









# NOVEMBER 2024

## Harmony Senior Apartments



COORDINATOR: DENISE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>If you have any questions, please call your Resident Services Coordinator at (702) 990-2784 Tuesday – Saturday between 9:00AM – 5:00PM</p>					<p><sup>1</sup> <u>Coffee &amp; Brain Teasers</u> 9:00AM-10:00AM</p> <p><b>Helping Hands</b> <i>*Will deliver upon arrival*</i> <i>*Shopping Times May Vary!*</i> 10:00pm – 12:00pm</p>	<p><sup>2</sup> <u>Coffee &amp; Brain Teasers</u> 9:00AM-10:00AM</p> <p><u>Color Club: Let's Color Animals!</u> 11:00 – 12:00</p> <p><u>CHAIR VOLLEYBALL!</u> <u>Bldg. 1 – Main Lobby</u> 2:00PM-3:00PM</p>
<p><sup>3</sup> <u>Don't Forget to Set Your Clocks Back!</u></p> 	<p><sup>4</sup> National Candy Day</p> 	<p><sup>5</sup> <u>Coffee, Muffins, &amp; Current Events</u> 9:00AM-10:00AM</p> <p><b>Aging is Cool: Chair Yoga w/ Brooke W.</b> 1:00PM-2:00PM</p> <p><u>Coordinator Hour: Bring Me Your Suggestions!</u> 3:00PM – 4:00PM</p>	<p><sup>6</sup> <u>Coffee &amp; Convo: Let's Discuss Sci-Fi!</u> 9:00AM-10:00AM</p> <p><u>Let's Play Some Games!</u> 11:00AM- 12:00PM</p> <p><u>Arts &amp; Snacks: Let's Sketch!</u> 3:00PM-4:00PM</p>	<p><sup>7</sup> <u>Coffee &amp; Brain Teasers</u> 9:00AM-10:00AM</p> <p><u>Coloring Club: Jungle Theme</u> 11:00AM- 12:00PM</p>  <p><i>Bldg. 2-3<sup>rd</sup> Floor</i> 2:00PM-3:00PM</p>	<p><sup>8</sup> <u>Coffee W/Pancakes Butter &amp; Syrup</u> 9:00AM-10:00AM</p> <p><u>Art Session: Let's Make Thank You Cards!</u> 1:00AM- 12:00PM</p> <p><u>Afternoon Movie: Popcorn &amp; Root Beer Float</u> <b>RESIDENT'S CHOICE!</b> 2:00PM-3:30PM</p>	<p><sup>9</sup> <u>Coffee &amp; Convo: Favorite Food!</u> 9:00AM-10:00AM</p> <p><b>Harmony Market</b> <i>*Bring your own bags*</i> <i>*Shopping times may*</i> 10AM-12PM</p> <p><u>CHAIR VOLLEYBALL!</u> <u>Bldg. 1 – Main Lobby</u> 2:00PM-3:00PM</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10 <b>National Sesame Street Day</b></p> 	<p>11 <b>National Sundae Day</b></p> 	<p>12 <b>Coffee &amp; Convo: Let's Talk Music!</b> 9:00AM</p> <p><b>Golden Groceries</b> Whole Building 10AM-12PM <i>TIMES MAY VARY!</i></p> <p><i>*Must pick up from Common Area*</i></p>	<p>13 <b>Coffee &amp; Hot Cocoa Bar W/ Toppings</b> 9:00AM-10:00AM</p>  <p><b>Bingo W/ Archwell</b> 10:00AM- 12:00PM</p> <p><b>Spa Time: Relaxing Music, Word Find, &amp; Snacks</b> 3:00PM-4:00PM</p>	<p>14 <b>Coffee: Let's Talk Movies</b> 9:00AM-10:00AM</p> <p><b>Harmony Market</b> <i>*Bring your own bags*</i> <i>*Shopping times may*</i> 10AM-12PM</p> <p><b>Sikora Team Pie Giveaway! Please sign up with Denise!</b> 12PM-2PM</p>	<p>15 <b>Coffee: Let's Talk Pets!</b> 9:00AM-10:00AM</p> <p><b>Art Session: Let's Make Thank You Cards!</b> 11:00AM- 12:00PM</p>  <p><i>Bldg. 2-3<sup>rd</sup> Floor</i> 2:00PM-3:00PM</p>	<p>16 <b>Coffee &amp; Cinnamon Rolls</b> 9:00AM- 10:00AM</p> <p><b>Come Stay Warm! Chili &amp; Cornbread</b> 11:00AM-12:30PM</p> <p><b>CHAIR VOLLEYBALL!</b> <b>Bldg. 1 – Main Lobby</b> 2:00PM-3:00PM</p>
<p>17 <b>National Homemade Bread Day!</b></p> 	<p>18 <b>National Mickey Mouse Day</b></p> 	<p>19 <b>Coffee &amp; Fruit Parfait, and Current Events</b> 9:00AM-10:00AM</p> <p><b>Coloring Club: Let's Color Food!</b> 11:00AM-12:00PM</p> <p><b>Crossword Puzzles &amp; Conversations</b> 3:00PM-4:00PM</p>	<p>20 <b>Coffee &amp; Convo: Favorite Thanksgiving Memory!</b> 9:00AM-10:00AM</p> <p><b>Nov. Birthday Bash: Bingo W/ Lunch &amp; Dessert</b> 2:00PM-3:30PM</p> 	<p>21 <b>Coffee: Let's Talk Sci-Fi!</b> 9:00AM-10:00AM</p> <p><b>Harmony Market</b> <i>*Bring your own bags*</i> <i>*Shopping times may*</i> 10AM-12PM</p>	<p>22 <b>Coffee &amp; Fruit Danish Brain Teasers</b> 9:00AM-10:00AM</p> <p><b>Art: Let's Color Scenery!</b> 11:00AM-12:00PM</p> <p><b>Afternoon Movie w/ Snacks: Resident's Choice!</b> 2:00PM-3:30PM</p>	<p>23 <b>Coffee &amp; Breakfast Bars</b> 9:00AM- 10:00AM</p> <p><b>Let's Make Lunch: Chicken Wraps!</b> 11:00AM-12:30PM</p> <p><b>CHAIR VOLLEYBALL!</b> <b>Bldg. 1 – Main Lobby</b> 2:00PM-3:00PM</p>
<p>24</p>  <p>If you have any questions, please call your Resident Services Coordinator at (702) 990-2784 Tuesday – Saturday between 9:00AM – 5:00PM</p>	<p>25 <b>National Parfait Day</b></p> 	<p>26 <b>Coffee &amp; Donuts</b> 9:00AM-10:00AM</p> <p><b>Harmony Market</b> <i>*Bring your own bags*</i> <i>*Shopping times may*</i> 10AM-12PM</p> <p><b>Aging is Cool: Chair Yoga w/ Brooke W.</b> 1:00PM-2:00PM</p>	<p>27 <b>Coffee &amp; Convo: Favorite Show!</b> 9:00AM-10:00AM</p> <p><b>Golden Groceries</b> Whole Building 11:00AM- 12:30PM 2:00PM-4:00PM</p> <p><i>*Must pick up from Common Area*</i> <i>Bring a sturdy bag.</i></p>	<p>28</p> 	<p>29</p> 	<p>30 <b>Coffee &amp; Cinnamon Rolls</b> 9:00AM- 10:00AM</p>  <p>11:00PM-12:00PM</p> <p><b>CHAIR VOLLEYBALL!</b> <b>Bldg. 1 – Main Lobby</b> 2:00PM-3:00PM</p>

