

February 2025

Arioso Senior Apartments COORDINATOR: TAMRA D.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>February Wellness Focus:</p> <p>Heart Healthy Month</p> <p>Dementia Awareness</p> <p>Random Acts of Kindness</p>	 				 <p>February 17th</p>	<p>National Dark Chocolate Day 1</p> <p>Coffee Social, Chocolate Pastries, & Trivia 9:00AM – 10:00AM</p> <p>Resident Walking Club 11:00AM – 12:00PM</p> <p>Afternoon Social: Dark Chocolate Treats & The Price is Right! 2:30PM – 3:30PM</p>
<p>Groundhog Day 2</p>	<p>National Carrot Cake Day 3</p> <p><i>Loop Shopping Shuttle</i></p>	<p>Arioso Market 1st & 2nd Floors <i>*Bring your own bags/carts. Shopping times vary depending on delivery. Email blast will be sent with exact start time.*</i></p> <p>Resident Walking Club 3:00PM</p>	<p>Coffee Social & True Crime Podcast 9:00AM-10:00AM</p> <p>SBIBENEFITS Taco Truck w/ Alicia Arevalo 11:00AM-1:00PM</p> <p>Resident Coordinator Office Hours 3:00PM-4:00PM</p>	<p>Frozen Yogurt Day 6</p> <p>Coffee Social 9:00AM– 10:00AM</p> <p>BINGO 10:00AM-11:00AM</p> <p>Frozen Yogurt Social & Did you Know 2:30PM-3:30PM</p>	<p>Coffee on the Go! 9:00AM</p> <p>SUPER BOWL PARTY</p> <p>2:30PM <i>*Wear your favorite team jersey and come play some football games and win prizes*</i></p>	<p>Coffee Social & Current News 9:00AM – 10:00AM</p> <p>Resident Walking Club 11:00AM – 11:30AM</p> <p>BINGO 2:00PM-3:00PM</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Super Bowl Sunday 9 	Cream Cheese Brownie Day 10  Loop Shopping Shuttle	11 Coffee Social & Tongue Twisters 9:00AM-10:00AM Neurogenx: *Provides devices for seniors w/ certain foot illnesses* 11:00AM-1:00PM Aging is Cool: Chair Fit Bingo 2:30PM-3:30PM	12 Windmill Library Bookmobile: <i>*2nd Floor*</i> 10:00AM – 11:00AM Golden Groceries <i>*Shopping time depends on food delivery. Email Blast will be sent to notify residents of start time.*</i> <i>*Great Room will be closed until time of distribution for setup up*</i>	National Pancake Day 13 Coffee Social & Pancake Bar 9:00AM – 10:00AM Open Clinic w/ Pine Park Health 1:00PM-3:00PM Resident Walking Club 2:30PM-3:30PM	Valentines Day 14 Coffee Social & Valentine Word Searches 9:00AM-10:00AM Helping Hands 2:00PM-4:00PM <i>*Will deliver upon arrival*</i> Chair Volleyball <i>*In the Gym*</i> 3:30PM-4:30PM	15 Coffee Social & Watch The Golden Girls 9:00AM-10:00AM Come join us for: Tamra's Crockpot Chili Day 2:30PM-3:30PM  2:00PM-3:00PM
16 	Presidents' Day 17  Leasing Off Closed	18 Coffee Social & Wellness Chat: Take Care of Your Heart 9:00AM – 10:00AM Arioso Market 1st & 2nd Floors <i>*Bring your own bags/carts. Shopping times vary depending on delivery. Email blast will be sent with exact start time.*</i>	Chocolate Mint Day 19 Coffee Social & Current Events 9:00AM-10:00AM Arts & Crafts: Paint & Pour on Canvases 11:00AM-12:00PM Mint Chocolate Chip Ice Cream Social 2:30PM – 3:30PM	20 Coffee Social & Morning BINGO 10:30AM-11:30AM Afternoon Movie: Popcorn & Goodies <i>*Residents will vote on a Black History movie of their choice*</i> 1:00PM-4:00PM	National Sticky Bun Day 21 Coffee Social, Sticky Bun, & Crossword Puzzles 9:00AM-10:00AM Margarita Mocktails, Salsa Bar, & Festive Music 2:30PM – 3:30PM Chair Volleyball 3:30PM-4:30PM	National Margarita Day 22 Coffee Social & Word Searches 9:00AM-10:00AM Resident Walking Club 10:30AM-11:30AM Family Comes First: Pet & Self Coverage 2:00PM – 3:00PM
Banana Bread Day 23 	24  Loop Shopping Shuttle	25 Coffee Social & Color by Numbers 9:00AM – 10:00AM Arts & Crafts: Therapeutic Coloring 11:00AM-12:00PM Aging is Cool: Chair Fit Bingo 2:00PM-3:00PM	National Puzzle Day 26 Coffee Social & Team Sikora 10:00AM-11:00AM Birthday Bash: Karaoke & Ice Cream Floats <i>*All residents are welcome*</i> 2:30PM-4:00PM	27 Coffee Social, Muffins, & Mazes 9:00AM-10:00AM Resident Walking Club 10:30AM-11:30AM  2:30PM-3:30PM	28 Coffee Social & Word Searches 9:00AM – 10:00AM Arts & Crafts: Therapeutic Coloring 11:00AM-12:00PM Chair Volleyball <i>*In the Gym*</i> 3:30PM-4:30PM	If you have any questions, please call your Resident Services Coordinator at (702) 990-2768 Tuesday – Saturday between 9:00AM – 5:00PM