






















April 2025






PROPERTY NAME **DUET**

COORDINATOR: Kay



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY						
<p>If you have any questions, please call your Resident Services Coordinator Kay at (702) 990-2699 Monday – Friday between 9:00AM – 5:00PM</p> 				<p>Happy Birthday!</p> <table><tr><td>Carol S.</td><td>Debra L.</td></tr><tr><td>Susan A.</td><td>Doris D.</td></tr><tr><td>Russell K.</td><td>Kathleen L.</td></tr></table>	Carol S.	Debra L.	Susan A.	Doris D.	Russell K.	Kathleen L.		
Carol S.	Debra L.											
Susan A.	Doris D.											
Russell K.	Kathleen L.											
	<p>Ramadan Begins ¹</p> <p><u>Coffee Social & Word Searches</u> 9:15am – 10:30am</p> <p><u>Afternoon Movie, “Baby Mama” w/ Popcorn & Lemonade</u> 2:00pm – 4:00pm Media Room</p> 	<p>Autism Awareness Day ²</p> <p><u>Coffee & Muffins Social</u> 9:15am – 10:30am</p>  <p>1:00pm – 2:00pm</p> <p><u>Bus Pass Distribution</u> 3:00pm – 4:00pm</p> 	<p>Geologists Day ³</p> <p><u>Coffee & Questions: Let’s get to know each other!</u> 9:15am – 10:30am</p>  <p><u>CHAIRFIT BINGO w/ MICHELLE MK</u> 2:30pm – 3:30pm</p>	<p>Walk to Work Day ⁴</p> <p><u>Come Enjoy Some Coffee & Waffles</u> 9:15am – 10:30am</p> <p><u>Resident Walking Club: Let’s Get Our Stroll On!</u> 2:00pm – 2:30pm</p>  <p><u>Bus Pass Distribution</u> 3:30pm – 4:15pm</p>	<p>National Bell Bottoms Day ⁵</p> 	<p>National Fresh Tomato Day ⁶</p> 						

