February 2025

Arioso Senior Apartments coordinator: tamra d.



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February Wellness Focus: Heart Healthy Month Dementia Awareness Random Acts of Kindness	The Library District Las Vegas-Clark County TYLER INSURANCE GROUP	COORDINATED LIVING SOUTHERN NEVADA	BLACH History MONTH	COLD & FLU SEASON	RANDOM ACTS KINDNESS DAY February 17th	National Dark Chocolate Day 1 Coffee Social, Chocolate Pastries, & Trivia 9:00AM - 10:00AM Resident Walking Club 11:00AM - 12:00PM Afternoon Social: Dark Chocolate Treats & The Price is Right! 2:30PM - 3:30PM
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Groundhog Day 2	National Carrot Cake Day 3	Arioso Market 1st & 2nd Floors *Bring your own bags/carts. Shopping times vary depending on delivery. Email blast will be sent with exact start time. *	Coffee Social & True Crime Podcast 9:00AM-10:00AM SBIBENEFITS Taco Truck w/ Alicia Arevalo 11:00AM-1:00PM	Frozen Yogurt Day 6 Coffee Social 9:00AM-10:00AM Children HEALTH 10:00AM-11:00AM	Coffee on the Go! 9:00AM SUPERIOR PARTY	Coffee Social & Current News 9:00AM - 10:00AM Resident Walking Club 11:00AM - 11:30AM
	Loop Shopping Shuttle	Resident Walking Club 3:00PM	Resident Coordinator Office Hours 3:00PM-4:00PM	Frozen Yogurt Social & <u>Did you Know</u> 2:30PM-3:30PM	2:30PM *Wear your favorite team jersey and come play some football games and win prizes*	2:00PM-3:00PM

Coffee Social & Pancake Twisters 9-00AM-10-00AM Pourogens: Provides devices for seniors wi certain foot illnesses* 11-00AM-10-00AM Loop Shopping Shuttle Presidents Day 17 Coffee Social & Wellness Chair Fit Bingo 2-30PM-3-30PM Coffee Social & Martining Coffee Social & Martining Coffee Social & Martining Coffee Social & Wellness Chair Fit Bingo 2-30PM-3-30PM Coffee Social & Martining Coffee Social & Wellness Chair Fit Bingo 2-30PM-3-30PM Coffee Social & Martining Coffee Social & Martining Coffee Social & Wellness Chair Fit Bingo 2-30PM-3-30PM Coffee	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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