

Harmony Senior Apartments

November 2025

Coordinator Name: Megan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Loop Shuttles Are Every Wednesday	Please Remember to Sign up for Activities in the Activity Binder Located on the first floor Great Room under the T.V					1 Coffee Social & Match the Phrase 9:00 AM – 10:00 AM Free Paint on Canvas 11:00 AM – 12:30 PM Bingo w/ Megan! Come Win a Prize! 3:00 PM – 4:00 PM
2 NO ACTIVITIES TODAY	3 NO ACTIVITIES TODAY	4 Coffee to Go and Market Signup 8:45 AM Harmony Market Please bring your own bag. No Waiting in the Lobby During Setup. 11:00 AM	5 Coffee Social & Coffee Trivia 9:00 AM – 10:00 AM Let’s Create a Gratitude Jar 11:00 AM – 12:00 PM Cornhole – Come Test Your Aim! 2:00 PM – 3:00 PM **Shopping Shuttle Day**	6 Coffee Social & Baked Cinnamon Apple Breakfast 9:00 AM – 10:30 AM Let’s Play Scrabble! 11:00 AM – 12:00 PM Ping Pong Toss Game – Come Win a Prize! 2:00 PM – 3:00 PM	7 Coffee Social & Word Scrambles 9:00 AM – 10:00 AM Nurses Care Hospice & Ideal Health Medical Services Lunch & Learn 1:00 PM – 2:00 PM Helping Hands Food Program for Seniors Will Call Upon Arrival. Please Pickup in Lobby. 2:00 PM – 4:00 PM	8 Coffee Social & Card Games 9:00 AM – 10:00 AM Lunch w/ Neighbors – Chicken Croissants 1:00 PM – 2:30 PM Virtual Aquarium Tour – Shedd’s Aquarium 3:00 PM – 4:00 PM

9	10	11	12	13	14	15
NO ACTIVITIES TODAY	NO ACTIVITIES TODAY	Coffee Social & Gratitude Wall 9:00 AM – 10:00 AM Free Paint on Canvas! 11:00 AM – 12:30 PM Cornhole! Come Test Your Aim! 2:00 PM – 3:00 PM	Coffee Social & Cozy Music 9:00 AM – 10:00 AM Ask Your Coordinator! Help Hour w/ Megan 11:00 AM – 12:00 PM Maxim Healthcare Services and AMG Hospice Bingo 1:00 PM – 2:00 PM **Shopping Shuttle Day**	Coffee Social & Cottage Cheese Bowls 9:00 AM – 10:30 AM Apple Cider & Fall Tunes on The Patio! 11:00 AM – 12:00 PM CLSN Talent Show w/ SBI Benefits – Sponsoring a \$50 Prize Basket for the Winner! 1:00 PM – 3:00 PM	Coffee Social & Word Searches 9:00 AM – 10:00 AM Mini Pumpkin Painting 11:00 AM – 12:30 PM Trivia w/ Megan! Come Test Your Knowledge! 2:00 PM – 3:00 PM	Coffee Social & Fall Coloring Pages 9:00 AM – 10:00 AM Lunch w/ Neighbors – Chicken Caesar Flatbread 1:00 PM – 2:30 PM Karaoke Hour! 3:00 PM – 4:00 PM **Harmony Field Trip Day! Botanical Gardens! Please Be in Lobby by 8:45 AM**
16	17	18	19	20	21	22
NO ACTIVITIES TODAY	NO ACTIVITIES TODAY	Coffee Social & Board Games 9:00 AM – 10:00 AM Chair Yoga w/ Aging is Cool! 10:00 AM – 11:00 AM Jewelry Club – Make a Necklace! **Monthly** 2:00 PM – 3:30 PM	Coffee Social & Brain Teasers 9:00 AM – 10:00 AM Chair Dancing w/ Megan! 11:00 AM – 11:30 AM Bingo w/ Megan! Come Win a Prize! 2:00 PM – 3:00 PM **Shopping Shuttle Day**	Coffee Social to Go! 9:00AM – 10:30AM Holiday Meal Pickup and Birthday Bash! Feel Free to Eat with Neighbors or take home to enjoy! 12:30PM – 3:30PM	Coffee Social & Breakfast Casserole! 9:00 AM – 10:30 AM Watercolor Painting on Canvas 11:00 AM – 12:30 PM	Coffee to Go and Market Signup 8:45 AM Harmony Market Please bring your own bag. No Waiting in the Lobby During Setup. 11:00 AM
23	24	25	26	27	28	29
If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Monday – Friday 9:00AM – 5:00PM	NO ACTIVITIES TODAY	Coffee Social & Crosswords 9:00 AM – 10:00 AM Card Club – Let’s Make Thanksgiving Cards! *Monthly* 11:00 AM – 12:30 PM Cornhole! Come Test Your Aim! 2:00 PM – 3:00 PM	Coffee To Go and Golden Groceries Sign Up 8:45 AM Golden Groceries Senior Food Program Bring Your Own Bag No Waiting in the Lobby During Setup. 11:00 AM **Shopping Shuttle Day**	CLSN AND OVATION OFFICE CLOSED TODAY DUE TO HOLIDAY	CLSN AND OVATION OFFICE CLOSED TODAY DUE TO HOLIDAY	Coffee Social & Create a Coffee Sign 9:00 AM – 10:00 AM Lunch w/ Neighbors – Tacos! 1:00 PM – 2:30 PM Karaoke Hour! 3:00 PM – 4:00 PM

