





July 2024

Ensemble Senior Apartments



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1 National U.S. Postage Stamp Day</p>	<p>2 Made in the USA Day</p> <p><u>COFFEE SOCIAL W/ RED WHITE AND BLUE PANCAKES AND INDEPENDENCE DAY TRIVIA</u> 9:30-10:30 BLDG II</p> <p><u>COORDINATOR HOUR</u> 11:00-12:00 BLDG II</p> <p><u>RTC BUS PASSES</u> 3:00-4:00 BLDG II</p>	<p>3 National Stay out of the Sun Day</p> <p><u>COFFEE SOCIAL W/ PASTRIES AND WELLNESS CHAT: HYDRATION</u> 9:30-10:30 BLDG</p> <p><u>POPSICLES AND PAINTING</u> 11:00-2:00 BLDG I</p> <p><u>FOURTH OF JULY PARTY</u> <u>*SERVING: BBQ CHICKEN SLIDERS AND MAC N CHEESE</u> 2:00-3:00 BLDG I</p>	<p>4 Independence Day</p> 	<p>5 National Graham Crackers Day</p> <p><u>COFFEE SOCIAL W GRAHAM CRACKER CRUMBLE STRUESEL AND CROSSWORDS</u> 9:30-10:30 BLDG II</p> <p><u>MINUTE TO WIN IT</u> <u>*COME WIN PRIZES*</u> 11:00-12:00</p> <p>BLDG II <u>STRAWBERRY ICE CREAM BITES AND BOARD GAMES</u> 2:00-3:00 BLDG II</p>	<p>6 National Fried Chicken Day</p> <p><u>COFFEE SOCIAL W/ BREAKFAST SANDWICHES AND PUZZLES</u> 9:30-10:30 BLDG I</p> <p><u>INDOOR WALKING CLUB</u> 11:00-11:30 BLDG I</p> <p><u>RTC BUS PASSES</u> 3:00-4:00 BLDG I</p>
<p>7 National Strawberry Sundae Day</p>	<p>8 National Blueberry Day</p>	<p>9 National Sugar Cookie Day</p> <p>Ensemble Market Bldg I Units 102-233 *Smiths & Sprouts</p> <p>Bring your own bag! 10:00am-12:00pm</p> <p>Big Lots, Target, Costco Giveaway *TBA *GIVEAWAY IN BLDG II*</p>	<p>10 National Kitten Day</p> <p><u>COFFEE SOCIAL W/ WAFFLES AND CARD GAMES</u> 9:30-10:30 BLDG I</p> <p>Team Sikora 10:00am – 10:45am Eat some popcorn & laminate your Medicare Cards! <u>COOKING CLASS: NACHO FRIES AND SODA</u> 2:00-3:00 BLDG I</p>	<p>11 National 7-11 Day</p> <p><u>COFFEE SOCIAL W/ FRENCH TOAST ROLL UPS, FRUIT, AND TRIVIA</u> 9:30-10:30 BLDG II</p> <p><u>COORDINATOR-LED STRETCH CLASS</u> 11:00-12:00 BLDG II</p> <p><u>SLUSHIES AND SCRABBLE</u> 2:00-3:00 BLDG II</p>	<p>12 National French Fry Day</p> <p><u>COFFEE SOCIAL AND NAME FIVE GAME</u> 9:30-10:30 BLDG II</p> <p>Helping Hands 2:00PM-4:00PM *Will be delivered upon arrival*</p>	<p>13 National Bean 'N' Frank Day</p> <p><u>COFFEE SOCIAL W/ MORNING BINGO</u> 9:30-10:30 BLDG I</p>  <p><u>CHILI CHEESE DOGS AND SODA</u> 11:00-12:00 BLDG I</p> <p><u>RTC BUS PASSES</u> 3:00-4:00 BLDG I</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>14</p> <p>National Mac and Cheese Day</p>	<p>15</p> <p>National Gummy Worm Day</p>	<p>16</p> <p>National Cherry Day COFFEE SOCIAL W/ CHERRY DANISHES & WOULD YOU RATHER 9:00 am – 10:00 am BLDG II</p> <p>Bingo w/Archwell Health Bldg 1 10:00am – 11:00am CHAIR VOLLEYBALL 11:00 AM – 12:00 PM BLDG I COORDINATOR HOUR & RTC BUS PASSES 3:00 PM – 4 PM BLDG II</p>	<p>17</p> <p>National Hot Dog Day COFFEE SOCIAL W/ CINNAMON ROLLS & NEVER HAVE I EVER 9:30 AM – 10:30 AM BLDG I</p> <p>EXERCISE CLASS: STAY STRONG 10:30AM – 11:30AM</p> <p>AFTERNOON MOVIE W/ POPCORN & REFRESHMENTS 2:30 PM – 4 PM BLDG I</p>	<p>18</p> <p>Nelson Mandela International Day</p> <p>Ensemble Market Bldg II Units 235-364</p> <p>Bring your own bag! 10:00am-12:00pm</p> <p>Ice Cream & Foot Screenings With Valley Health Screenings 2:00pm – 3:00pm Bldg I</p>	<p>19</p> <p>National Words with Friends Day COFFEE SOCIAL W/ WORD SEARCHES 9:30 AM – 10:30 AM BLDG I</p> <p>AFTERNOON SOCIAL: PAINTING W/ ROPE 11:00 AM – 12:00 PM BLDG I</p>  <p>W/ SNACKS 2:00PM – 3:00 PM</p>	<p>20</p> <p>National Lollipop Day COFFEE SOCIAL & WELLNESS CHAT W/ WAFFLES: SELF CARE 9:30 AM – 10:30 AM BLDG II</p> <p>JULY BIRTHDAY BASH W/ HOT DOGS & CHIPS 2:00 PM – 3:00 PM BLDG II</p> <p>RTC BUS PASSES 3:00 PM – 4:00 PM BLDG II</p>
<p>21</p> <p>National Ice Cream Day</p>	<p>22</p> <p>National Mango Day</p>	<p>23</p> <p>Vanilla Ice Cream Day COFFEE SOCIAL W/ AFFOGATOS, SMOOTH JAZZ & COLORING 9:30 AM – 10:30 AM BLDG I</p> <p>EXERCISE CLASS: STAY STRONG 10:30AM – 11:30AM</p> <p>COORDINATOR HOUR & RTC BUS PASSES 3:00 PM – 4 PM BLDG I</p>	<p>24</p> <p>National Tell an Old Joke Day</p> <p>Ensemble Market Bldg I Units 235-364 *Smiths & Sprouts Bring your own bag! 10:00am-12:00pm</p> <p>Big Lots, Target, Costco Giveaway *TBA *Sign up @ 1:30pm in BLDG I*</p>	<p>25</p> <p>National Hot Fudge Sundae Day</p> <p>Golden Groceries *Must pick up from BLDG 2* 1:00PM – 4:00PM *Pick up times depend on food delivery*</p>	<p>26</p> <p>National Bagelfest Day COFFEE SOCIAL W/ BAGEL BAR & HISTORY TRIVIA 9:30 AM – 10:30 AM BLDG II LATE MORNING MEDITATION 11:00 AM – 12:00 PM BLDG II LUNCH SOCIAL W/ SANDWICHES, CHIPS& BOARD GAMES 2:00 PM – 3:30 PM BLDG II</p>	<p>27</p> <p>National Love is Kind Day COFFEE SOCIAL W/ RTC BUS PASS & 2 TRUTHS 1 LIE 9:30 AM – 10:30 AM BLDG I AFTERNOON KARAOKE 11:00 AM – 12:00 PM BLDG I CHAIR VOLLEYBALL 2 PM – 3 PM BLDG I</p>
<p>28</p> <p>National Milk Chocolate Day</p> <p>If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Monday – Friday between 9:00AM – 5:00PM</p>	<p>29</p> <p>National Lasagna Day</p>	<p>30</p> <p>National Cheesecake Day Ensemble Market Bldg II Units 102-234 *Smiths Bring your own bag! 10:00am-12:00pm Trader Joe's Giveaway *TBA</p> <p>RTC BUS PASSES 3:00PM - 4:00PM</p>	<p>31</p> <p>National Avocado Day COFFEE SOCIAL W/ AVOCADO TOAST & WELLNESS CHAT: CLEANLINESS 9:30 AM – 10:30 AM BLDG I</p> <p>EXERCISE CLASS: STAY STRONG 10:30AM – 11:30AM</p> <p>TECH CLASS: LET'S MAKE EMAILS! 2:00 PM – 3:00 PM BLDG I</p>			