

# Harmony Senior Apartments

## Coordinator Name: Megan

# February 2026

| SUNDAY   | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY  |
|--|---|--|--|--|--|---|
| <b>Loop Shuttles<br/>Are Every<br/>Wednesday</b> | <b>Please<br/>Remember to<br/>Sign up for<br/>Activities in the<br/>Activity Binder<br/>Located on the<br/>first floor Great<br/>Room under the<br/>T.V</b> | 3<br>Coffee & Groundhog Day Results<br><b>9:00 AM – 10:00 AM</b><br><br>Karaoke Hour<br><b>11:00 AM – 12:00 PM</b><br><br>Groundhog Day Trivia<br><b>2:00 PM – 3:00 PM</b>                                 | 4<br>Coffee & Golden Oldies Music<br><b>9:00 AM – 10:00 AM</b><br><br>Giant Connect 4 Tournament<br><b>11:00 AM – 12:00 PM</b><br><br>Bingo w/ Your Coordinator<br>Megan!<br><b>2:00 PM – 3:00 PM</b><br><br><b>**Shopping Shuttle Day**</b>     | 5<br>Coffee & Bagel Bar Breakfast<br><b>9:00 AM – 10:30 AM</b><br><br>Sit & Be Fit Chair Exercise w/<br>Megan<br><b>11:00 AM – 11:30 AM</b><br><br>Bingo w/Archwell Primary<br>Care Services<br><b>1:00 PM – 2:00 PM</b>   | 6<br>Coffee & Valentine's Word<br>Searches<br><b>9:00 AM – 10:00 AM</b><br><br>Who Am I? Famous Couples<br>Edition<br><b>11:00 AM – 12:00 PM</b><br><br>Helping Hands Food Program<br>for Seniors.<br><b>Will Call Upon Arrival.<br/>Please Pickup in Lobby.<br/>2:00 PM – 4:00 PM</b> | 7<br>Coffee & Card Games<br><b>9:00 AM – 10:00 AM</b><br><br>Valentine's Trivia Hour<br><b>11:00 AM – 12:00 PM</b><br><br>Paint & Sip – Tree of Hearts<br><b>2:00 PM – 3:00 PM</b>          |
| <b>NO ACTIVITIES<br/>TODAY</b>                   | <b>NO ACTIVITIES<br/>TODAY</b>  | 10<br>Coffee & Crosswords<br><b>9:00 AM – 10:00 AM</b><br><br>Sit & Be Fit Chair Exercise w/<br>Megan<br><b>11:00 AM – 11:30 AM</b><br><br>Bingo w/ Your Coordinator<br>Megan!<br><b>2:00 PM – 3:00 PM</b> | 11<br>Coffee & Valentine's Pancakes<br><b>9:00 AM – 10:30 AM</b><br><br>Valentine's Card Making –<br>Monthly Card Club<br><b>11:00 AM – 12:00 PM</b><br><br>Jeopardy w/ Megan<br><b>2:00 PM – 3:00 PM</b><br><br><b>**Shopping Shuttle Day**</b> | 12<br>Harmony Market Sign – In<br>Starts:<br><b>8:45 AM</b><br><br>Harmony Market Supplemental<br>Food Program<br>Please bring your own bag.<br><b>No Waiting in the Lobby<br/>During Setup. Failure to<br/>Comply Will Result in<br/>Picking Last.<br/>11:00 AM</b> | 13<br>Coffee & Question of The Day<br><b>9:00 AM – 10:00 AM</b><br><br>Lunch Bunch: Come Enjoy<br>Some Lasagna w/ Your<br>Neighbors<br><b>1:00 PM – 2:30 PM</b><br><br>Name That Tune<br><b>3:00 PM – 4:00 PM</b>  | 14<br>Coffee & Granola Bars<br><b>9:00 AM – 10:00 AM</b><br><br>Monthly Jewelry Club –<br>Bracelets<br><b>11:00 AM – 12:00 PM</b><br><br>Valentine's Day Social<br><b>2:00 PM – 3:30 PM</b> |

