

















April 2025

Crescendo Senior Apartments

Coordinator: Heavyn



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
April Wellness Focus: Parkinson's Disease Stress Awareness	April Fool's Day 1 <u>Coffee, Breakfast Bars, and Tell your favorite Joke!</u> 9:00AM-10:00AM <u>Nutrition Class: Let's make Lettuce Wraps</u> 1:00PM-2:00PM <u>RTC Bus Passes & Crosswords</u> 3:00PM-4:00PM	National PB&J Day 2 <u>Coffee and Uncrustables PB and Jelly Sandwiches</u> 9:00AM-10:00AM <u>Dropping by to Say Hi! Resident Coordinator stops by to meet new residents!</u> 11:00AM-12:00PM <u>Chair Volleyball and Refreshments</u> 2:00PM-3:00PM	3 <u>Coffee, Pop tarts and Crosswords</u> 9:00AM-10:00AM <u>Tech Class: Bring your Phones or Laptops down and ask your coordinator any questions!</u> 11:00AM-12:00PM  2:30PM-3:30PM	4 <u>Coffee, Cinamon rolls, and Get to know your neighbor</u> 9:00AM-10:00AM <u>Resident Walking Club</u> 11:00AM-11:30AM <div> <u>Helping Hands</u> 1:00PM-4:00PM *Will be delivered upon arrival* </div> <i>Loop Shopping Shuttle</i>	5 <u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM <div> Field Trip: Mob Museum General Admission: \$19.95 Bring Nevada ID Sign up w/ Coordinator Meet in Lobby @9:00AM </div> <u>Margarita Mocktails, Salsa Bar, and Board Games</u> 2:30PM-3:30PM	6   
7 	8 <u>Crescendo Market Units 101-234</u> <u>*Sign up @9AM</u> <u>*Bring Your OWN bag or Cart @11AM</u> <u>*Shopping Times may vary</u> <u>Target Giveaway</u> <u>Time will be announced *Must sign up day of*</u> <u>RTC Bus Passes & Sudoku</u> 3:00PM-4:00PM	9 <u>Coffee, Pancakes, and Let's discuss your favorite genre of Music!</u> 9:00AM-10:00AM  <div> <u>w/ Archwell Health</u> 1:00PM-2:00PM </div> <u>Chair Volleyball and Refreshments</u> 2:00PM-3:00PM	10 <u>Coffee, Current Events, and Muffins</u> 9:00AM-10:00AM <div> <u>*Golden Groceries*</u> <u>*Bring your own Bags and Carts @1:30PM</u> <u>*Shopping Times depend on Food Delivery*</u> </div>	11 <u>Coffee and Homemade Waffles</u> 9:00AM-10:00AM <u>Resident Walking Club</u> 11:00AM-11:30AM <u>Afternoon Movie, "Residents Choice" w/ Popcorn and Soda</u> 2:30PM-3:30PM <i>Loop Shopping Shuttle</i>	12 <u>National Grilled Cheese Day</u> <u>Coffee, Word Searches and RTC Bus Passes</u> 9:00AM-10:00AM <u>Arts and Crafts: Therapeutic Coloring w/ Calming Music</u> 11:00AM-12:00PM <u>Grilled Cheese Sandwiches & Tomato Soup Social</u> 2:30PM-3:30PM	13 

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<div>14</div> 	<div>15</div> <p>Coffee Muffins & Wellness Chat: Breathing Techniques for Stress Relief 9:00AM-10:00AM</p> <p>Massages w/ Team Sikora *Must Sign up with Coordinator* *Max of 20 Residents* 10:00AM-12:00PM</p> <p>RTC Bus Passes & Word Searches 3:00PM-4:00PM</p>	<div>16</div> <p>National Banana Day</p> <p>Coffee, Avocado Toast w/Eggs and Fun Facts about Banana's 9:00AM-10:00AM</p> <p>Come Join us for: Heavyn's Banana Pudding 11:00AM-12:00PM</p> <p>Chair Volleyball and Refreshments 2:00PM-3:00PM</p>	<div>17</div> <p>Coffee, Coffee Cakes, and Get to know your coordinator! 9:00AM-10:00AM</p>  <p>w/ SBIBENEFITS 1:00PM-2:00PM</p> <p>Afternoon Movie, "Residents Choice" w/ Popcorn and Soda 2:30PM-3:30PM</p>	<div>18</div> <p>National Animal Cracker Day</p> <p>Crescendo Market Units 235-366 *Sign up @9AM *Bring Your OWN bag or Cart @11AM *Shopping Times may vary</p> <p>Resident Walking Club 12:30PM-1:00PM</p> <p>Animal Crackers & BINGO 2:30PM-3:30PM <i>Loop Shopping Shuttle</i></p>	<div>19</div> <p>Coffee, Word Searches and RTC Bus Passes 9:00AM-10:00AM</p> <p>Let's Play Sequence 11:00AM-12:00PM</p> <p>April Birthday Bash w/ Karaoke and Ice Cream Floats 2:00PM-3:00PM</p>	<div>20</div> 
<div>21</div> 	<div>22</div> <p>Coffee, Fruit Cups and Let's discuss our Favorite Poem! 9:00AM-10:00AM</p> <p>Cooking Class: Let's Make Chili Cheese Fries 12:00PM-1:00PM</p> <p>RTC Bus Passes & Crosswords 3:00PM-4:00PM</p>	<div>23</div> <p>Coffee and Strawberry Yogurt Parfaits 9:00AM-10:00AM</p> <p>Afternoon Stretching w/ Calming Music 11:00AM-12:00PM</p> <p>Chair Volleyball and Refreshments 2:00PM-3:00PM</p>	<div>24</div> <p>Coffee, Blueberry Muffins, and Adult Coloring Pages 9:00AM-10:00AM</p> <p>Coordinator Q&A Hour: Come ask me anything! 11:00AM-12:00PM</p> <p>Afternoon Movie, "Residents Choice" w/ Popcorn and Soda 2:30PM-3:30PM</p>	<div>25</div> <p>Coffee, Word Searches and RTC Bus Passes 9:00AM-10:00AM</p> <p>Resident Walking Club 11:00AM-11:30AM</p> <p>Assorted Pretzels & BINGO 2:30PM-3:30PM <i>Loop Shopping Shuttle</i></p>	<div>26</div> <p>National Pretzel Day</p> <p>Bring your own Coffee Social 9:00AM-10:00AM</p> <p>Resident Led Walking Club 11:00AM-11:30AM</p> <p>Resident Led Board Games 2:00PM-3:00PM</p>	<div>27</div> 
<div>28</div> 	<div>29</div> <p>Coffee and Oatmeal w/ Fruit 9:00AM-10:00AM</p> <p>Neurogenx: Provides Diabetic Shoes Covered by Insurance 11:00AM-1:00PM</p> <p>RTC Bus Passes & Puzzles 3:00PM-4:00PM</p>	<div>30</div> <p>National Oatmeal Cookie Day</p> <p>Coffee & Wellness Chat Parkinson's Disease Awareness 9:00AM-10:00AM</p> <p>Baking Class: Let's bake Oatmeal Cookies! 11:00AM-12:00PM</p> <p>Chair Volleyball and Refreshments 2:00PM-3:00PM</p>	<div></div> 	<div></div> 	<div></div> 	<p>If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Monday – Friday between 9:00AM – 5:00PM</p>