


July 2024

Arioso Senior Apartments



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>Made in the USA Day 2</p> <p><u>Coffee Social, Waffle Bar, & Word Searches</u> 9:00AM – 10:00AM</p> <p><u>Arts & Crafts: Therapeutic Coloring & Music</u> 11:00AM-12:00PM</p> <p><u>Resident Led Chair Volleyball Practice</u> 3:30PM</p>	<p>Windmill Mobile Library 3 <i>*On the 2nd floor*</i> 10:00AM-11:00AM</p> <p>Coffee Social, Archwell Health, & BINGO 10:00AM- 11:00AM</p> <p><u>Resident Led Chair Volleyball Practice</u> 3:30PM</p>	<p>Independence Day 4</p> 	<p>Graham Crackers Day 5</p> <p><u>Coffee Social, Breakfast Bars & Cheese Trivia</u> 9:00AM-10:00AM</p> <p><u>Resident Led Dancercise</u> <i>*See board for details*</i></p> <p>S'mores & Social Hour: "Let's play Never Have I Ever" 2:30PM-3:30PM</p>	<p>Fried Chicken Day 6</p> <p><u>Arioso Market 1st & 2nd Floors</u> <i>*Bring your own bags and carts to the Great Room*</i> <i>*Shopping times may vary*</i> 11:00AM</p>  <p>2:30PM-3:30PM</p>
<p>Strawberry Sundae Day 7</p> 	<p>National Blueberry Day 8</p> 	<p>National Sugar Cookie Day 9</p> <p><u>Coffee Social, Cinnamon Rolls, & RTC Bus Pass Distribution</u> 9:00AM-10:00AM</p> <p>Team Sikora Eat some popcorn & laminate your Medicare Cards! 10:00AM – 10:45AM</p> <p><u>Sugar Cookie Decorating</u> 2:30PM</p>	<p>Golden Groceries 10 <i>*Shopping time depends on food delivery. Email Blast will be sent to notify residents of start time.*</i> <i>*Great Room will be closed until time of distribution*</i> 1:00PM – 3:00PM</p> <p><u>Resident Led Chair Volleyball Practice</u> 3:30PM</p>	<p>Blueberry Muffin Day 11</p> <p><u>Coffee Social, Blueberry Muffins, and Word Searches</u> 9:00AM-10:00AM</p> <p>Exercise Class: Chair Yoga 11:30AM – 12:30PM</p>  <p>2:30PM-3:30PM</p>	<p>National Eat Jello Day 12</p> <p><u>Coffee Social & RTC Bus Pass Distribution</u> 9:00AM-10:00AM</p> <p><u>Resident Led Dancercise</u> <i>*See board for details*</i></p> <p>Jello Social & Brain Busters 2:30PM-3:30PM</p>	<p>Bean 'N' Frank Day 13</p> <p><u>Coffee Social, Danishes, & Trivia</u> 9:00AM-10:00AM</p> <p><u>Music Appreciation w/ Zee:</u> <i>*Join us in the Great Room*</i> 11:30AM</p> <p><u>Bean 'N' Franks Social</u> 2:30PM – 3:30PM</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Mac and Cheese Day 14</p> 	<p>National Gummy Worm Day 15</p> 	<p>16</p> <p>Coffee Social & RTC Bus Pass Distribution 9:00AM-10:00AM</p> <p>Exercise Class: 20/20/20 Fitness *Location: To be announced* 10:30AM – 11:30AM</p> <p>Chips, Dips, & “Name That Song” 2:30PM - 3:30PM</p>	<p>National Hot Dog Day 17</p> <p>Arioso Market 3rd & 4th Floors <i>*Bring your own bags and carts to the Great Room*</i> <i>*Shopping times may vary*</i> 11:00AM</p> <p>Hot Dog Bar & Oldies Music 2:30PM – 3:30PM</p>	<p>Nelson Mandela Day 18</p> <p>Coffee Social, Breakfast Bars, & Nelson Mandela Fun Facts 9:00AM-10:00AM</p> <p>Exercise Class: Chair Yoga 1:00PM – 2:00PM</p> <p>BINGO 2:30PM – 3:30PM</p>	<p>19</p> <p>Coffee Social & RTC Bus Pass Distribution 9:00AM-10:00AM</p> <p>Chips, Dips, & Name That 70’s Song 12:00PM - 1:00PM</p> <p>Helping Hands 2:00PM-4:00PM <i>*Will deliver upon arrival*</i></p>	<p>National Lollipop Day 20</p> <p>Coffee Social, 9:00AM-10:00AM</p> <p>Music Appreciation w/ Zee: <i>*Join us in the Great Room*</i> 11:30AM</p> <p>Lollipops & Arts & Crafts 2:30PM-4:00PM</p>
<p>National Ice Cream Day 21</p> 	<p>National Mango Day 22</p> 	<p>23</p> <p>Coffee Social & RTC Bus Pass Distribution 9:00AM-10:00AM</p> <p>Exercise Class: 20/20/20 Fitness 10:30AM – 11:30AM</p> <p>Resident Led Chair Volleyball Practice 3:30PM</p>	<p>24</p> <p>Coffee Social & Cooking Class w/ Tamra: Breakfast Pizza 10:00AM-11:00AM</p> <p>Chips, Dips, & Name That 70’s Song 2:30PM - 3:30PM</p> <p>Resident Led Dancercise <i>*See board for details</i></p>	<p>Hot Fudge Sundae Day 25</p> <p>Coffee Social, Word Searches, & Sweet Treats 9:00AM-10:00AM</p> <p>Exercise Class: Chair Yoga 1:00PM – 2:00PM</p> <p>Hot Fudge Sundaes & Karaoke 2:30PM – 3:30PM</p>	<p>National Bagelfest Day 26</p> <p>Coffee, Bagels Bar, & BINGO 10:00AM-11:30AM</p> <p>RTC Bus Pass Dist. 11:00AM – 12:00PM</p> <p>Nutrition Class w/ Tamra: Copycat P.F. Chang’s Lettuce Wraps 2:30PM-3:30PM</p>	<p>Love is Kind Day 27</p> <p>Arioso Market All Residents <i>*Bring your own bags and carts to the Great Room*</i> <i>*Shopping times may vary*</i> 11:00AM</p> <p>Arts & Crafts: Painting w/ Rope 2:30PM-4:00PM</p>
<p>28</p> <p>If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Tuesday – Saturday between 9:00AM – 5:00PM</p>	<p>National Lasagna Day 29</p> 	<p>National Cheesecake Day 30</p> <p>Coffee Social, Wellness Chat, & Breakfast Bars 9:00AM-10:00AM</p> <p>RTC Bus Pass Dist. 11:00AM – 12:00PM</p> <p>Cheesecake Bites & BINGO 2:30PM – 3:30PM</p>	<p>National Avocado Day 31</p> <p>Coffee Social & Avocado Toast 9:00AM-10:00AM</p> <p>Birthday Bash <i>*Everyone is invited*</i></p>  <p>2:30PM-4:00PM</p>			