|  |                            |  |  |   |   |   |
|--|----------------------------|--|--|---|---|---|
| <b>NO ACTIVITIES TODAY</b>   | <b>NO ACTIVITIES TODAY</b> | 17   | 18   | 19  | 20  | 21  |
|  |                            | Coffee Social & Toast<br><b>9:00 AM – 10:00 AM</b>                 | Coffee & Calming Music<br><b>9:00 AM – 10:00 AM</b>  | Coffee & Muffin Breakfast<br><b>9:00 AM – 10:30 AM</b>  | Coffee & Story Sharing<br><b>9:00 AM – 10:00 AM</b>                                       | Coffee & Picture Swap<br><b>9:00 AM – 10:00 AM</b>  |
|  |                            | Create a Valentine's Windsock<br><b>11:00 AM – 12:00 PM</b>        | “Mindfulness for Mental Health,” hosted by CareMore Health and Alignment Health. Snacks and Refreshments Provided.<br><b>10:00 AM – 11:00 AM</b> | Las Vegas Trivia Hour<br><b>11:00 AM – 12:00 PM</b>   | Lunch Bunch: Come Enjoy Some Grilled Cheese w/ Your Neighbors<br><b>1:00 PM – 2:30 PM</b> | Finish The Phrase<br><b>11:00 AM – 12:00 PM</b>   |
|  |                            | Tie Dye Crafts<br><b>2:00 PM – 3:00 PM</b>                         | Bingo w/ Your Coordinator Megan!<br><b>2:00 PM – 3:00 PM</b>   | Cornhole! Come Test Your Aim!<br><b>2:00 PM – 3:00 PM</b>   | Make a Valentine's Banner!<br>*Will Be Up For Birthday Bash*<br><b>3:00 PM – 4:00 PM</b>  | Nerf Knockdown<br><b>2:00 PM – 3:00 PM</b>  |
|  |                            |  | <b>**Shopping Shuttle Day**</b>  |   |   |   |
| <b>If you have any questions, please call your Resident Services Coordinator at (702) 990-2647 Monday – Friday between 9:00AM – 5:00PM</b> | <b>NO ACTIVITIES TODAY</b> | 24   | 25   | 26  | 27  | 28  |
|  |                            | Coffee & Coloring Pages<br><b>9:00 AM – 10:00 AM</b>               | Golden Groceries Sign Up Starts<br><b>8:45 AM</b>  | Coffee & Share Your Favorite Quote<br><b>9:00 AM – 10:00 AM</b>   | Coffee & Jazz Music<br><b>9:00 AM – 10:00 AM</b>  | Harmony Market Sign – In Starts:<br><b>8:45 AM</b>  |
|  |                            | Sit & Be Fit Chair Exercise w/ Megan<br><b>11:00 AM – 11:30 AM</b> | Golden Groceries Senior Food Program Bring Your Own Bag  | Let's Play Charades!<br><b>11:00 AM – 12:00 PM</b>  | Let's Play Board Games – Pokeno<br><b>11:00 AM – 12:00 PM</b>                             | Harmony Market Supplemental Food Program Please bring your own bag.                                     |
|  |                            | Craft w/ Air Dry Clay<br><b>2:00 PM – 3:00 PM</b>                  | No Waiting in the Lobby During Setup.<br><b>11:00 AM</b>   | February Birthday Bash! Fun, Food, Drinks, and Friends! <b>**Potluck Encouraged**</b><br><b>2:00 PM – 3:00 PM</b> | *Activities End at 12 – Coordinator Has Staff Meeting*                                    | No Waiting in the Lobby During Setup. Failure to Comply Will Result in Picking Last.<br><b>11:00 AM</b> |
|  |                            |  | <b>**Shopping Shuttle Day**</b>  |   |   |   |

**Leasing Office:** 4200 N Tenaya Wy, Las Vegas NV 89129 **Phone:** (702) 990-2647 **Office Hours:** Daily 9:00 AM – 5:00 PM **Preventative Measures Security:** (702) 489-1588