

Harmony Senior Apartments

Coordinator Name: Megan

January 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Loop Shuttles Are Every Wednesday	Please Remember to Sign up for Activities in the Activity Binder Located on the first floor Great Room under the T.V			CLSN AND OVATION OFFICE CLOSED TODAY DUE TO HOLIDAY	1 Coffee & New Year Resolutions 9:00 AM – 10:00 AM Karaoke Hour! 11:00 AM – 12:00 PM Helping Hands Food Program for Seniors. Will Call Upon Arrival. Please Pickup in Lobby. 2:00 PM – 4:00 PM	2 Coffee & Two Truths and A Lie 9:00 AM – 10:00 AM Let's Play Card Games: SkipBo! 11:00 AM – 12:00 PM Saturday Matinee Movie – <i>Ferris Bueller's Day Off</i> w/ Refreshments and Snacks 3:00 PM – 4:30 PM
4 NO ACTIVITIES TODAY	6 NO ACTIVITIES TODAY	Coffee & Coloring Pages 9:00 AM – 10:00 AM Card Making Club – Let's Make Appreciation Cards! 11:00 AM – 12:00 PM Balance & Brain Exercises w/Megan! 2:00 PM – 2:30 PM	7 Coffee & Trivia of The Day 9:00 AM – 10:00 AM CareSolutions of Southern Nevada: VA Benefits for Veterans and Widows Lunch and Learn 1:00 PM – 2:00 PM Come Play Ping Pong Toss w/ Your Neighbors! 3:00 PM – 4:00 PM **Shopping Shuttle Day**	8 Coffee & Breakfast Smoothies 9:00 AM – 10:00 AM Guided Paint and Sip **Non - Alcoholic** 11:00 AM – 12:00 PM Bingo w/Archwell Primary Care Services 1:00 PM – 2:00 PM	9 Coffee Social & Mug Sharing 9:00 AM – 10:00 AM Come Play Guess the Resident Clue Game w/ Your Neighbors! 11:00 AM – 12:00 PM Let's Play Caption This! 2:00 PM – 3:00 PM	10 Coffee & Question of The Day 9:00 AM – 10:00 AM Lunch Bunch: Come Enjoy Some Chili & Cornbread w/ Your Neighbors! 1:00 PM – 2:30 PM Saturday Matinee Movie – <i>Cast Away</i> w/ Refreshments and Snacks 3:00 PM – 4:30 PM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
11	NO ACTIVITIES TODAY	12	13 Coffee & New Year Crosswords 9:00 AM – 10:00 AM Let's Make A Snowflake! 11:00 AM – 12:00 PM Art Time! Let's Create a Snowflake Button 2:00 PM – 3:00 PM	14 Coffee & Oatmeal Bars 9:00 AM – 10:30 AM Come Play Jeopardy w/ Your Neighbors! 1:00 PM – 2:00 PM Game Time: Name That Tune! 3:00 PM – 4:00 PM **Shopping Shuttle Day**	15 Coffee to Go and Market Signup 8:45 AM Harmony Market Supplemental Food Program Please bring your own bag. No Waiting in the Lobby During Setup. Failure to Comply Will Result in Picking Last. 11:00 AM	16 Coffee & Jazz Music 9:00 AM – 10:00 AM Let's Play! You Be the Judge – Logic Game 11:00 AM – 12:00 PM Bingo w/Megan! Come Win a Prize! 2:00 PM – 3:00 PM	17 Coffee & Word Searches 9:00 AM – 10:00 AM Lunch Bunch: Come Enjoy Some Chicken Pot Pie Casserole w/ Your Neighbors 1:00 PM – 2:30 PM Saturday Matinee Movie – <i>Jaws</i> w/ Refreshments and Snacks 3:00 PM – 4:30 PM
18	NO ACTIVITIES TODAY	19	20 Coffee & Would You Rather? 9:00 AM – 10:00 AM Sikora Medicare Specialist PowerPoint Presentation: How to order your OTC/groceries and where to find Vision/Dental care 10:00 AM – 11:00 AM Life Through Art – Make Your Own Inspiration 2:00 PM – 3:00 PM	21 Coffee & Granola Bars 9:00 AM – 10:00 AM Tye Dye Crafts 11:00 AM – 12:00 PM Jewelry Club – Bracelets 2:00 PM – 3:00 PM **Shopping Shuttle Day**	22 Coffee & English Muffin Breakfast Sandwiches 9:00 AM – 10:30 AM Bingo with SBI Benefit's: Come Discuss Your Benefit Options and Win a Prize! 1:00 PM – 3:00 PM	23 Coffee & Decades Trivia 9:00 AM – 10:00 AM New Resident Meet & Greet – Come Meet Your Neighbors! 1:00 PM – 2:00 PM Let's Play Scrabble! 3:00 PM – 4:00 PM	24 Coffee & Instrumental Music 9:00 AM – 10:00 AM Lunch Bunch: Meatloaf & Mashed Potatoes 1:00 PM – 2:30 PM Saturday Matinee Movie – <i>Resident's Choice</i> w/ Refreshments and Snacks 3:00 PM – 4:30 PM
25 If you have any questions, please call your Resident Services Coordinator at (702) 990-2647 Monday – Friday between 9:00AM – 5:00PM	26 NO ACTIVITIES TODAY	27 Coffee Social & Toast 9:00 AM – 10:00 AM Pass the Parcel – Movement Game! 11:00 AM – 12:00 PM Let's Play – The Price is Right! 2:00 PM – 3:00 PM	28 Coffee To Go and Golden Groceries Sign Up 8:45 AM Golden Groceries Senior Food Program Bring Your Own Bag No Waiting in the Lobby During Setup. 11:00 AM **Shopping Shuttle Day**	29 Coffee & Sudoku Puzzles 9:00 AM – 10:00 AM Chair Yoga w/ Megan! 11:00 AM – 11:30 AM January Birthday Bash! Fun, Food, Drinks, and Friends! **Potluck Encouraged** 2:00 PM – 3:00 PM	30 Coffee & Conversation Cards 9:00 AM – 10:00 AM Giant Connect Four Tournament! Come Win a Prize! 11:00 AM – 12:00 PM Winter Wreath Decorating 2:00 PM – 3:00 PM	31 Coffee to Go and Market Signup 8:45 AM Harmony Market Please bring your own bag. No Waiting in the Lobby During Setup. No Waiting in the Lobby During Setup. Failure to Comply Will Result in Picking Last. 11:00 AM	

