






May 2025

Crescendo Senior Apartments

Coordinator: Heavyn



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
May Wellness Focus: Mental Health Matters Better Hearing & Speech Month		 	¹ <u>Coffee, and Let's Discuss this Month's Calendar!</u> 9:00AM-10:00AM <u>Tech Class: Bring your Phones or Laptops down and ask your coordinator any questions!</u> 11:00AM-12:00PM 2:30PM-3:30PM	² <u>Coffee Social and Pancakes</u> 9:00AM-10:00AM <u>Resident Walking Club</u> 11:00AM-11:30AM <div> <u>Helping Hands</u> 1:00PM-4:00PM *Will be delivered upon arrival* </div> <i>Loop Shopping Shuttle</i>	³ <u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM <u>Arts and Crafts: Therapeutic Coloring w/ Calming Music</u> 11:00AM-12:00PM <u>Afternoon Movie, "Residents Choice" w/ Popcorn and Soda</u> 2:30PM-3:30PM	
Cinco De Mayo ⁵ 	⁶ <u>Coffee, and Cinco De Muffins Mayo Fun Facts!</u> 9:00AM -10:00AM <div> <u>Rider Mobility</u> 9:30AM </div> <u>Nutrition Class: Spring Fresh Salads</u> 1:30PM-2:30PM <u>RTC Bus Passes & Crosswords</u> 3:00PM-4:00PM	⁷ <u>Coffee, Bagel Bar and Morning Trivia</u> 9:00AM-10:00AM <div> <u>Nevada Senior Services: Free Wellness Program for Seniors 60+</u> 10:00AM-12:00PM </div> <u>Chair Volleyball and Refreshments</u> 2:00PM-3:00PM	⁸ <u>Coffee, Current Events, and Breakfast Bars</u> 9:00AM-10:00AM <div> <u>*Golden Groceries*</u> <u>*Bring your own Bags and Carts @ 1:30PM</u> <u>*Shopping Times depend on Food Delivery*</u> </div>	⁹ <u>Coffee and Strawberry Yogurt Parfaits</u> 9:00AM-10:00AM <u>Resident Walking Club</u> 11:00AM-11:30AM <u>Afternoon Movie, "Residents Choice" w/ Popcorn and Soda</u> 2:30PM-3:30PM <i>Loop Shopping Shuttle</i>	¹⁰ <u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM <u>Let's Play Sequence</u> 11:00AM-12:00PM <u>Mother's Day Celebration Lunch!</u> <u>*Sign up in Activity Binder*</u> 2:30PM-3:30PM	Mother's Day ¹¹

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12 	13 National Apple Pie Day <u>Crescendo Market</u> <u>Units 101-234</u> <u>*Sign up @9AM</u> <u>*Bring Your OWN bag or Cart @11AM</u> <u>*Shopping Times may vary</u> <u>Target Giveaway</u> <u>Time will be announced</u> <u>*Must sign up day of*</u> <u>RTC Bus Passes & Sudoku</u> 3:00PM-4:00PM	14 <u>Coffee, Fruit Cups, and Get to know your neighbor</u> 9:00AM-10:00AM Guardant: Colon Cancer Screening <u>*Sign up w/ Coordinator*</u> 9:00AM-12:00PM <u>Chair Volleyball and Refreshments</u> 2:00PM-3:00PM	15 National Chocolate Chip Day <u>Coffee, Chocolate Chip Muffins, and Crosswords</u> 9:00AM-10:00AM  w/ SBI BENEFITS 1:00PM-2:00PM <u>Warm Apple Pie and Ice Cream Social</u> 2:30PM-3:30PM	16 National Pizza Party Day <u>Morning Bingo w/ Archwell Health</u> 10:00AM-11:00AM  <u>Resident Walking Club</u> 11:00AM-11:30AM <u>Nutrition Class: Mini Pizza's</u> 2:00PM-3:00PM <i>Loop Shopping Shuttle</i>	17 Field Trip: Springs Preserve Sign up w/ Coordinator Meet in Lobby @9:00AM <u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM <u>Afternoon Movie, "Residents Choice" w/ Root beer Floats</u> 2:30PM-3:30PM	18 
19 	20 <u>Coffee and Breakfast Pastries</u> 9:00AM-10:00AM <u>Afternoon Stretching w/ Calming Music</u> 12:00PM-1:00PM <u>RTC Bus Passes & Word Searches</u> 3:00PM-4:00PM	21 <u>Coffee and Cinamon Raisin English Muffins</u> 9:00AM-10:00AM <u>Poolside Fruit Smoothies</u> 12:00PM-1:00PM <u>Chair Volleyball and Refreshments</u> 2:00PM-3:00PM	22 <u>Crescendo Market</u> <u>Units 235-366</u> <u>*Sign up @9AM</u> <u>*Bring Your OWN bag or Cart @11AM</u> <u>*Shopping Times may vary</u> <u>Target Giveaway</u> <u>Time will be announced</u> <u>*Must sign up day of*</u>	23 <u>Coffee and Breakfast Smoothies</u> 9:00AM-10:00AM <u>Resident Walking Club</u> 11:00AM-11:30AM <u>Afternoon Movie, "Residents Choice" w/ Popcorn and Soda</u> 2:30PM-3:30PM <i>Loop Shopping Shuttle</i>	24 <u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM <u>Let's Play Sequence</u> 11:00AM-12:00PM <u>May Birthday Bash w/ Mini Sandwiches, Chips, and Cupcakes</u> 2:00PM-3:00PM	25 
26 Memorial Day 	27 <u>Coffee, Muffins, and Let's talk about the Importance of Memorial Day</u> 9:00AM-10:00AM <u>Arts and Crafts: Let's make Beaded Bracelets!</u> 1:00PM-2:00PM <u>RTC Bus Passes & Puzzles</u> 3:00PM-4:00PM	28 National Hamburger Day <u>Coffee and Oatmeal w/ Fruit</u> 9:00AM-10:00AM Guardant: Colon Cancer Screening <u>*Sign up w/ Coordinator*</u> 9:00AM-12:00PM <u>Chair Volleyball and Refreshments</u> 2:00PM-3:00PM	29 <u>Coffee, Biscuits and Let's Discuss our Favorite Ice Cream Flavor</u> 9:00AM-10:00AM <u>Nutrition Class: Let's make Turkey Burgers!</u> 12:00PM-1:00PM  2:30PM-3:30PM	30 <u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM <u>Resident Walking Club</u> 11:00AM-11:30AM <u>Afternoon Movie, "Residents Choice" w/ Popcorn and Soda</u> 2:30PM-3:30PM <i>Loop Shopping Shuttle</i>	31 	If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Monday – Friday between 9:00AM – 5:00PM