









July 2025

Crescendo Senior Apartments

Coordinator: Heavyn



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
July Wellness Focus: UV Safety Awareness Month Hydration Matters Self-Care	  	¹ <u>Coffee, Cinamon rolls, and Get to know your neighbor</u> 9:00AM-10:00AM <u>Nutrition Class: Mason Jar Salads</u> 1:30PM-2:30PM <i>*Sign up in Activity Binder*</i> <u>RTC Bus Passes and Sudoku</u> 3:00PM-4:00PM	² <u>Coffee, Pop tarts and Crosswords</u> 9:00AM-10:00AM <u>Dropping by to Say Hi! Resident Coordinator stops by to meet new residents!</u> 11:00AM-12:00PM <u>Chair Volleyball and Refreshments</u> 2:00PM-3:00PM	³ <u>Morning Bingo w/ Archwell Health</u> 10:00AM-11:00AM  <u>4th of July Potluck Celebration</u> <u>*Sign up w/Coordinator to Participate*</u> 1:00PM-3:00PM	⁴ Independence Day  <i>Loop Shopping Shuttle</i>	⁵ <u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM <u>Let's Play Sequence</u> 11:00AM-12:00PM <u>Afternoon Movie "Residents Choice" w/ Popcorn and Soda</u> 2:30PM-3:30PM
⁶  JULY IS UV SAFETY AWARENESS MONTH	⁷ 	⁸ <u>Fruit Smoothies & Wellness Chat: Hydration Matters</u> 9:00AM-10:00AM  1:00PM-2:00PM <u>RTC Bus Passes and Crosswords</u> 3:00PM-4:00PM	⁹ <u>Coffee and Strawberry Yogurt Parfaits</u> 9:00AM-10:00AM <u>Meeting w/ Team Sikora Lunch will be Provided!</u> 10:00AM-11:00AM <u>Chair Volleyball and Refreshments</u> 2:00PM-3:00PM	¹⁰ National Pina Colada Day <u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM <u>*Golden Groceries* Bring your own Bags and Carts @1:30PM Shopping Times depend on Food Delivery*</u>	¹¹ National Blueberry Muffin Day <u>Coffee Social w/ Moses: Executive Director</u> 9:00AM-10:00AM <u>Helping Hands</u> 1:00PM-4:00PM <i>*Will be delivered upon arrival*</i> <i>Loop Shopping Shuttle</i>	¹² <u>Coffee Social w/ Moses: Executive Director</u> 9:00AM-10:00AM <u>Crescendo Market Units 101-234</u> <u>*Sign up @9AM</u> <u>*Bring Your OWN bag or Cart @11AM</u> <u>*Shopping Times may vary</u>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13 	14 	15 <u>Coffee Social, Muffins & Wellness Chat: UV Safety</u> 9:00AM-10:00AM <u>Afternoon Stretching w/ Calming Music</u> 12:00PM-1:00PM <u>RTC Bus Passes and Word Searches</u> 3:00PM-4:00PM	16 <u>Coffee & Current Events</u> 9:00AM-10:00AM <u>An Hour in the Garden</u> 11:00AM-12:00PM <u>Valley Health System Foot Screenings</u> 2:00PM <u>Chair Volleyball and Refreshments</u> 2:00PM-3:00PM	17 <u>Coffee and Breakfast Quesadillas</u> 9:00AM-10:00AM <u>Bingo w/ SBI BENEFITS</u> 1:00PM-2:00PM  <u>Tech Class:</u> <i>Bring your Phones or Laptops down and ask your coordinator any questions!</i> 2:00PM-3:00PM	18 <u>Coffee Social and Homemade Waffles</u> 9:00AM-10:00AM <u>Resident Walking Club</u> 11:00AM-11:30AM <u>Afternoon Movie "Residents Choice" w/ Popcorn and Soda</u> 2:30PM-3:30PM <i>Loop Shopping Shuttle</i>	19 <u>Field Trip: Downtown Summerlin Farmer's Market</u> Sign up w/ Coordinator Meet in Lobby @9:00AM <u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM <u>July Birthday Bash w/ Live Entertainment</u> 2:30PM-3:30PM
20 	21 	22 <u>National Mango Day</u> <u>Coffee & Wellness Chat: Self-Care Ideas</u> 9:00AM-10:00AM <u>Afternoon Treat! Let's enjoy Peach Mango Smoothies</u> 1:30PM-2:30PM <u>RTC Bus Passes and Puzzles</u> 3:00PM-4:00PM	23 <u>National Vanilla Ice Cream Day</u> <u>Coffee and Avocado Toast w/ Eggs</u> 9:00AM-10:00AM <u>Resident Walking Club</u> 11:00AM-11:30AM <u>Watermelon Social Hydration Class w/ Patient & Physicians Choice Home Health</u> 1:30PM-2:30PM	24 <u>Crescendo Market Units 235-366</u> <u>*Sign up @9AM</u> <u>*Bring Your OWN bag or Cart @11AM</u> <u>*Shopping Times may vary</u> <u>Target Giveaway</u> <u>Time will be announced</u> <u>Must sign up day of</u>	25 <u>National Hot Fudge Sundae Day</u> <u>Coffee Social w/ Moses: Executive Director</u> 9:00AM-10:00AM <u>Come Join us for Boards Games and Sandwiches!</u> 11:00AM-12:00PM <i>Loop Shopping Shuttle</i>	26 
27 <p>If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Monday – Friday between 9:00AM – 5:00PM</p>	28 	29 <u>Coffee, Blueberry Muffins, and Crosswords</u> 9:00AM-10:00AM <u>Sweet Social: Let's make Hot Fudge Sundaes</u> 1:30PM-2:30PM <u>RTC Bus Passes and Sudoku</u> 3:00PM-4:00PM	30 <u>National Cheesecake Day</u> <u>Coffee, Cheesecake, and Fun Facts about Cheesecake</u> 9:00AM-10:00AM <u>Arts and Crafts: Therapeutic Coloring w/ Calming Music</u> 11:00AM-12:00PM <u>Chair Volleyball and Refreshments</u> 2:00PM-3:00PM	31 <u>National Chili Cheese Dog Day</u> <u>Coffee, Pancakes, and Morning Trivia</u> 9:00AM-10:00AM <u>Nutrition Class: Let's make Chili Cheese Dogs</u> 12:00PM-1:00PM <u>Afternoon Movie "Residents Choice" w/ Popcorn and Soda</u> 2:30PM-3:30PM		