

Harmony Senior Apartments

Coordinator Name: Megan

February 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Loop Shuttles Are Every Wednesday</div>	<div>Please Remember to Sign up for Activities in the Activity Binder Located on the first floor Great Room under the T.V</div>	<div>3</div> <div>Coffee & Groundhog Day Results 9:00 AM – 10:00 AM</div> <div>Karaoke Hour 11:00 AM – 12:00 PM</div> <div>Groundhog Day Trivia 2:00 PM – 3:00 PM</div>	<div>4</div> <div>Coffee & Golden Oldies Music 9:00 AM – 10:00 AM</div> <div>Giant Connect 4 Tournament 11:00 AM – 12:00 PM</div> <div>Bingo w/ Your Coordinator Megan! 2:00 PM – 3:00 PM</div> <div>**Shopping Shuttle Day**</div>	<div>5</div> <div>Coffee & Bagel Bar Breakfast 9:00 AM – 10:30 AM</div> <div>Sit & Be Fit Chair Exercise w/ Megan 11:00 AM – 11:30 AM</div> <div>Bingo w/Archwell Primary Care Services 1:00 PM – 2:00 PM</div>	<div>6</div> <div>Coffee & Valentine’s Word Searches 9:00 AM – 10:00 AM</div> <div>Who Am I? Famous Couples Edition 11:00 AM – 12:00 PM</div> <div>Helping Hands Food Program for Seniors. Will Call Upon Arrival. Please Pickup in Lobby. 2:00 PM – 4:00 PM</div>	<div>7</div> <div>Coffee & Card Games 9:00 AM – 10:00 AM</div> <div>Valentine’s Trivia Hour 11:00 AM – 12:00 PM</div> <div>Paint & Sip – Tree of Hearts 2:00 PM – 3:00 PM</div>
<div>NO ACTIVITIES TODAY</div>	<div>NO ACTIVITIES TODAY</div>	<div>10</div> <div>Coffee & Crosswords 9:00 AM – 10:00 AM</div> <div>Sit & Be Fit Chair Exercise w/ Megan 11:00 AM – 11:30 AM</div> <div>Bingo w/ Your Coordinator Megan! 2:00 PM – 3:00 PM</div>	<div>11</div> <div>Coffee & Valentine’s Pancakes 9:00 AM – 10:30 AM</div> <div>Valentine’s Card Making – Monthly Card Club 11:00 AM – 12:00 PM</div> <div>Jeopardy w/ Megan 2:00 PM – 3:00 PM</div> <div>**Shopping Shuttle Day**</div>	<div>12</div> <div>Harmony Market Sign – In Starts: 8:45 AM</div> <div>Harmony Market Supplemental Food Program Please bring your own bag. No Waiting in the Lobby During Setup. Failure to Comply Will Result in Picking Last. 11:00 AM</div>	<div>13</div> <div>Coffee & Question of The Day 9:00 AM – 10:00 AM</div> <div>Lunch Bunch: Come Enjoy Some Lasagna w/ Your Neighbors 1:00 PM – 2:30 PM</div> <div>Name That Tune 3:00 PM – 4:00 PM</div>	<div>14</div> <div>Coffee & Granola Bars 9:00 AM – 10:00 AM</div> <div>Monthly Jewelry Club – Bracelets 11:00 AM – 12:00 PM</div> <div>Valentine’s Day Social 2:00 PM – 3:30 PM</div>

<p>NO ACTIVITIES TODAY</p>	<p>NO ACTIVITIES TODAY</p>	<p>17</p> <p>Coffee Social & Toast 9:00 AM – 10:00 AM</p> <p>Create a Valentine’s Windsock 11:00 AM – 12:00 PM</p> <p>Tie Dye Crafts 2:00 PM – 3:00 PM</p>	<p>18</p> <p>Coffee & Calming Music 9:00 AM – 10:00 AM</p> <p>“Mindfulness for Mental Health,” hosted by CareMore Health and Alignment Health. Snacks and Refreshments Provided. 10:00 AM – 11:00 AM</p> <p>Bingo w/ Your Coordinator Megan! 2:00 PM – 3:00 PM</p> <p>**Shopping Shuttle Day**</p>	<p>19</p> <p>Coffee & Muffin Breakfast 9:00 AM – 10:30 AM</p> <p>Las Vegas Trivia Hour 11:00 AM – 12:00 PM</p> <p>Cornhole! Come Test Your Aim! 2:00 PM – 3:00 PM</p>	<p>20</p> <p>Coffee & Story Sharing 9:00 AM – 10:00 AM</p> <p>Lunch Bunch: Come Enjoy Some Grilled Cheese w/ Your Neighbors 1:00 PM – 2:30 PM</p> <p>Make a Valentine’s Banner! *Will Be Up For Birthday Bash* 3:00 PM – 4:00 PM</p>	<p>21</p> <p>Coffee & Picture Swap 9:00 AM – 10:00 AM</p> <p>Finish The Phrase 11:00 AM – 12:00 PM</p> <p>Nerf Knockdown 2:00 PM – 3:00 PM</p>
<p>If you have any questions, please call your Resident Services Coordinator at (702) 990-2647 Monday – Friday 9:00AM – 5:00PM</p>	<p>NO ACTIVITIES TODAY</p>	<p>24</p> <p>Coffee & Coloring Pages 9:00 AM – 10:00 AM</p> <p>Sit & Be Fit Chair Exercise w/ Megan 11:00 AM – 11:30 AM</p> <p>Craft w/ Air Dry Clay 2:00 PM – 3:00 PM</p>	<p>25</p> <p>Golden Groceries Sign Up Starts 8:45 AM</p> <p>Golden Groceries Senior Food Program Bring Your Own Bag No Waiting in the Lobby During Setup. 11:00 AM</p> <p>**Shopping Shuttle Day**</p>	<p>26</p> <p>Coffee & Share Your Favorite Quote 9:00 AM – 10:00 AM</p> <p>Let’s Play Charades! 11:00 AM – 12:00 PM</p> <p>February Birthday Bash! Fun, Food, Drinks, and Friends! **Potluck Encouraged** 2:00 PM – 3:00 PM</p>	<p>27</p> <p>Coffee & Jazz Music 9:00 AM – 10:00 AM</p> <p>Let’s Play Board Games – Pokeno 11:00 AM – 12:00 PM</p> <p>*Activities End at 12 – Coordinator Has Staff Meeting*</p>	<p>28</p> <p>Harmony Market Sign – In Starts: 8:45 AM</p> <p>Harmony Market Supplemental Food Program Please bring your own bag. No Waiting in the Lobby During Setup. Failure to Comply Will Result in Picking Last. 11:00 AM</p>