PM</p>
<p>17 National Homemade Bread Day!</p> 	<p>18 National Mickey Mouse Day</p> 	<p>19 Coffee & Fruit Parfait Current Events 9:00AM-10:00AM</p> <p>STAY STRONG w/ GEORGE- Fitness in Gym 11:30AM- 12:30PM</p> <p>RTC Bus Pass Distribution 3:00PM-4:00PM</p>	<p>20 Coffee W/Pancakes Butter & Syrup 9:00AM-10:00AM</p> <p>Arts & Crafts: Tie-Dye: Bring a shirt to dye 11:00AM-12:00PM</p>  <p>Nov. Birthday Bash: Bingo W/Cake & Ice Cream 2:00PM-3:30PM</p>	<p>21 Coffee W/Bagel & Cream Cheese 9:00AM-10:00AM</p> <p>Fresh Fruit Smoothies 11:00AM-12:00PM</p> <p>SIKORA GROUP Presentation & Pie Giveaway: Sign up with Brittany 12:00PM-2:00PM</p>	<p>22 Coffee & Fruit Danish Brain Teasers 9:00AM-10:00AM</p> <p>Volleyball Workout - Gym 11:00AM-12:00PM</p> <p>Afternoon Movie: The Shining Popcorn / Root Beer Float 2:00PM-3:30PM Loop Shopping Shuttle</p>	<p>23 Coffee & Breakfast Bars RTC Bus Passes 9:00AM- 10:00AM</p> <p>Cooking Class: Shepherd's Pie 11:00AM-12:30PM</p>  <p>Melody Bingo 3:00PM-4:00PM</p>
<p>24</p>  <p>If you have any questions, please call your Resident Services Coordinator at (702) 990-2784 Tuesday – Saturday between 9:00AM – 5:00PM</p>	<p>25 National Parfait Day</p> 	<p>26 Coffee W/Bagel & Cream Cheese 9:00AM-10:00AM</p> <p>Quality Nursing: Home Healthcare Options 10:00AM</p> <p>Meet and Greet w/ Neurogenx: Provides shoes for Neuropathic Illnesses 2:00PM-4:00PM</p> <p>RTC Bus Pass Distribution The 3:00PM-4:00PM</p>	<p>27 Coffee & Donut Dippers 9:00AM-10:00AM</p> <p>Volleyball Workout - Gym 10:30AM-11:30AM</p> <p>Game Day! Spades & Snacks: In the Common Area 3:00PM-4:00PM</p>	<p>28 Coffee & Hot Cocoa Bar W/ Toppings 9:00AM-10:00AM</p> <p>Melody Garden Club 11:00AM- 12:00PM</p> <p>CLSN Open Office Hours: Bring Me Your Suggestions & Ideas! 3:00PM-4:00PM</p>	<p>29 Coffee W/ Fruit Butter & Syrup 9:00AM-10:00AM</p> <p>Calendar Distribution 11:00AM-12:00PM</p> <p>Fall Harvest Celebration Social 2:30PM- 4:00PM Loop Shopping Shuttle</p>	<p>30 Coffee & Cinnamon Rolls RTC Bus Passes 9:00AM- 10:00AM</p>  <p>Melody Bingo 11:00PM-12:00PM</p> <p>Afternoon Movie: Resident's Choice! Popcorn / Root Beer Float 2:00PM-3:30PM</p>

