
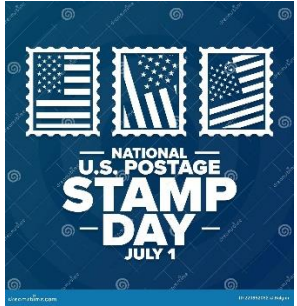







July 2024

Crescendo Senior Apartments



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1 National U.S. Postage Stamp Day</p> 	<p>2 <u>Coffee Social and Breakfast Corndogs</u> 9:30AM-10:30AM Exercise Class: Chair Yoga 10:00am – 11:00am</p> <p><u>Afternoon Movie w/ Popcorn & Soda</u> 1:00PM-2:30PM</p> <p><u>RTC Bus Passes</u> 3:00PM-4:00PM</p>	<p>3 <u>Coffee Social w/ Blue and Red Pancakes!</u> 9:30AM-10:30AM</p> <p><u>4th of July Potluck Celebration</u> *Sign up in Activity Binder to Participate* 1:00PM-3:00PM</p>	<p>4 Independence Day</p> 	<p>5 <u>Coffee Social and Yogurt w/ Granola</u> 9:30AM-10:30AM</p> <p><u>Pool side Fruit Smoothies</u> 11:00AM-11:30AM</p> <p><u>Chair Volleyball & Refreshments</u> 2:00PM-3:30PM <i>Loop Shopping Shuttle</i></p>	<p>6 National Fried Chicken Day</p> <p><u>Coffee Social, Chicken w/ Waffles and RTC Bus Passes</u> 9:30AM-10:30AM</p> <p><u>Outdoor Walking Club</u> 11:00AM-11:30AM</p>  <p>2:30PM-3:30PM</p>
<p>7 National Strawberry Sundae Day</p> 	<p>8 National Blueberry Day</p> 	<p>9 Morning Bingo w/ Archwell Health  10:00AM – 11:00AM</p> <p><u>Therapeutic Coloring w/ Calming Music</u> 11:00AM-12:00PM</p> <p><u>RTC Bus Passes</u> 3:00PM-4:00PM</p>	<p>10 <u>Coffee, French Toast, and Get to know your Neighbor!</u> 9:30AM-10:30AM</p> <p><u>An Hour in the Garden</u> 11:00AM-12:00PM</p> <p><u>Chair Volleyball & Refreshments</u> 2:00PM-3:30PM</p>	<p>11 Golden Groceries *Pick up Bags* 11:00AM – 1:00PM *Pick up Bags* *Pick up times depend on delivery</p>	<p>12 <u>Coffee, Breakfast Bowl Scramble, and Word Searches</u> 9:30AM-10:30AM</p> <p>Exercise Class: Chair Yoga 10:00am – 11:00am</p> <p>Helping Hands 1:00PM-4:00PM *Will be delivered upon arrival*</p> <p><i>Loop Shopping Shuttle</i></p>	<p>13 <u>Coffee Social and RTC Bus Passes</u> 9:30AM-10:30AM</p> <p><u>Outdoor Walking Club</u> 11:00AM-11:30AM</p> <p><u>Tea and Tea w/ the Ladies</u> *Come down and share your stories while enjoying tea 2:00PM-3:00PM</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>14 National Mac and Cheese Day</p> 	<p>15 National Gummy Worm Day</p> 	<p>16 National Cherry Day</p> <p>Crescendo Market Units 101-234 *Sign up @9AM *Bring Your OWN bag or Cart @11AM</p> <p>Let's play Card Games w/ Cherry Limeades 1:30PM-2:30PM</p> <p>RTC Bus Passes 3:00PM-4:00PM</p>	<p>17 National Hot Dog Day</p> <p>Coffee Social 9:30AM-10:30AM</p> <p>Team Sikora: Eat some popcorn & laminate your Medicare Cards 10:00AM-10:45AM</p> <p>Cooking Class: Let's make Chili Dogs w/ French Fries 2:00PM-3:00PM</p>	<p>18 Coffee Social and Breakfast Bars! 9:30AM-10:30AM</p> <p>Tech Class: Bring your Phones or Laptops down and ask your coordinator any questions! 11:00AM-12:00PM</p> <p>Afternoon Movie w/ Popcorn & Soda 2:30PM-3:30PM</p> <p>Loop Shopping Shuttle</p>	<p>19 Coffee Social and Breakfast Burritos 9:30AM-10:30AM</p> <p>Zentangle Art w/ Tammi 11:00AM-12:00PM</p>  <p>2:30PM-3:30PM</p> <p>Loop Shopping Shuttle</p>	<p>20 Coffee Social and RTC Bus Passes 9:30AM-10:30AM</p> <p>Outdoor Walking Club 11:00AM-11:30AM</p> <p>Chair Volleyball & Refreshments 2:00PM-3:30PM</p>
<p>21 National Ice Cream Day</p> 	<p>22 National Mango Day</p> 	<p>23 Vanilla Ice Cream Day</p> <p>Crescendo Market Units 235-366 *Sign up @9AM *Bring Your OWN bag or Cart @11AM</p> <p>Ice Cream & Foot Screening w/Valley Health Screenings 2:00PM – 3:00PM</p> <p>RTC Bus Passes 3:00PM-4:00PM</p>	<p>24 National Tell an Old Joke Day</p> <p>Coffee, Fruit Cups, and Tell your Neighbors a joke! 9:30AM-10:30AM</p> <p>Nutrition Class: Let's make Tasty Sandwiches! 12:00PM-1:00PM</p> <p>Chair Volleyball & Refreshments 2:00PM-3:30PM</p>	<p>25 National Hot Fudge Sundae Day</p> <p>Coffee Social and Breakfast Pastries 9:30AM-10:30AM</p>  <p>11:00AM-12:00PM</p> <p>Exercise Class: Chair Yoga 1:00PM – 2:00PM</p> <p>Sweet Social: Let's make Hot Fudge Sundaes! 2:00PM-3:00PM</p>	<p>26 National Bagelfest Day</p> <p>Coffee, Bagels and RTC Bus Passes 9:30AM-10:30AM</p> <p>Outdoor Walking Club 11:00AM-11:30AM</p> <p>July Birthday Bash w/ Pizza, Wings, and Cake! 2:00PM-3:00PM</p> <p>Loop Shopping Shuttle</p>	<p>27 have a nice DAY</p> 
<p>2 If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Tuesday - Saturday between 9:00AM – 5:00PM</p>	<p>29 National Lasagna Day</p> <p>NATIONAL LASAGNA DAY July 29, 2015</p> 	<p>30 National Cheesecake Day</p> <p>Coffee Social and Cinamon Rolls 9:30AM-10:30AM</p> <p>Let's Make Cheesecake filled Strawberries! 12:00PM-1:00PM</p> <p>RTC Bus Passes 3:00PM-4:00PM</p>	<p>31 National Avocado Day</p> <p>Coffee Social and Avocado Toast w/ Eggs 9:30AM-10:30AM</p> <p>Outdoor Walking Club 11:00AM-11:30AM</p> <p>Chair Volleyball & Refreshments 2:00PM-3:30PM</p>			