

Harmony Senior Apartments

October 2025

Coordinator Name: Megan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Shopping Loop Shuttles Every Wednesday			1 Coffee and Decades Trivia 9:00 AM – 10:00 AM Come Enjoy Baked Mac and Cheese with Neighbors 1:00 PM – 2:30 PM Mindful Breathing & Relaxation Exercise 3:00 PM – 3:30 PM ** Shopping Shuttle Day**	2 Coffee and Avocado Toast Breakfast 9:00 AM – 10:30 AM Join Your Coordinator For Chair Stretching with Relaxing Music 11:00 AM – 11:30 AM Bingo with your Coordinator Megan! Come Win a Prize! 2:00 PM – 3:00 PM	3 Coffee w/ Word Search Puzzles 9:00 AM – 10:00 AM Helping Hands Food Program For Seniors Will Call Upon Arrival. Please Pickup in Lobby. 2:00 PM – 4:00 PM	4 Coffee and Brain Teasers 9:00 AM – 10:00 AM Come Free Paint on Canvas! 11:00 AM – 12:30 PM Spooky Afternoon Movie: <i>Hocus Pocus</i> w/ Snacks and Refreshments! 2:00 PM – 4:00 PM
5 NO ACTIVITIES TODAY	6 NO ACTIVITIES TODAY	7 Coffee and Would You Rather? 9:00 AM – 10:00 AM Aquafit/Water Aerobics with Aging is Cool 11:00 AM – 12:00 PM Arts and Crafts: Let’s Make Leaf/Flower Pressing Art 2:00 PM – 3:30 PM	8 Coffee and Card Games 9:00 AM – 10:00 AM Come Enjoy Egg Salad Sandwiches with Neighbors 1:00 PM – 2:30 PM Let’s Play Corn Hole 3:00 PM – 4:00 PM ** Shopping Shuttle Day**	9 Coffee & Fruit Salad Breakfast 9:00 AM – 10:30 AM Spelling Bee Competition! Win a Prize 11:00 AM – 12:00 PM Chair Dancing with Megan 2:00 PM – 2:30 PM	10 Coffee and Crossword Puzzles 9:00 AM – 10:00 AM Let’s Play Name That Flavor – Tasting Game 11:00 AM – 12:00 PM Bingo with your Coordinator Megan! Come Win a Prize! 2:00 PM – 3:00 PM	11 Coffee and Fall Coloring Pages 9:00 AM – 10:00 AM Let’s Sing! Join Your Coordinator for Karaoke Hour 11:00 AM – 12:00 PM Spooky Afternoon Movie: <i>Hocus Pocus 2</i> w/ Snacks and Refreshments! 2:00 PM – 4:00 PM

12 NO ACTIVITIES TODAY	13 NO ACTIVITIES TODAY	14 Coffee, Puzzles and Relaxing Nature Sounds 9:00 AM – 10:00 AM Chair Yoga with Aging is Cool 11:00 AM – 12:00 PM Join Us for a Popsicle Palooza 2:00 PM – 3:00 PM	15 Coffee & Board Games 9:00 AM – 10:00 AM Tacos with SBI Benefit’s Alicia Arevalo: Come Discuss Your Benefit Options 11:00 AM – 1:00 PM Bingo w/Archwell Primary Care Services 3:00 PM – 4:00 PM ** Shopping Shuttle Day**	16 Coffee and Oatmeal Bar Breakfast 9:00 AM – 10:30 AM Giant Connect 4 Tournament! Come Win a Prize! 11:00 AM – 12:00 PM Sikora Group: Discuss your Health Coverage Options & Notice of Changes. Sandwiches, Chips and Refreshments Provided. 2:00 PM – 4:00 PM	17 Coffee to Go and Market Signup 8:45 AM Harmony Market Please bring your own bag. No Waiting in the Lobby During Setup. 11:00 AM	18 Coffee and Riddles 9:00 AM – 10:00 AM Virtual Museum Tour – The Louvre in Paris 11:00 AM – 12:00 PM Spooky Afternoon Movie: <i>Ghostbusters</i> w/ Snacks and Refreshments! 2:00 PM – 4:00 PM
19 NO ACTIVITIES TODAY	20 NO ACTIVITIES TODAY	21 Coffee and Card Games 9:00 AM – 10:00 AM Jewelry Club: Let’s Make Beaded Bracelets *Will Be Monthly* 11:00 AM – 12:00 PM Preferred Concierge Consultants: “Aging in Peace” Lunch and Learn w/ Prizes! 1:00 PM – 2:00 PM	22 Coffee To Go and Golden Groceries Sign Up 8:45 AM Golden Groceries Senior Food Program Bring Your Own Bag No Waiting in the Lobby During Setup. 11:00 AM ** Shopping Shuttle Day**	23 Coffee w/ Scrambled Eggs Breakfast 9:00 AM – 10:30 AM Bingo with Your Coordinator Megan! Come Win a Prize! 11:00 AM – 12:00 PM Let’s Enjoy a Tasting Session – Nostalgic Flavors 2:00 PM – 3:00 PM	24 Coffee and Holiday Trivia 9:00 AM – 10:00 AM Giant Connect 4 Tournament! Come Win a Prize! 11:00 AM – 12:00 PM Let’s Play Cornhole! Come Test Your Aim! 3:00 PM – 4:00 PM	25 Coffee and Finish the Phrase Game 9:00 AM – 10:00 AM Come Enjoy Spaghetti & Meat Sauce with Neighbors 11:30 AM – 1:00 PM Spooky Afternoon Movie: <i>Beetlejuice</i> w/ Snacks and Refreshments! 2:00 PM – 4:00 PM

26	27	28	29	30	31	
If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Monday – Friday between 9:00AM – 5:00PM	NO ACTIVITIES TODAY	Coffee and Banana Bread 9:00 AM – 10:30 AM Smoothies and Bring Down Your Old Photos! 11:30 AM – 12:30 PM Seasonal Wreath Making 2:00 PM – 3:30 PM	Coffee, Word Puzzles and Relaxing Music 9:00 AM – 10:00 AM Come Enjoy Chicken and Rice Casserole w/ Neighbors 1:00 AM – 2:30 PM Bingo with Your Coordinator Megan! Come Win a Prize! 3:00 PM – 4:00 PM	Coffee to Go and Market Signup 8:45 AM Harmony Market Please bring your own bag. No Waiting in the Lobby During Setup. 11:00 AM	Coffee and Board Games 9:00 AM – 10:00 AM Octobers “BOO”-thday Bash! Food and Refreshments Provided Wear Your Costumes! Best Costume Wins a Prize! 2:00 PM – 3:30 PM	

Leasing Office: 4200 N Tenaya Way Las Vegas NV 89129 **Phone:** (702) 990-2647 **Office Hours:** Daily 9:00 AM – 5:00 PM **Preventative Measures Security:** (702) 489-1588