

July 2024

Acapella Senior Apartments



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY						
<p>1</p> <p>National U.S. Postage Stamp Day</p>	<p>2</p> <p>National U.S. Postage Stamp Day</p> <p>Acapella Market *Smiths, Albertsons Bldg 1 - 1st Fl & Bldg 2 – ALL units *Bring your own bag! 10:00am</p>	<p>3</p> <p>Made in the USA Day</p> <p>Coffee, Coffee Cake & Word Search 9:30am – 10:30am</p> <p>Bingo Archwell Health 10:30am – 11:30am</p> <p>Cooking Class: Spinach Artichoke Dip 2:00pm – 3:00pm</p> <p>Loop Shopping Shuttle Smiths & Albertsons</p>	<p>4</p> <p>National Stay out of the Sun Day</p> <p>Coffee Social & Coloring 9:30am – 10:30am</p> <p>Team Sikora 10:00am – 10:45am *Eat some popcorn & laminate your Medicare Cards!</p> <p>4th of July Celebration! Hot dogs & Root beer Floats 1:30pm – 2:30pm</p> <p>Bus Pass Distribution 3:00pm – 4:00pm</p>	<p>5</p> <p>Independence Day</p>	<p>6</p> <p>National Graham Crackers Day</p> <p>Coffee w/ Mini Graham Cracker Delights 9:30am – 10:30am</p> <p>BINGO & Snacks 2:30pm – 3:30pm</p> <p>Bus Pass Distribution 3:00pm – 4:00pm</p>	<p>7</p> <p>National Strawberry Sundae Day</p>	<p>8</p> <p>National Blueberry Day</p> <p>Coffee & Blueberry Muffins 9:30am – 10:30am</p> <p>Arts & Crafts: Mini Crate Decorating 1:30pm – 2:30pm</p> <p>Coordinator Office Hours *Come & talk to your Coordinator with any questions or concerns you may have 3:00pm – 4:00pm</p>	<p>9</p> <p>National Sugar Cookie Day</p> <p>Coffee & Breakfast Sandwiches 9:30am – 10:30am</p> <p>Board Games & Snacks 1:15pm – 2:15pm</p> <p>Puppy Social & Ice Pops <i>Bring your pup down for treats!</i> 2:30pm – 3:30pm</p> <p>Loop Shopping Shuttle Walmart</p>	<p>10</p> <p>National Kitten Day</p> <p>Coffee, Bagels & a game of Say What You See 9:30am – 10:30am</p> <p>Exercise Class: Seated Strength 10:00am – 11:00am</p> <p>BINGO & Snacks 1:30pm – 2:30pm</p> <p>Bus Pass Distribution 3:00pm – 4:00pm</p>	<p>11</p> <p>National 7-11 Day</p> <p>Coffee, Cinnamon Rolls, & Word Search 9:30am – 10:30am</p> <p>Exercise Class: Stay Stretching 10:30am – 11:30am</p> <p>Therapeutic Coloring & Music 1:15pm – 2:00pm Nutrition Class: Caesar Salads 2:30pm – 3:45pm</p>	<p>12</p> <p>National French Fry Day</p> <p>Coffee & Pop Tarts 9:30am – 10:30am</p> <p>Chili Cheese Fries Social 1:30pm – 2:30pm</p> <p>Bus Pass Distribution 3:00pm – 4:00pm</p>	<p>13</p> <p>National Bean 'N' Frank Day</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>14 National Mac and Cheese Day</p> 	<p>15 National Gummy Worm Day</p> <p>Acapella Market Smiths & Albertsons Bldg 1 – 2nd & 3rd Fl *Bring your own bag! 10:00am</p>	<p>16 National Cherry Day</p> <p>Coffee, Cherry Danishes, & Word Search Puzzles 9:30am – 10:30am</p> <p>Cooking Class: Let's bake Cupcakes! 2:00pm – 3:00pm</p> <p>Loop Shopping Shuttle Ross & Dollar Tree</p>	<p>17 National Hot Dog Day</p> <p>Coffee, & Waffles 9:30am – 10:30am</p> <p>Sunrise Library 12:00pm – 1:00pm</p> <p>BINGO & Snacks 2:00pm – 3:00pm</p> <p>Bus Pass Distribution 3:00pm – 4:00pm</p>	<p>18 Nelson Mandela International Day</p> <p>Coffee, Muffins, & Nelson Mandela Facts 9:30am – 10:30am</p> <p>Exercise Class: Stay Stretching 10:30am – 11:30am</p> <p>Coordinator Office Hours *Come & talk to your Coordinator 1:00pm -2:00pm Let's Play Scrabble! 2:30pm – 3:30pm</p>	<p>19 National Words with Friends Day</p> <p>Coffee, Morning game of Scrabble & Cookies 9:30am – 10:30am</p> <p>Helping Hands 2:00PM-4:00PM *Must pick up bags in Bldg. 1</p> <p>Bus Pass Distribution 3:00pm – 4:00pm</p>	<p>20 National Lollipop Day</p> 
<p>21 National Ice Cream Day</p> 	<p>22 National Mango Day</p> <p>Coffee & Breakfast Pastries 9:30am – 10:30am</p> <p>Tech Class: Bring your phone or laptop and any questions you may have! 1:15pm – 2:00pm</p> <p>BINGO & Mango Smoothies 2:30pm – 3:30pm</p>	<p>23 Vanilla Ice Cream Day</p> <p>Golden Groceries 10:30am – 12:00PM In Bldg. 1 *Bring your own bag* Start time may change depending on food delivery. Loop Shopping Shuttle Winco</p>	<p>24 National Tell an Old Joke Day</p> <p>Coffee & Sharing Jokes Social 9:30am – 10:30am</p> <p>Arts & Crafts: Popsicle Stick Picture Frames 1:30pm – 2:30pm</p> <p>Bus Pass Distribution 3:00pm – 4:00pm</p>	<p>25 National Hot Fudge Sundae Day</p> <p>Coffee, Trivia, & Cinnamon Rolls 9:30am – 10:30am</p> <p>Exercise Class: Seated Strength 10:00am – 11:00am</p> <p>Card Games & Snacks 1:00pm – 2:00pm Arts & Crafts: Positivity Journal 2:30pm – 3:30pm</p>	<p>26 National Bagelfest Day</p> <p>Coffee & Bagel Social 9:30am – 10:30am</p> <p>BIRTHDAY BASH! *Everyone is invited 1:30pm – 2:30pm</p>  <p>Bus Pass Distribution 3:00pm – 4:00pm</p>	<p>27 National Love is Kind Day</p> 
<p>28 National Milk Chocolate Day</p> 	<p>29 National Lasagna Day</p> <p>Coffee & Cookies 9:30am – 10:30am</p> <p>Arts & Crafts: Mason Jar Beach Terrarium 2:00p – 3:00pm *Sign Up in the Binder by June 25th</p>	<p>30 National Cheesecake Day</p> <p>Coffee & Cinnamon Crumble Cake 9:30am – 10:30am</p> <p>Coordinator Office Hours *Come talk to your Coordinator with any questions or concerns you may have 2:00pm – 3:00pm</p> <p>Loop Shopping Shuttle Walmart</p>	<p>31 National Avocado Day</p> <p>Coffee & Avocado Toast Breakfast 9:30am – 10:30am</p> <p>BINGO & Mocktails 1:30pm – 2:30pm</p> <p>Bus Pass Distribution 3:00pm – 4:00pm</p>		<p>If you have any questions, please call your Resident Services Coordinator at (702) 990-2764 Monday – Friday between 9:00AM – 5:00PM</p>	