

September 2025

Crescendo Senior Apartments

Coordinator: Heavyn



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>September's Health & Wellness Focus:</p> <p>Relaxation Positive Thinking</p> <p>Fall Prevention Awareness</p> <p>Be a Good Neighbor</p>	<p>1</p>	<p>2</p> <p><u>Coffee, Coffee Cakes & Name That Actor/Actress</u> 9:00AM-10:00AM</p> <p><u>Early Morning Water Aerobics w/ Charlene</u> 10:30AM-11:30AM</p> <p><u>RTC Bus Passes and Word Searches</u> 3:00PM-4:00PM</p>	<p>3</p> <p><u>Coffee, Pop tarts and Crosswords</u> 9:00AM-10:00AM</p> <p><u>Tech Class:</u> <i>Bring your Phones or Laptops down and ask your coordinator any questions!</i> 11:00AM-12:00PM</p> <p><u>Chair Volleyball & Refreshments</u> 2:00PM-3:00PM</p>	<p>4</p> <p><u>Coffee and Strawberry Yogurt Parfaits</u> 9:00AM-10:00AM</p> <p><u>Arts and Crafts: Therapeutic Coloring w/ Calming Music</u> 11:00AM-12:00PM</p> <p><u>Bingo with SBI Benefits</u> 1:00PM-2:00PM</p>	<p>5</p> <p><u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM</p> <p><u>Resident Walking Club</u> 11:00AM-11:30AM</p> <p><u>Helping Hands</u> 1:00PM-4:00PM *Will be delivered upon arrival* <i>Loop Shopping Shuttle</i></p>	<p>6</p> <p><u>NO ACTIVITIES</u></p> <p><u>PLEASE HELP YOURSELF TO THE PUZZLE PACKETS IN THE COMMON AREA</u></p>
<p>7</p>	<p>8</p>	<p>9</p> <p><u>Morning Bingo w/ Archwell Health</u> 10:00AM-11:00AM</p> <p><u>Afternoon Movie "Residents Choice" w/ Popcorn and Soda</u> 1:30PM-3:00PM</p> <p><u>RTC Bus passes and Puzzles</u> 3:00PM-4:00PM</p>	<p>10</p> <p><u>Crescendo Market Units 101-234</u> *Sign up @9AM *Bring Your OWN bag or Cart @11AM *Shopping Times may vary</p> <p><u>Trader Joe's Giveaway</u> <u>Time will be announced</u> *Must sign up day of*</p>	<p>11</p> <p><u>Coffee, Muffins, and Current Events</u> 10:00AM-11:00AM</p> <p><u>*Golden Groceries*</u> *Bring your own Bags and Carts @1:30PM *Shopping Times depend on Food Delivery*</p>	<p>National Chocolate Milkshake Day 12</p> <p><u>Coffee, Blueberry Muffins, and Crosswords</u> 9:00AM-10:00AM</p> <p><u>Resident Walking Club</u> 11:00AM-11:30AM</p> <p><u>Chocolate Milkshakes and Positive Affirmations</u> 2:30PM-3:30PM <i>Loop Shopping Shuttle</i></p>	<p>13</p> <p><u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM</p> <p><u>Let's Play Sequence!</u> 11:00AM-12:00PM</p> <p><u>Picture Swap & Snacks:</u> *Bring some of your favorite pictures to share w/ us* 2:30PM-3:30PM</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>14</div> 	<div>15</div> 	<div>16</div> National Guacamole Day <u>Coffee Social, Butterscotch Pudding, & Positive Affirmations</u> 9:00AM-10:00AM <u>Chips, Dip and Margarita Mocktails</u> 1:30PM-2:30PM <u>RTC Bus passes and Crosswords</u> 3:00PM-4:00PM	<div>17</div> <u>Coffee, Bagel Bar, and Get to know your coordinator!</u> 9:00AM-10:00AM <u>Dropping by to Say Hi! Resident Coordinator stops by to meet new residents!</u> 11:00AM-12:00PM <u>Chair Volleyball & Refreshments</u> 2:00PM-3:00PM	<div>18</div> National Cheeseburger Day <u>Coffee Social and Cinamon Raisin Bread</u> 9:00AM-10:00AM <u>Nutrition Class : Let's enjoy Turkey Burger Sliders</u> 12:00PM-1:00PM <u>Afternoon Movie "Residents Choice" w/ Popcorn and Soda</u> 2:30PM-3:30PM	<div>19</div> <u>Coffee Social and Bacon and Egg Casserole</u> 9:00AM-10:00AM <u>Resident Walking Club</u> 11:00AM-11:30AM <u>End of Summer September Birthday Bash w/ a Live DJ</u> 2:30PM-3:30PM <i>Loop Shopping Shuttle</i>	<div>20</div> <u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM <u>Arts and Crafts: Let's make Beaded Bracelets!</u> 11:00AM-12:00PM  2:30PM-3:30PM
<div>21</div> 	<div>22</div> National Ice Cream Cone Day 	<div>23</div> <u>Coffee, Muffins & Wellness Chat: Fall Prevention</u> 9:00AM-10:00AM <u>Afternoon Treat: Drumstick Ice Cream Cones!</u> 1:00PM-2:00PM <u>RTC Bus passes and Sudoku</u> 3:00PM-4:00PM	<div>24</div> <u>Coffee, Sudoku, and Apple Pie Parfaits</u> 9:00AM-10:00AM <u>Nutrition Class: Let's Make Chicken Quesadilla's</u> 12:00PM-1:00PM <u>Chair Volleyball & Refreshments</u> 2:00PM-3:00PM	<div>25</div> National Quesadilla Day 	<div>26</div> National Pancake Day <u>Coffee, Pancakes, and Morning Trivia</u> 9:00AM-10:00AM <u>Resident Walking Club</u> 11:00AM-11:30AM  2:00PM-3:00PM <i>Loop Shopping Shuttle</i>	<div>27</div> <u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM <u>Let's Play Sequence!</u> 11:00AM-12:00PM <u>Arts and Crafts: Let's Paint Glass Bottles!</u> 2:30PM-3:30PM
<div>28</div> <p>If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Monday – Friday between 9:00AM – 5:00PM</p>	<div>29</div> 	<div>30</div> <u>Coffee Social & Would You Rather?</u> 9:00AM-10:00AM <u>Afternoon Stretching w/ Calming Music</u> 12:00PM-1:00PM <u>RTC Bus Passes and Word Searches</u> 3:00PM-4:00PM				  