<p align="center">7</p> <p align="center">World Health Day</p> <p><u>Coffee & Breakfast Cereal</u> 9:15am – 10:30am</p> <p><u>Tech Time!</u> Get assistance with E-Mail, Apps, etc. 12:00pm – 1:00pm</p>  <p><u>Bus Pass Distribution</u> 3:00pm – 4:00pm</p>	<p align="center">8</p> <p align="center">National Empanada Day</p> <p><u>Coffee & Spring Word Searches</u> 9:15am – 10:30am</p> <p><u>Come Grab a Book with the Mobile Library</u> 1:00pm – 2:00pm</p>  <p><u>Loop Shopping Shuttle</u></p>	<p align="center">9</p> <p align="center">Name Yourself Day</p> <p><u>Coffee & Garden Club</u> 9:00am – 10:30am</p>  <p><u>BINGO WITH SBI</u> <u>BENEFITS: SHANNON!</u> 11:00AM – 12:00PM</p> <p><u>Cooking Class: Let's Make Peanut Butter Cookies!</u> 3:00pm – 4:00pm</p>	<p align="center">10</p> <p align="center">World Homeopathy Day</p> <p><u>Coffee Social and Morning Mad Libs</u> 9:15am – 10:30am</p> <p><u>Come Paint with Your Coordinator!</u> <u>Guided Canvas Painting</u> <u>**Snacks Included**</u> 2:30pm – 3:30pm</p> 	<p align="center">11</p> <p align="center">National Pet Day</p> <p><u>Coffee & Hot Waffles Social</u> 9:15am – 10:30am</p>  <p><u>Bus Pass Distribution</u> 11:30am – 12:30pm</p> <p><u>Chair Yoga with Your Coordinator Kay!</u> 2:30pm – 3:15pm</p>	<p align="center">12</p> <p align="center">National Grilled Cheese Sandwich Day</p> 	<p align="center">13</p> <p align="center">National Peach Cobbler Day</p> 
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<p align="center">14</p> <p align="center">International Moment of Laughter Day</p> <p><u>Coffee on the Go!</u> 9:00am – 10:00am</p> <p><u>DUET MARKET</u> Sign up starts at 9:30am <u>10:00am-12:00pm</u> <u>*TIMES MAY VARY*</u> <u>Bring your own bags!!!</u> <u>**Please be sure to respect each other and staff. **</u></p>	<p align="center">15</p> <p align="center">Passover Begins</p> <p><u>Coffee & Spring Word Searches</u> 9:15am – 10:30am</p>  <p>1:00pm – 2:30pm Play bingo and win some prizes!</p> <p><u>Bus Pass Distribution</u> 3:30pm – 4:15pm <u>Loop Shopping Shuttle</u></p>	<p align="center">16</p> <p align="center">World Circus Day</p> <p><u>Coffee & Spring Coloring Pages</u> 9:15am – 10:30am</p> <p><u>Resident Walking Club:</u> <u>Let's Get Our Stroll On!</u> 3:00pm – 4:00pm</p> 	<p align="center">17</p> <p align="center">National Cheeseball Day</p> <p><u>Coffee & Learn How to Play Sudoku!</u> 9:15am – 10:30am</p>  <p><u>CHAIRFIT BINGO w/ MICHELLE MK</u> 2:30pm – 3:30pm</p>	<p align="center">18</p> <p align="center">Good Friday</p> <p><u>Coffee On the Go!</u> 9:15am – 10:30am</p> <p><u>**HELPING HANDS**</u> <u>1:00PM</u> <u>* Times May Vary!!*</u></p> <p><u>Bus Pass Distribution</u> 3:00pm – 4:00pm</p>	<p align="center">19</p> <p align="center">National Dog Parent Appreciation Day</p> 	<p align="center">20</p> <p align="center">Easter Sunday</p> 
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<p align="right">21</p> <p align="center">British National Tea Day</p> <p><u>Coffee and Morning Word Scrambles</u> 9:15am – 10:30am</p>  <p align="center">2:00pm – 3:30pm</p>	<p align="right">22</p> <p align="center">International Mother Earth Day</p> <p><u>Coffee & Morning Word Search</u> 9:00am – 10:00am</p> <p>GOLDEN GROCERIES Sign up starts at 10:30 ***Times May Vary*** * Bring your own bags*</p>  <p align="right">Loop</p> <p align="center">Shopping Shuttle</p>	<p align="right">23</p> <p align="center">World Book and Copyright Day</p> <p><u>Coffee & Hot Waffles</u> 9:15am – 10:30am</p> <p><u>Bus Pass Distribution</u> 11:30am – 12:30pm</p> <p><u>Fruit Platter & Brunch</u> 2:00pm – 3:00pm</p> 	<p align="right">24</p> <p align="center">Fashion Revolution Day</p> <p><u>Wake Up! Coffee & Cross Word Puzzles</u> 9:15am – 10:30am</p> <p><u>Afternoon Movie, "Pretty Woman" w/ Popcorn</u> 2:15pm – 4:15pm Media Room</p> 	<p align="right">25</p> <p align="center">World Penguin Day</p> <p><u>Coffee & Breakfast Waffles</u> 9:15am – 10:30am</p> <p><u>Bus Pass Distribution</u> 1:00pm – 2:00pm</p>  <p><u>Chair Stretching Class!</u> 3:00pm – 4:00pm</p>	<p align="right">26</p> <p align="center">World Tai Chi & Qigong Day</p> 	<p align="right">27</p> <p align="center">National Prime Rib Day</p> 
<p align="right">28</p> <p align="center">World Day for Safety and Health at Work</p> <p><u>Coffee & Word Search</u> 9:00am – 10:00am</p> <p>DUET MARKET 10:00am-12:00pm SIGN UP STARTS AT 9:30 *TIMES MAY VARY* Please bring your own bags and be respectful to each other!!!</p>	<p align="right">29</p> <p align="center">International Dance Day</p> <p><u>Coffee & Word Search</u> 9:15am – 10:30am</p>  <p><u>Spring Birthday Bash!</u> 2:45pm – 4:00pm Come Celebrate the changing of the season!</p> <p align="center">Loop Shopping Shuttle</p>	<p align="right">30</p> <p align="center">International Jazz Day</p> <p><u>Coffee & Easter Egg Coloring</u> 9:15am – 10:30am</p>  <p>COMPASSIONATE MED GROUP <u>Hospice Services</u> <u>**Snacks and Refreshments Provided**</u> 11:00am – 1:00pm</p> <p><u>Bus Pass Distribution</u> 3:00pm – 4:00pm</p>		<p><u>Fruits In Season in April</u> Strawberries Pineapples Mangoes Apricots Kiwis Raspberries Rhubarb Cherries Blueberries Grapefruits Kumquats Oranges</p> 	<p><i>Some medications may cause you to have stomach issues including constipation. Below are some herbal teas that can assist alleviate those issues.</i></p> <ul style="list-style-type: none"> • Fennel • Slippery Elm • Elderberry • Black Tea • Senna • Ginger • Dandelion Root • Rhubarb 	<p>Have an Activity or a suggestion that you would like to see on the Calendar? Leave your suggestions with your coordinator.</p> 