Harmony Senior Apartments

Coordinator Name: Megan

October 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Loop Shuttles Are Every Wednesday	**Please Remember to Sign up for Activities in the Activity Binder Located on the first floor Great Room under the T.V**			**1** Coffee Social & Golden Oldies **9:00 AM – 10:00 AM** Medicare and Tacos w/ SBI Benefits! Come Learn About Your Coverage! **11:00 AM – 12:00 PM** Coverall Dice Game! New Players Welcome! **2:00 PM – 3:00 PM**	**2** Coffee Social & Coloring Pages **9:00 AM – 10:00 AM** Name That Tune! Test Your Music Knowledge! **11:00 AM – 12:00 PM** Helping Hands! Pickup in Lobby! Will Call Upon Arrival **2:00 PM – 4:00 PM**	**3** Coffee Social & Question of The Day **9:00 AM – 10:00 AM** Free Paint on Canvas! **11:00 AM – 12:00 PM** Let's Play Heads Up! New Players Welcome! **2:00 PM – 3:00 PM**
NO ACTIVITIES TODAY	**NO ACTIVITIES TODAY**	**6** Harmony Market Sign – In Starts: **9:30 AM** Harmony Market Supplemental Food Program Please bring your own bag. No Waiting in the Lobby. **Signup Starts: 9:30 AM** **Market Begins: 11:00 AM** Root Beer Float Social! Come Hydrate and Chat **3:30 PM – 4:00 PM**	**7** Coffee Social & *Pancakes*! **9:00 AM – 10:00 AM** DIY Wellness: Create Your Own Rice Sock! **11:00 AM – 12:00 PM** Bingo w/ Megan! Come Win a Prize! **2:00 PM – 3:00 PM** ****Shopping Shuttle Day****	**8** Coffee Social & Book Discussion **9:00 AM – 10:00 AM** Taco Truck with Sikora Insurance Group! Come Learn About the Changes to Coverages. **10:00 AM** Resident Activity Meeting – November! **2:00 PM – 3:00 PM**	**9** Coffee Social & Joke of The Day **9:00 AM – 10:00 AM** Lunch w/ Your Neighbors: *Tater Tot Casserole* **12:00 PM – 1:00 PM** JFSA Senior Services: Come Learn About Our Senior Programs! **2:00 PM – 4:00 PM**	**10** Coffee Social & Country Music **9:00 AM – 10:00 AM** Let's Play Mexican Train Dominoes! New Players Welcome! **11:00 AM – 12:00 PM** Jewelry Club – Bracelets! **2:00 PM – 3:00 PM** ****Field Trip Day Please Be in Lobby by 8:45 AM****

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NO ACTIVITIES TODAY	**NO ACTIVITIES TODAY**	**13** Coffee Social & Travel Videos: *Peru* **9:00 AM – 10:00 AM** Let's Play: Quick Fire Team Game! New Players Welcome **11:00 AM – 12:00 PM** Stay Strong Fitness w/ Aging is Cool! **3:00 PM – 4:00 PM**	**14** Coffee Social & *Avocado Toast* **9:00 AM – 10:00 AM** Let's Play: Yes or No Game! New Players Welcome! **11:00 AM – 12:00 PM** Bingo w/ Megan! Come Win a Prize! **2:00 PM – 3:00 PM** ****Shopping Shuttle Day****	**15** Coffee Social & Word Searches **9:00 AM – 10:00 AM** DIY Tote Bag Painting! Personalize Your Style! **11:00 AM – 12:00 PM** Make Your Own Bookmark! Personalize Your Reading **2:00 PM – 3:00 PM**	**16** Coffee Social & Riddles **9:00 AM – 10:00 AM** Lunch w/ Your Neighbors: *Chicken & Rice Casserole* **12:00 PM – 1:00 PM** Trivia Hour w/ Megan! Come Test Your Skills **2:00 PM – 3:00 PM**	**17** Coffee Social & Crosswords **9:00 AM – 10:00 AM** Paint & Sip Hour! Come Relax and Paint **11:00 AM – 12:00 PM** Let's Play: Great Minds Think Alike Game! New Players Welcome! **2:00 PM – 3:00 PM**
Questions? Please Call Megan at (702) 990-2647 Tuesday – Saturday 9:00AM-5:00PM	**NO ACTIVITIES TODAY**	**20** Coffee Social & Fall Plans **9:00 AM – 10:00 AM** Let's Make Jar Lid Magnets! **11:00 AM – 12:00 PM** Chair Exercise w/ Seniorshape! **2:30 PM – 3:00 PM**	**21** Coffee Social & *Biscuits and Gravy Casserole* **9:00 AM – 10:00 AM** Let's Play Nerf Knockdown! Test Your Aim! **11:00 AM – 12:00 PM** Tie Dye! Personalize Your Style! **2:00 PM – 3:00 PM** ****Shopping Shuttle Day****	**22** Coffee Social & Card Games **9:00 AM – 10:00 AM** Harmony Game Day! *Dice Games!* **11:00 AM – 12:00 PM** Harmony Game Day! *Board Games!* **2:00 PM – 3:00 PM**	**23** Coffee Social & Conversation Cards **9:00 AM – 10:00 AM** Lunch w/ Your Neighbors: *Chicken Salad Sandwiches* **12:00 PM – 1:00 PM** Let's Play Scrabble! New Players Welcome! **2:00 PM – 3:00 PM**	**24** Coffee Social & This or That **9:00 AM – 10:00 AM** Let's Play Ping Pong Toss! How Well Can You Aim? **11:00 AM – 12:00 PM** October's Birthday Bash!! Come Eat, Drink & Be Merry! ****Potluck Encouraged**** **2:00 PM – 3:00 PM**

NO ACTIVITIES TODAY	**NO ACTIVITIES TODAY**	**27** Coffee Social & Goals for November **9:00 AM – 10:00 AM** Let's Play Charades! New Players Welcome! **11:00 AM – 12:00 PM** Stay Strong Fitness w/ Aging is Cool! **3:00 PM – 4:00 PM**	**28** Golden Groceries Food Program for Seniors Sign Up Starts **9:30 AM** Golden Groceries Senior Food Program. Bring Your Own Bag. No Waiting in the Lobby During Setup. **11:00 AM** Popsicle Social! Socialize w/ Sweet Treats! **3:30 PM – 4:00 PM** ****Shopping Shuttle Day****	**29** Coffee Social & Vaccines and Senior Services w/Nevada Senior Services. Come Check Out Their Programs! **9:00 AM – 11:00 AM** Let's Play Passwords! How Well Can You Work Together? **11:30 AM – 12:30 PM** Harmony's Fall Bash! Come Celebrate, Socialize, and Eat! Costume Contest w/ A Prize for Winner! ****Potluck Encouraged**** **2:00 PM – 3:00 PM**	**30** Coffee Social & Sudoku **9:00 AM – 10:00 AM** Lunch w/ Your Neighbors: Taco Soup & Cornbread **12:00 PM – 1:00 PM** Bingo w/ Megan! Come Win a Prize! **2:00 PM – 3:00 PM**	**31** Harmony Market Sign – In Starts: **9:30 AM** Harmony Market Supplemental Food Program Please bring your own bag. No Waiting in the Lobby. **Signup Starts: 9:30 AM** **Market Begins: 11:00 AM** Lemonade Refreshers Social! **3:30 PM – 4:00 PM**