## July 2024 Arioso Senior Apartments



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SUNDAT			WEDNESDAT			
	1	Made in the USA Day 2	Windmill Mobile Library	Independence Day 4	Graham Crackers Day 5	Fried Chicken Day 6
All.		Coffee Codel Woffle Day				A wingo Mouleot
		Coffee Social, Waffle Bar,	*On the $2^{nd}$ floor*	and the second	Coffee Social, Breakfast	Arioso Market
		& Word Searches	10:00AM-11:00AM		Bars & Cheese Trivia	1st & 2 <sup>nd</sup> Floors
		9:00AM - 10:00AM			9:00AM-10:00AM	*Bring your own bags and
COODDINATED			Coffee Social,			carts to the Great Room*
COUKDINALED		Arts & Crafts:	Archwell Health, &	4 <sup>th</sup> JULY	Resident Led Dancercise	*Shopping times may
TOUTH TOUT		Therapeutic Coloring &	BUNGO	INDEPENDENCE	*See board for details*	vary*
INIC SOUTHERN		<u>Music</u>		Day		11:00AM
LI Y II Y NEVADA		11:00AM-12:00PM	10:00AM- 11:00AM	*	S'mores & Social Hour:	
	<b>V</b>				"Let's play Never Have I	
773		<b>Resident Led Chair</b>	Resident Led Chair	7110	Ever"	BUNGO
		Volleyball Practice	Volleyball Practice		2:30PM-3:30PM	The state of the s
		3:30PM	3:30PM			2:30PM-3:30PM
G. I. G. I. B. F.	N. C. IDI I D. O.	N IG G I D A		DI 1 1/2 001 D 11	N. C. LE. C. V. D. 12	D 1145 1 D 12
Strawberry Sundae Day 7	National Blueberry Day 8	National Sugar Cookie Day 9	10	Blueberry Muffin Day 11	National Eat Jello Day 12	Bean' N' Frank Day 13
		Coffee Social, Cinnamon	Golden Groceries			Coffee Carial Davishes
		Rolls, & RTC Bus Pass	*Shopping time depends	Coffee Social, Blueberry	Coffee Social & RTC Bus	Coffee Social, Danishes,
		Distribution	on food delivery. Email	Muffins, and Word	Pass Distribution	& Trivia
	-	9:00AM-10:00AM	Blast will be sent to notify	<u>Searches</u>	9:00AM-10:00AM	9:00AM-10:00AM
And the same		7.007 HVI 10.007 HVI	residents of start time.*	9:00AM-10:00AM		
		Team Sikora	*Great Room will be		Resident Led Dancercise	Music Appreciation w/
		Eat some popcorn &	closed until time of	<u>Exercise Class: Chair</u>	*See board for details*	Zee:
		laminate your Medicare	distribution*	Yoga Programme		*Join us in the Great
		Cards!	1:00PM - 3:00PM	11:30AM - 12:30PM		Room*
		10:00AM – 10:45AM			Jello Social & Brain	11:30AM
		10.00A01 - 10.43A01	Resident Led Chair	BUNGO	Busters	
		Sugar Cashis Dasar-4	Volleyball Practice	N CO	2:30PM-3:30PM	Bean 'N' Franks Social
		Sugar Cookie Decorating 2:30PM	3:30PM	2:30PM-3:30PM		2:30PM – 3:30PM
		2.30PW	5.501111			

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mac and Cheese Day 14	National Gummy Worm Day 15	16	National Hot Dog Day 17	Nelson Mandela Day 18	19	National Lollipop Day 20
		Coffee Social & RTC Bus	A . D. A			Coffee Social,
		Pass Distribution	Arioso Market  3rd & 4th Floors	<u>Coffee Social, Breakfast</u> Bars, & Nelson Mandela	Coffee Social & RTC Bus Pass Distribution	9:00AM-10:00AM
		9:00AM-10:00AM	*Bring your own bags and	Fun Facts	9:00AM-10:00AM	
		Exercise Class:	carts to the Great Room*	9:00AM-10:00AM	7.007 HVI-10.007 HVI	Music Appreciation w/
		20/20/20 Fitness	*Shopping times may	71001-21-2	Chips, Dips, & Name	<u>Zee:</u> *Join us in the Great
		*Location:	vary*	Exercise Class:	That 70's Song	Room*
		To be announced*	11:00AM	<mark>Chair Yoga</mark>	12:00PM - 1:00PM	11:30AM
		10:30AM - 11:30AM		1:00PM - 2:00PM	TT-1-* TT1	
		CI . D. 6 (A)	Hot Dog Bar & Oldies		<u>Helping Hands</u> 2:00PM-4:00PM	Lollipops & Arts &
		<u>Chips, Dips, &amp; "Name</u> <u>That Song"</u>	Music	BUNGO	*Will deliver upon arrival*	<u>Crafts</u>
		2:30PM - 3:30PM	2:30PM - 3:30PM	2:30PM - 3:30PM	•	2:30PM-4:00PM
National Ice Cream Day 21	National Mango Day 22	23	24	Hot Fudge Sundae Day 25	National Bagelfest Day 26	Love is Kind Day 27
National Ice Cleam Bay 21	National Mango Day 22	Coffee Social & RTC Bus	Coffee Social & Cooking	Coffee Social, Word	National Dagenest Day 20	Arioso Market
		Pass Distribution	Class w/ Tamra:	Searches, & Sweet	Coffee, Bagels Bar, &	All Residents
		9:00AM-10:00AM	Breakfast Pizza	<u>Treats</u>	BUNGO	*Bring your own bags and
		Exercise Class:	10:00AM-11:00AM	9:00AM-10:00AM	10:00AM-11:30AM	carts to the Great Room*
		20/20/20 Fitness	Chips, Dips, & Name	Exercise Class:	10.00AWI-11.30AWI	*Shopping times may vary*
		10:30AM – 11:30AM	That 70's Song	Chair Yoga	RTC Bus Pass Dist.	11:00AM
			2:30PM - 3:30PM	1:00PM - 2:00PM	11:00AM – 12:00PM	2370032272
		Resident Led Chair			Nutrition Class w/ Tamra:	Arts & Crafts:
		<b>Volleyball Practice</b>	Resident Led Dancercise	Hot Fudge Sundaes &	Copycat P.F. Chang's	Painting w/ Rope
		3:30PM	*See board for details	Karaoke	Lettuce Wraps	2:30PM-4:00PM
				2:30PM – 3:30PM	2:30PM-3:30PM	
28	National Lasagna Day 29	National Cheesecake Day 30 Coffee Social, Wellness	National Avocado Day 31			
If you have any		Chat, & Breakfast Bars	Coffee Social &			
questions, please call		9:00AM-10:00AM	<u>Avocado Toast</u> 9:00AM-10:00AM	**		
your Resident			7.007 HVI-10.007 HVI			
Services Coordinator		RTC Bus Pass Dist.	Birthday Bash			
at (702) 000 27(4	Story Story	11:00AM – 12:00PM	*Everyone is invited*	Kindness		
(702) 990-2764		Cheesecake Bites &		Kindness Matters.		
Tuesday – Saturday				Matters.		
between		BUNGO				
9:00AM – 5:00PM		2:30PM - 3:30PM	2:30PM-4:00PM			