













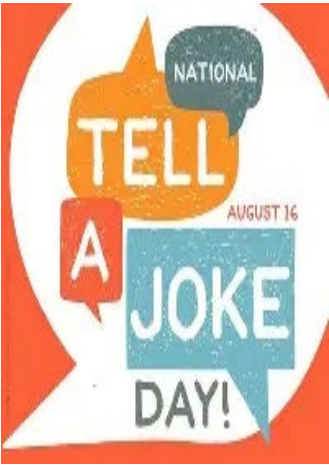

# August 2025









PROPERTY NAME **Acapella**

COORDINATOR: Au'Brie

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY										
<p>If you have any questions, please call your Resident Services Coordinator Au'Brie at (702) 990-2764 ext 9121 Monday – Friday between 9:00AM – 5:00PM</p> 	<p><u>Fruit &amp; Vegetables</u> <u>August Season</u> Blackberries Peaches Plums Melons Tomatoes Figs Grapes Eggplant Bell pepper Green Beans Summer Squash Okra</p>	 <p>Did you know Coloring can help you relax and be mindful. Learn about the therapeutic mental health effects that happen when you color.</p>	 <table><tr><td>Molly</td><td>Nancy</td></tr><tr><td>Rudy</td><td>Debra</td></tr><tr><td>Ron</td><td>Robin</td></tr><tr><td>Cheryl</td><td>Tauni</td></tr><tr><td colspan="2">Maria</td></tr></table>	Molly	Nancy	Rudy	Debra	Ron	Robin	Cheryl	Tauni	Maria		<p>1 <b>Homemade Pie Day</b> <u>Coffee Social</u> <u>Bus Pass Distribution</u> In Bldg1 / 1st Floor 9:00am – 11:00am</p>  <p><u>Acapella Town Hall</u> In Bldg1 / 1st Floor 11:00am -12:00pm</p>  <p>In Bldg1 / 1st Floor 3:00pm -4:00pm</p>	<p>2 <b>National Ice Cream Sandwich Day</b></p>  <p>August 2 National Ice Cream Sandwich Day</p>	<p>3 <b>National Watermelon Day</b></p> 
Molly	Nancy															
Rudy	Debra															
Ron	Robin															
Cheryl	Tauni															
Maria																
<p>4 <b>National Chocolate chip Cookie Day</b> <u>Coffee &amp; Word Search</u> <u>Bus Pass Distribution</u> In Bldg1 / 1st Floor 9:00am – 11:00am</p> <p><u>Community Social</u> <i>Homemade cookies and conversation</i> In Bldg1 / 1st Floor 1:30pm - 2:30pm</p> <p><u>Game Hour</u> <i>Uno &amp; Skippo</i> In Bldg1 / 1st Floor 3:00pm – 4:00pm</p>	<p>5 <b>Green Peppers Day</b> <u>Coffee &amp; Affirmations</u> In Bldg1 / 1st Floor 9:00am – 11:00am</p> <p><u>Sikora Visit</u> <u>Ice Cream &amp; Education:</u> <i>How to age well &amp; treat your chronic disease: balancing the use of medications &amp; Sex after 60.</i> In Bld1 / 1st Floor 10:00am – 11:00am</p> <p><u>Word Search &amp; Tea</u> In Bld1 / 1st Floor 1:00pm – 2:00pm</p> <p><u>Loop Shopping Shuttle</u></p>	<p>6 <b>National Root Beer Float Day</b> <u>Coffee &amp; Word Search</u> In Bldg1 / 1st Floor 9:00am – 11:00am</p> <p><u>Providing Shoes for Seniors with Diabetes</u> In Bldg1 / 1st Floor 11:00am - 1:00pm</p> <p><u>Ice Cream Social</u> <i>Root beer Floats</i> In Bldg1 / 1st Floor 1:30pm - 2:30pm</p> 	<p>7 <b>Coordinator Day</b> <u>Coffee &amp; Word Search</u> In Bldg1 / 1st Floor 9:00am – 11:00am</p> <p><u>Brunch</u> <i>Muffins, Fruit &amp; Non-alcoholic mimosas.</i> 11:30pm – 1:00pm In Bld1 / 1st Floor</p>  <p><u>Aging is Cool: Chair Fit</u> <i>Bingo with Michelle M</i> 1:00pm – 2:00pm</p> <p><u>Appointments With Larry</u></p>	<p>8 <b>National Happiness Happens Day</b> <u>Coffee &amp; Word Search</u> <u>Bus Pass Distribution</u> In Bldg1 / 1st Floor 9:00am – 11:00am</p> <p><u>Jewelry Club</u> <i>Let's make Earrings!</i> In Bldg1 / 1st Floor 1:15pm – 2:50pm</p>  <p>In Bldg1 / 1st Floor 3:00pm -4:00pm</p>	<p>9 <b>National Passion Fruit Day</b></p>  <p>Temporary Assistance for Domestic Crisis Serving Families, Saving Lives since 1977 SHELTER • COUNSELING • ADVOCACY • PREVENTION</p> <p>Please see your coordinator if you would like to donate to Safe nest. All items must be ready by 8/27/25</p>	<p>10 <b>National Spoil Your Dog Day</b></p> 										

