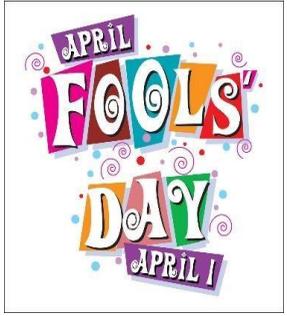


April 2025

Arioso Senior Apartments

Coordinator: Tamra



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>April Wellness Focus:</p> <p>Parkinson's Disease</p> <p>Stress Awareness</p>	<p>April Fool's Day 1</p> <p><u>Coffee Social, Muffins, & Joke Time!</u> 9:00AM-10:00AM</p> <p><u>Massages w/ Team Sikora</u> 10:00AM-11:00AM</p> <p><u>RTC Bus Passes & Ted Talk Time</u> 3:00PM-4:00PM</p>	<p>National PB & Jelly Day 2</p> <p><u>Coffee Social w/ Peanut Butter & Jelly Uncrustables</u> 9:00AM-10:00AM</p> <p><u>Windmill Mobile Library</u> <i>*In the Great Room*</i> 10:00AM-11:00AM</p> <p><u>Let's Play Board Games & Card Games</u> 2:30PM-3:30PM</p>	<p>3</p> <p><u>Coffee Social & Word Searches</u> 9:00AM-10:00AM</p> <p><u>Nevada Senior Services: Wellness Program</u> 10:00AM-11:00AM</p> <p> 1:00PM-2:00PM</p>	<p>4</p> <p><u>Arioso Market 1st & 2nd Floors</u> <i>*Bring your own bags/carts. Shopping times vary depending on delivery. Email blast will be sent with exact start time.*</i></p> <p><u>Nutrition Class w/ Tamra: Healthy Chicken Cordon Bleu Wraps</u> 2:30PM-3:30PM</p>	<p>5</p> <p><u>Coffee Social & Breakfast Bars</u> 9:00AM – 10:00AM</p> <p><u>Early Morning Movement w/ Music</u> 10:00AM</p> <p><u>Resident Walking Club</u> 2:30PM-3:30PM</p>	<p>6</p> <p></p>
<p>7</p> <p></p> <p></p> <p></p> <p><i>Loop Shopping Shuttle</i></p>	<p>8</p> <p><u>Coffee Social, Muffins, & Wellness Chat: Parkinson's Disease</u> 9:00AM-10:00AM</p> <p><u>RTC Bus Passes & Color by Numbers</u> 10:00AM-11:00AM</p> <p><u>Afternoon Snacks & Pictionary</u> 2:30PM-3:30PM</p>	<p>9</p> <p><u>Golden Groceries:</u> <i>*Pick up times depend on food delivery. Email blast will be sent w/ exact start time. Great Room will be closed until the start of distribution.*</i></p> <p><u>Talk Time, Tunes, & Treats</u> 2:30PM-3:30PM</p>	<p>10</p> <p><u>Coffee Social, Current Events, & Avocado Toast</u> 9:00AM-10:00AM</p> <p><u>Roseman University Senior Kit Activity: Resource information regarding housing, food, healthcare, & Medicare support</u> 1:00PM-3:00PM</p>	<p>11</p> <p><u>Coffee, Word Searches, & RTC Bus Passes</u> 9:00AM-10:00AM</p> <p><u>Fruit & Cheese Compassionate Med Group</u> 11:00AM-1:00PM</p> <p><u>Resident Walking Club</u> 2:30PM-3:30PM</p>	<p>12</p> <p><u>National Grilled Cheese Day</u></p> <p><u>Field Trip: Mob Museum</u> General Admission: \$19.95 Bring Nevada ID Sign up w/ Coordinator Meet in Lobby @9:00AM</p> <p><u>Coffee Social & Trivia</u> 9:00AM-10:00AM</p> <p><u>Afternoon Movement w/ Music</u> 2:30PM-3:30PM</p>	<p>13</p> <p></p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>14</p>  <p><i>Loop Shopping Shuttle</i></p>	<p>15</p> <p>Coffee Social & Wellness Chat: Stress Relief 9:00AM-10:00AM</p> <p>RTC Bus Passes & Name that Logo! 10:00AM-11:00AM</p> <p>Afternoon Movie: Popcorn & Goodies *Residents choice* 2:30PM-4:30PM</p>	<p>16</p> <p>National Banana Day</p> <p>Coffee Social w/ Peanut Butter & Banana English Muffins 9:00AM-10:00AM</p> <p>Arts and Crafts: Therapeutic Coloring w/ Calming Music 11:00AM-12:00PM</p> <p>Coordinator Office Hours: *Come ask me to help w/ any of your administrative needs* 2:30PM-3:30PM</p>	<p>17</p> <p>Coffee Social & Donuts w/ Rider Mobility 9:30AM-11:30AM</p> <p>Afternoon Snacks & </p> <p>2:30PM-3:30PM</p>	<p>18</p> <p>National Animal Cracker Day</p> <p>Coffee Social, Animal Crackers, & RTC Bus Passes 9:00AM-10:00AM</p> <p>Birthday Bash w/ Live Entertainment 1:00PM-3:00PM</p> <p>Helping Hands 4:00PM *Pick up from pantry due to Birthday Bash*</p>	<p>19</p> <p>Coffee Social & Word Searches 9:00AM-10:00AM</p> <p>Resident Walking Club 11:00AM-11:30AM</p> <p> 2:00PM-3:00PM</p>	<p>20</p> 
<p>21</p>  <p><i>Loop Shopping Shuttle</i></p>	<p>22</p> <p>National Jellybean Day</p> <p>Coffee Social & Yogurt Parfaits 9:00AM-10:00AM</p> <p>RTC Bus Passes & "Do you Know your Neighbor" 10:30AM-11:30AM</p> <p>Arts & Crafts: Paint & Pour on Canvases 2:30PM-3:30PM</p>	<p>23</p> <p>Coffee Social & Cooking Class w/ Tamra: Breakfast Pizza 10:00AM-11:00AM</p> <p>Name that Logo! 11:00AM-12:00PM</p> <p>Ice Cream Floats & The Price is Right! 2:30PM-3:30PM</p>	<p>24</p> <p>National Pigs in a Blanket Day</p> <p>Coffee Social, Geography Trivia, & Breakfast Bars 9:00AM – 10:00AM</p> <p>Early Lunch: Pigs in a Blanket 11:00AM-12:00PM</p> <p>Afternoon Movie: Popcorn & Goodies 2:00PM-4:30PM</p>	<p>25</p> <p>Coffee, Word Searches and RTC Bus Passes 9:00AM-10:00AM</p> <p>Resident Walking Club 11:00AM-11:30AM</p> <p> w/ SBI Benefits 1:00PM-2:00PM</p>	<p>26</p> 	<p>27</p> 
<p>28</p>  <p><i>Loop Shopping Shuttle</i></p>	<p>29</p> <p>Arioso Market 3rd & 4th Floors *Bring your own bags/carts. Shopping times vary depending on delivery. Email blast will be sent with exact start time.*</p> <p>Get Out, Get Up, & Get Moving: *Resident Led Dance Class* 3:00PM-4:00PM</p>	<p>30</p> <p>National Oatmeal Cookie Day</p> <p>Coffee, Pastries & Wellness Chat Parkinson's Disease Awareness 9:00AM-10:00AM</p> <p>RTC Bus Pass Distribution 10:00AM-11:00AM</p> <p>Oatmeal Cookies &  2:30PM-3:30PM</p>	<p>APRIL —  — MONTH</p>			<p>If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Monday – Friday between 9:00AM – 5:00PM</p>