







November 2024

Crescendo Senior Apartments

COORDINATOR: HEAVYN



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Please Remember to Sign up for Activities in the Activity Binder Located on the first floor Great Room under the T.V.</p>				<p><b>National Cinamon Day</b> 1</p> <p><u>Coffee Social and Cinamon Rolls</u> 9:30AM-10:30AM</p> <p><b>Helping Hands</b> 1:00PM-4:00PM *Will be delivered upon arrival</p> <p><i>Loop Shopping Shuttle</i></p>	<p><b>National Deviled Egg day</b> 2</p> <p><u>Coffee Social and RTC Bus Passes</u> 9:30AM-10:30AM</p> <p><u>Let's Learn how to Line Dance w/ Susan</u> 11:00AM-12:00PM</p> <p><u>Nutrition Class: Let's make Deviled Eggs</u> 2:00PM-3:00PM</p>
<p>Daylight Savings Time Ends 3</p> 		<p><b>Crescendo Market</b> Units 101-234 *Sign up @9AM *Bring Your OWN bag or Cart @11AM *Shopping Times may vary*</p> <p><u>RTC Bus Passes</u> 3:00PM-4:00PM</p>	<p><b>National Nachos Day</b> 6</p> <p><u>Coffee Social and Breakfast Bars</u> 9:30AM-10:30AM</p> <p><u>Nutrition Class: Let's make Chicken Nachos</u> 11:00AM-12:00PM</p> <p><u>Chair Volleyball and Refreshments</u> 2:00PM-3:30PM</p>	<p>7</p> <p><u>Coffee Social and Bacon and Egg Casserole</u> 9:30AM-10:30AM</p> <p><u>Arts and Crafts Project: Let's Make Bracelets</u> 1:00PM-2:00PM</p> <p><b>BINGO</b> 2:30PM-3:30PM</p>	<p>8</p> <p><u>Coffee Social, Homemade Waffles and RTC Bus Passes</u> 9:30AM-10:30AM</p> <p><u>Let's Play Sequence!</u> 11:00AM-12:00PM</p> <p><u>Afternoon Movie w/ Popcorn and Soda</u> 2:30PM-3:30PM</p> <p><i>Loop Shopping Shuttle</i></p>	<p>9</p> <p><u>Breakfast Tacos! Come Meet Your Executive Director</u> 9AM</p> <p><u>Pool Tournament! Winner Gets a Prize!</u> 11AM</p> <p><u>Afternoon Movie: Resident's Choice!</u> 2PM</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 	11 	12 <u>Coffee and Veterans Brunch Celebration!</u> 10:00AM-11:00AM  <u>Tech Class: Bring your Phones or Laptops down and ask your coordinator any questions!</u> 1:00PM-2:00PM  <u>RTC Bus Passes</u> 3:00PM-4:00PM	13 <u>Coffee Social and Yogurt Parfaits</u> 9:30AM-10:30AM  <u>Let's Make Ice Cream Sundaes!</u> 12:00PM-1:00PM  <u>Chair Volleyball and Refreshments</u> 2:00PM-3:30PM	14 <u>Chair Yoga w/ Jeanie</u> 11:30AM-12:30PM   <b>*Golden Groceries*</b> <b>*Bring your own Bags and Carts @1:30PM*</b> <b>*Shopping Times depend on Food Delivery*</b>	15 <u>Coffee Social and Avocado Toast w/ Eggs</u> 9:30AM-10:30AM  <u>Therapeutic coloring w/ Calming Music</u> 11:00AM-12:00PM   2:30PM-3:30PM  <i>Loop Shopping Shuttle</i>	16 <u>Coffee Social and RTC Bus Passes</u> 9:30AM-10:30AM  <u>Let's Learn how to Line Dance w/ Susan</u> 11:00AM-12:00PM  <u>November Birthday Bash w/ Mini Quesadilla's, Chips &amp; Dip and Cupcakes</u> 2:00PM-3:00PM
17 	18 	19 <u>Coffee Chat: Let's Discuss Movies!</u> 10:00AM-11:00AM  <b>Meet and Great w/ Neurogenx: Provides shoes for Neuropathy</b> 11:00AM-1:00PM  <u>RTC Bus Passes</u> 3:00PM-4:00PM	20 <u>Coffee Social and Breakfast Tacos</u> 9:30AM-10:30AM   <u>Morning Bingo w/ Archwell Health</u> 10:00AM-11:00AM  <u>Chair Volleyball and Refreshments</u> 2:00PM-3:30PM	21 <u>Coffee and Pie Giveaways w/ Team Sikora</u> <u>*Sign up w/ Coordinator*</u> 9:00AM-11:00AM   <u>Chair Yoga w/ Jeanie</u> 11:30AM-12:30PM   <u>Afternoon Movie w/ Popcorn and Soda</u> 2:30PM-3:30PM	22 <u>Coffee Social and Pancake Bar</u> 9:30AM-10:30AM  <u>Let's Play Sequence!</u> 11:00AM-12:00PM  <u>Soup Social: Let's make White Chicken Chili</u> 2:00PM-3:00PM  <i>Loop Shopping Shuttle</i>	23 <b>Crescendo Market Units 235-366</b> <b>*Sign up @9AM</b> <b>*Bring Your OWN bag or Cart @11AM</b> <b>*Shopping Times may vary*</b>  <u>Let's Learn how to Line Dance w/ Susan</u> 2:00PM-3:00PM  <u>RTC Bus Passes</u> 3:00PM-4:00PM
24 <p>If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Monday – Friday between 9:00AM – 5:00PM</p>	25 	26 <u>Thanksgiving Celebration Potluck!</u> <u>*Bring a dish to Participate</u> <u>*Sign up in Activity Binder*</u> 12:00PM-2:00PM  <u>RTC Bus Passes</u> 3:00PM-4:00PM	27 <u>Breakfast Tacos with Moses: Executive Director</u> 9AM  <u>Pool Tournament II! Winner Gets a Prize!</u> 11AM  <u>Afternoon Movie: Resident's Choice!</u> 2PM	28   <b>OFFICE CLOSED</b>	29   <b>OFFICE CLOSED</b>	30 