







June 2025

Crescendo Senior Apartments

Coordinator: Heavyn



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>June's Wellness Focus:</p> <p>Men's Health</p> <p>Cataract Awareness</p> <p>Migraines & Headache</p>	<p>2</p> <p></p> <p></p> <p></p>	<p>3</p> <p><u>Coffee, Chocolate Chip Muffins, and Crosswords</u> 9:00AM-10:00AM</p> <p><u>Afternoon Treat:</u> <u>Come enjoy a scoop of Rocky Road Ice Cream</u> 1:00PM-2:00PM</p> <p><u>RTC Bus Passes and Word Searches</u> 3:00PM-4:00PM</p>	<p>4</p> <p><u>Coffee Social and Homemade Waffles</u> 9:00AM-10:00AM</p> <p><u>Tech Class:</u> <i>Bring your Phones or Laptops down and ask your coordinator any questions!</i> 11:00AM-12:00PM</p> <p><u>Chair Volleyball & Refreshments</u> 2:00PM-3:00PM</p>	<p>5</p> <p><u>Coffee and Cinnamon Rolls, and Sudoku</u> 9:00AM-10:00AM</p> <p><u>Nutrition Class:</u> <u>Let's make Fruit Salad</u> 12:00PM-1:00PM</p> <p><u>Afternoon Movie</u> <u>"Residents Choice" w/ Popcorn and Soda</u> 2:30PM-3:30PM</p>	<p>6</p> <p><u>National Donut Day</u> <u>Coffee, Donuts, and Let's discuss our Favorite Donuts</u> 9:00AM-10:00AM</p> <p><u>Resident Walking Club</u> 11:00AM-11:30AM</p> <p>Helping Hands 1:00PM-4:00PM *Will be delivered upon arrival*</p> <p><i>Loop Shopping Shuttle</i></p>	<p>7</p> <p><u>National Chocolate Ice Cream Day</u> <u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM</p> <p><u>Therapeutic Coloring w/ Calming Music</u> 11:00AM-12:00PM</p> <p><u>Chocolate Milkshakes and Board Games</u> 2:00PM-3:00PM</p>
<p>8</p> <p></p>	<p>9</p> <p></p>	<p>10</p> <p><u>Coffee, Bagels and Wellness Chat: Men's Health Issue</u> 9:00AM-10:00AM</p> <p>Bingo w/ SBI BENEFITS 1:00PM-2:00PM</p> <p></p> <p><u>RTC Bus passes and Puzzles</u> 3:00PM-4:00PM</p>	<p>11</p> <p><u>Crescendo Market Units 101-234</u> <u>*Sign up @9AM</u> <u>*Bring Your OWN bag or Cart @11AM</u> <u>*Shopping Times may vary</u></p> <p><u>Trader Joes Giveaway</u> <u>Time will be announced</u> <u>Must sign up day of</u></p>	<p>12</p> <p><u>Coffee, Current Events, and Muffins</u> 9:00AM-10:00AM</p> <p>*Golden Groceries* <u>*Bring your own Bags and Carts @ 1:30PM</u> <u>*Shopping Times depend on Food Delivery*</u></p>	<p>13</p> <p><u>Coffee, Blueberry Muffins, and Crosswords</u> 9:00AM-10:00AM</p> <p><u>Resident Walking Club</u> 11:00AM-11:30AM</p> <p>Roseman University Health Fair <i>*Connects Residents with vital health and social services</i> 1:00PM-3:00PM <i>Loop Shopping Shuttle</i></p>	<p>14</p> <p><u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM</p> <p><u>Let's Play Sequence</u> 11:00AM-12:00PM</p> <p>Father's Day Celebration Lunch! <i>*Sign up in Activity Binder*</i> 2:30PM-3:30PM</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Father's Day 15 	16  June 19th	National Root Bear Float Day 17 Coffee & Wellness Chat: Headaches & Migraines 9:00AM-10:00AM  12:00PM-1:00PM RTC Bus passes and Crosswords 3:00PM-4:00PM	18 Coffee, Breakfast Bars, and Morning Trivia 9:00AM-10:00AM Nutrition Class: Let's make Chicken Salad Sandwiches 12:00PM-1:00PM Chair Volleyball & Refreshments 2:00PM-3:00PM	Juneteenth 19 Crescendo Market Units 235-366 *Sign up @9AM *Bring Your OWN bag or Cart @11AM *Shopping Times may vary Coordinator Half Day No afternoon activities !	20  <i>Loop Shopping Shuttle</i>	21 
22 	23 	24 Coffee, Pastries & Wellness Chat: Cataract Awareness Month 9:00AM-10:00AM Afternoon Stretching w/ Calming Music 12:00PM-1:00PM RTC Bus passes and Sudoku 3:00PM-4:00PM	National Strawberry Parfait Day 25 Coffee and Strawberry Yogurt Parfaits 9:00AM-10:00AM An Hour in the Garden 11:00AM-12:00PM Chair Volleyball & Refreshments 2:00PM-3:00PM	26 Coffee, Breakfast Sandwiches, and Get to know your neighbor! 9:00AM-10:00AM Arts and Crafts: Let's make Summer Sun Catchers 11:00AM-12:00PM Afternoon Movie "Residents Choice" w/ Popcorn and Soda 2:30PM-3:30PM	27 Morning Bingo w/ Archwell Health 10:00AM-11:00AM  Resident Walking Club 11:00AM-11:30AM Coordinator Office Hours: <i>*Come ask me to help w/ any of your administrative needs*</i> 2:30PM – 3:30PM <i>Loop Shopping Shuttle</i>	28 Coffee, Word Searches and RTC Bus Passes 9:00AM-10:00AM Let's Play Sequence 11:00AM-12:00PM June Birthday Bash w/ Karaoke and Ice Cream Floats <i>*All are Welcome*</i> 2:00PM-3:00PM
29 If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Monday – Friday between 9:00AM – 5:00PM	30 					