

Heirloom Senior Apartments

October 2025

Coordinator Name: Destany

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NO ACTIVITIES TODAY	Please Remember to Sign up for Activities in the Activity Binder Located on the first floor Great Room under the T.V		1 Coffee and Fall Word Searches 9:00AM - 10:30AM Bingo with Caremore Primary Care Services 1:00PM - 2:30PM Let's Play Tic Tac Toe On Paper! Come Win a Prize 3:30PM – 4:30PM	2 Coffee Social Get to Know Your Neighbor 9:00AM - 10:30AM Art Club: Color Spooky Pages with Your Neighbors! 1:00PM - 2:30PM Come On Down & Join Me for An Afternoon Sandwhich! 3:30PM – 4:30PM	3 Coffee Social w/ Delicious Fruit Pastries 9:00AM - 10:30AM Let's Play Shuffleboard! 12:30PM - 1:30PM Spooky Afternoon Movie: <i>Halloween Town</i> w/ Snacks and Refreshments! 2:00PM – 4:00PM	4 Heirloom Market Shopping Times May Vary Bring your own bags/carts Sign Up Main Lobby: 9:00AM Shopping: 10:30AM – 12:30PM Walking Club: Let's Take a Stroll Wear Supportive Shoes. 2:00PM – 3:00PM
5 NO ACTIVITIES TODAY	6 NO ACTIVITIES TODAY	7 Coffee and Cereal Bars 9:00AM - 10:30AM Join Your Neighbors for a Slice of Pizza! 1:30PM - 2:30PM Let's Play Card Games w/ Your Neighbors 3:00PM – 4:00PM	8 Coffee and Conversation: Let's Talk About Current Events 9:00AM - 10:30AM Let's Enjoy a Spooky Drink and Play Board Games 1:00PM - 2:00PM Bingo w/ your Coordinator Destany, Come Win a Prize! 2:30PM – 3:30PM	9 Coffee and Spooky Crossword Puzzles 9:00AM - 10:30AM Art Club: Let's Paint Wooden Witch Hats! 1:30PM - 2:30PM Join Your Neighbors for a Slice of Pie with Whipped Cream! 3:00PM – 4:00PM	10 Coffee and Spooky Wordsearches 9:00AM - 10:30AM Come Enjoy Cookies w/ Your Neighbors! 1:00PM - 2:00PM Spooky Afternoon Movie: <i>Beetlejuice</i> /w Snacks and Refreshments! 2:00PM – 4:00PM	11 Coffee Social w/ Brain Teasers 9:00AM - 10:30AM Walking Club: Let's Take a Stroll Around the Property! Please Wear Supportive Shoes 11:30AM - 12:30PM Join Me for Some Coloring Fun! 2:30PM – 3:30PM

12 NO ACTIVITIES TODAY	13 NO ACTIVITIES TODAY	14 Coffee and Variety Muffins 9:00AM - 10:30AM Book Club: Bring Down Your Favorite Novel to Share with Your Neighbors 1:30PM - 2:30PM Let’s Do Puzzles and Listen to Calming Music 3:00PM – 4:00pm	15 Coffee and Bring Down your Old Photos w/ Neighbors 9:00AM - 10:30AM Sikora Group: Discuss Coverage Options & Notice of Changes. Sandwiches, Chips and Refreshments Provided. 2:00PM – 4:00PM	16 Coffee and Butter Croissants 9:00AM - 10:30AM Chair Stretching and Balancing w/ Aging is cool 10:30AM – 11:30AM Come Down & Enjoy Fruit Parfaits w/ Your Neighbors 2:30PM – 3:30PM	17 Coffee, Breakfast Bars & Fall Crosswords 9:00AM - 10:30AM Roseman Health Fair 11:00AM – 1:00PM Shuffleboard Competition: Winner Gets a Prize! 3:00PM – 4:00PM	18 Coffee Social w/ Music 9:00AM - 10:30AM Walking Club: Let’s Take a Stroll Around the Property! Please Wear Supportive Shoes 11:30AM – 12:30PM Jewelry Club: Let’s Make Beaded Bracelets! 2:30PM – 3:30PM
19 NO ACTIVITIES TODAY	20 NO ACTIVITIES TODAY	21 Coffee Social and Pumpkin Coloring Sheets 9:00AM - 10:30AM No Afternoon Activities!	22 Coffee, Fruit and Relaxing Music 9:00AM - 10:30AM Bring your Favorite Game to Play w/ Your Neighbors 1:30PM – 2:30PM Join Me for a Fruit Smoothie! 3:00PM – 4:00PM	23 Coffee Social & Doughnuts! 9:00AM - 10:30AM Let’s Play Cards w/ Your Neighbors 1:30PM – 2:30PM Let’s Have an Oreo Milkshake! 3:00PM – 4:00PM	24 Coffee Social & Breakfast Sandwiches 9:00AM - 10:30AM Fall Coloring Pages and Snacks 11:30AM-12:30PM Spooky Afternoon Movie: <i>Hubie Halloween</i> /w Snacks and Refreshments! 2:00PM – 4:00PM	25 Coffee and Muffins 9:00AM - 10:30AM Walking Club: Let’s Take a Stroll Wear Supportive Shoes. 11:30AM – 12:30PM Let’s Enjoy Fruit Cups with Neighbors 3:00PM – 4:00PM
26 If you have any questions, please call your Resident Services Coordinator at (702) 990-2398 Monday – Friday 9:00AM – 5:00PM	27 NO ACTIVITIES TODAY	28 Heirloom Market Shopping Times May Vary Bring your own bags/carts Sign Up Main Lobby: 9:00AM Shopping: 10:30AM –12:30PM Tech Class: <i>Bring your Phones or Laptops down and ask your coordinator any questions!</i> 3:00PM-4:00PM	29 Coffee Social and Blueberry Muffins 9:00AM - 10:30AM Let’s Play Giant Connect 4! Winner Gets a Prize! 1:30PM – 2:30PM Walking Club: Let’s Take a Stroll Around the Property! Please Wear Supportive Shoes 3:00PM – 4:00PM	30 Coffee and Cheesy Scrambled Eggs 9:00AM - 10:30AM Nurses Care Hospice and Ideal Health Medical Services Lunch and Learn 1:00PM – 2:00PM Cooking Club Lets Share Some Recipes! 3:00PM – 4:00PM	31 Coffee & Scary Wordsearches 9:00AM - 10:30AM Fall Festival Birthday Bash with Spooky Treats and Music! Best Costume Wins a Prize! 2:00PM – 4:00PM	