









# February 2025

## Crescendo Senior Apartments



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>February Wellness Focus:</b></p> <p><b>Heart Healthy Month</b></p> <p><b>Dementia Awareness</b></p> <p><b>Random Acts of Kindness</b></p>					<p><b>Helping Hands For February will Delivered on January 31<sup>st</sup> between 1:00PM-4:00PM</b></p> <p><b>Helping Hands For March will Delivered on February 28<sup>th</sup> between 1:00PM-4:00PM</b></p>	<p><b>Coffee, Word Searches and RTC Bus Passes</b> 9:00AM-10:00AM</p> <p><b>Let's Play Sequence!</b> 11:00AM-12:00PM</p> <p><b>Arts and Crafts: Let's Paint Canvases!</b> 2:00PM-3:00PM</p>
		<p><b>Coffee, Fresh Fruit Cups, and Wellness Chat: Dementia Awareness</b> 9:00AM-10:00AM</p> <p><b>Tech Class: Bring your Phones or Laptops down and ask your coordinator any questions!</b> 1:00PM-2:00PM</p> <p><b>RTC Bus Passes and Puzzles</b> 3:00PM-4:00PM</p>	<p><b>Coffee, Biscuits and Let's Discuss our Favorite Ice Cream Flavor</b> 9:00AM-10:00AM</p> <p><b>An Hour in the Garden</b> *Let's plan the Spring Garden* 11:00AM-12:00PM</p> <p><b>BINGO</b> 2:30PM-3:30PM</p>	<p><b>Coffee on the Go!</b> 9:00AM-10:00AM</p> <p><b>Crescendo Market Units 101-234</b> *Sign up @9AM *Bring Your OWN bag or Cart @11AM *Shopping Times may vary</p> <p><b>Target Giveaway</b> Time will be announced *Must sign up day of*</p>	<p><b>Coffee, Cinamon Rolls, and Crosswords</b> 9:00AM-10:00AM</p> <p><b>Arts and Crafts: Let's make Charm Bracelets</b> 11:00AM-12:00PM</p> <p><b>Afternoon Movie, "Residents Choice" w/ Popcorn and Soda</b> 2:30PM-3:30PM</p> <p><i>Loop Shopping Shuttle</i></p>	<p><b>Coffee, Sudoku and RTC Bus Passes</b> 9:00AM-10:00AM</p> <p><b>Let's Play Sequence!</b> 11:00AM-12:00PM</p> <p><b>Crescendo Super Bowl Party!</b> Wear your favorite team jersey, enjoy different appetizers and play games! 2:00PM-3:00PM</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 	10  <b>February 14<sup>th</sup></b>	11 <b>Morning Bingo w/ Archwell Health</b> 10:00AM-11:00AM  <b>Let's play Board Games and Card Games</b> 1:00PM-2:00PM <b>RTC Bus Passes and Word Searches</b> 3:00PM-4:00PM	12 <b>Coffee, Avocado Toast w/ Eggs</b> 9:00AM-10:00AM <b>Arts and Crafts: Therapeutic Coloring w/ Calming Music</b> 11:00AM-12:00PM <b>Afternoon Movie, "Residents Choice" w/ Popcorn and Soda</b> 2:30PM-3:30PM	13 <b>Coffee on the Go!</b> 9:00AM-10:00AM <b>*Golden Groceries* *Bring your own Bags and Carts @1:30PM *Shopping Times depend on Food Delivery*</b> <b>Coordinator Office Hour: Come Ask Me Anything!</b> 3:00PM-4:00PM	14 <b>Valentines Day!</b> <b>Coffee, Pancakes and RTC Bus Passes</b> 9:00AM-10:00AM <b>Let's make Chocolate Covered Strawberries!</b> 11:00AM-12:00PM  2:30PM-3:30PM <i>Loop Shopping Shuttle</i>	15 <b>Bring your own Coffee Social</b> 9:00AM-10:00AM <b>Resident Led Walking Club</b> 11:00AM-11:30AM <b>Resident Led Board Games</b> 2:00PM-3:00PM
16  <b>February 17<sup>th</sup></b>	17  <b>Leasing Office Closed</b>	18 <b>Coffee, Breakfast Bars, and Presidents Day Trivia</b> 9:00AM-10:00AM <b>Afternoon Movie, "Residents Choice" w/ Ice Cream Floats</b> 1:00PM-3:00PM <b>RTC Bus Passes and Crosswords</b> 3:00PM-4:00PM	19 <b>Mint Chocolate Chip Day</b> <b>Coffee and Blueberry Muffins</b> 9:00AM-10:00AM <b>SBIBENEFITS Taco Truck w/ Alicia Arevalo</b> 11:00AM-1:00PM <b>Resident Walking Club</b> 2:30PM-3:30PM	20 <b>National Muffin Day</b> <b>Coffee, Banana Nut Muffins and RTC Bus Passes</b> 9:00AM-10:00AM <b>Team Sikora</b> 12:00PM-1:00PM  2:30PM-3:30PM	21 <b>Coffee on the Go!</b> 9:00AM-10:00AM <b>Crescendo Market Units 235-366 *Sign up @9AM *Bring Your OWN bag or Cart @11AM *Shopping Times may vary**</b> <b>February Birthday Bash w/Taquitos, Chips, and Cupcake's</b> 2:00PM-3:00PM <i>Loop Shopping Shuttle</i>	22 <b>Bring your own Coffee Social</b> 9:00AM-10:00AM <b>Resident Led Walking Club</b> 11:00AM-11:30AM <b>Resident Led Board Games</b> 2:00PM-3:00PM
23 <b>If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Monday – Friday between 9:00AM – 5:00PM</b>	24 	25 <b>Coffee, Coffee Cakes and Let's discuss our Favorite Restaurant</b> 9:00AM-10:00AM <b>Nutrition Class: 5 Layer Bean Dip</b> 12:00PM-1:00PM <b>RTC Bus Passes and Sudoku</b> 3:00PM-4:00PM	26 <b>National Pistachio Day</b> <b>Coffee, French Toast, and Wellness Chat: Take care of your Heart</b> 9:00AM-10:00AM <b>Let's Play Sequence!</b> 11:00AM-12:00PM <b>Pistachio Ice Cream Social</b> 2:00PM-3:00PM	27 <b>National Strawberry Day</b> <b>Coffee and Strawberry Yogurt Parfaits</b> 9:00AM-10:00AM <b>ChairFit Bingo w/ Aging is Cool</b> 11:30AM-12:30PM <b>Afternoon Movie, "Residents Choice" w/ Popcorn and Soda</b> 2:30PM-3:30PM	28 <b>Coffee and Breakfast Quesadilla's</b> 9:00AM-10:00AM <b>Resident Walking Club</b> 11:00AM-11:30AM <b>Helping Hands</b> 1:00PM-4:00PM <b>*Will be delivered upon arrival</b> <i>Loop Shopping Shuttle</i>	<b>Please Remember to Sign up for Activities in the Activity Binder Located on the first floor Great Room under the T.V</b>