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>11</p> <p><b>National Face Mask Day</b>  <b>Coffee Social</b>  <u>Bus Pass Distribution</u>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p><b>Butter Drumming with Aspen Hospice Services</b>  In Bld1 / 1<sup>st</sup> Floor  1:00pm – 2:00pm</p> <p><b>Community Social</b>  <i>Coin Toss, land on the prize and keep it!</i>  In Bldg1 / 1st Floor  2:30pm - 3:30pm</p> <p><u>Call Helping Hands</u></p>	<p>12</p> <p><b>World Elephant Day</b>  <b>Coffee &amp; Word Search</b>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p><b>Bingo with CareMore!</b>  <i>Come win some great prizes and</i>  In Bldg1 / 1<sup>st</sup> Floor  1:00pm – 2:30pm</p> <p><b>Crochet Club</b>  <i>Are you an expert or just learning? Come and teach your technique or show your creation!</i>  In Bldg1 / 1<sup>st</sup> Floor  3:00pm – 4:30pm</p> <p><u>Loop Shopping Shuttle</u></p>	<p>13</p> <p><b>International Left-Handers Day</b>  <b>Coffee &amp; Affirmations</b>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p><b>Fitness</b>  <i>Balloon Volleyball</i>  In Bld1 / 2nd Floor  11:30am – 12:00pm</p> <p><b>Indoor Garden Club</b>  <i>Garden Party Enjoy floral mocktails, garden-inspired games, and sunshine vibes surrounded by friends. While planting, Basil, Thyme, and other herbs!</i>  In Bldg1 / 1st Floor  1:30pm – 3:30pm</p>	<p>14</p> <p><b>National Creamsicle Day</b>  <b>Coffee &amp; Word Search</b>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p><b>Jewelry Club</b>  <i>Clay Bracelets!</i>  In Bldg1 / 1st Floor  1:00pm – 2:30pm</p> <p><b>Ice Cream Social</b>  <i>Orange creamsicle bars &amp; Floats</i>  In Bldg1 / 1st Floor  3:00pm - 4:00pm</p>	<p>15</p> <p><b>National Lemon Meringue Pie Day</b>  <b>Coffee Social</b>  <u>Bus Pass Distribution</u>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p>  In Bldg1 / 1st Floor  1:00pm -2:00pm</p> <p><u>HELPING HANDS</u>  In Bldg1 / 1<sup>st</sup> Floor  Please pick up or make arrangements prior.  2:30pm – 4:00pm</p>	<p>16</p> <p><b>National Tell a Joke Day</b></p> 	<p>17</p> <p><b>National Black Cat Appreciation Day</b></p> <p><b>National Black Cat Appreciation Day</b></p>  <p>August 17</p>

<p>18</p> <p><b>National Ice Cream Pie Day</b>  <b>Coffee Social</b>  <i>Bus Pass Distribution</i>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p><b>Music &amp; Stretching</b>  <i>Light Yoga</i>  In Bld1 / 2nd Floor  11:30am – 12:00pm</p> <p><b>Indoor Garden Club</b>  <i>Flowerpot Painting</i>  In Bldg1 / 1st Floor  1:30pm – 2:30pm</p>	<p>19</p> <p><b>National Potato Day</b>  <b>Coffee &amp; Word Search</b>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p>  <b>Archwell Bingo</b>  In Bldg1 / 1st Floor  10:00am-11:00am</p> <p><b>Arts &amp; Crafts</b>  <i>Diamond Art Butterflies</i>  In Bldg1 / 1st Floor  2:30pm – 4:00pm</p> <p><u>Loop Shopping Shuttle</u></p>	<p>20</p> <p><b>National Bacon Lovers Day</b>  <b>Coffee &amp; Word Search</b>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p>  <b>Sunrise Mobile Library</b>  In Bld1 / 1<sup>st</sup> Floor  12:00pm-1:00pm</p> <p><b>Ice Cream Social</b>  <i>Strawberry Shortcakes</i>  In Bldg1 / 1st Floor  2:00pm - 3:00pm</p> 	<p>21</p> <p><b>National Senior Citizens Day</b>  <b>Coffee &amp; Word Search</b>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p><b>Late Breakfast</b>  <i>Oatmeal Bar, Create your own flavor with toppings.</i>  In Bldg1 / 1st Floor  10:30pm - 11:30pm</p> <p><b>Aging is Cool: Chair Fit</b>  <i>Bingo with Michelle M</i>  1:00pm – 2:00pm</p> <p><u>Appointments With Larry</u></p>	<p>22</p> <p><b>Eat A Peach Day</b>  <b>Coffee Social</b>  <u>Bus Pass Distribution</u>  In Bldg1 / 1<sup>st</sup> Floor  9:00am – 11:00am</p> <p><b>Wellness</b>  <i>Herbal Tea Blending</i>  <i>Smell and mix dried herbs to create your own calming tea blend.</i>  In Bldg1 / 1st Floor  2:00pm - 3:00pm</p> <p>  In Bldg1 / 1st Floor  3:00pm – 4:00pm</p>	<p>23</p> <p><b>National Sponge Cake Day</b></p> <p><b>Acapella Field Trip!</b></p>  <p><b>Downtown Summerlin Farmer's Market</b>  Pickup time 9:00am  Location: Acapella Main Lobby</p>	<p>24</p> <p><b>National Waffle Day</b></p> 
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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
25	26	27	28	29	30	31
<b>National Banana Split Day</b> <b>Coffee to Go</b> In Bldg1 / 1st Floor 9:00am – 11:00am	<b>National Women’s Equality Day</b> <b>Coffee to Go</b> In Bldg1 / 1st Floor 9:00am – 11:00am	<b>National Banana Lovers Day</b> <b>Coffee &amp; Word Search</b> In Bldg1 / 1st Floor 9:00am – 11:00am	<b>National Thoughtful Day</b> <b>Coffee &amp; Word Search</b> In Bldg1 / 1st Floor 9:00am – 11:00am	<b>More Herbs, Less Salt Day</b> <b>Coffee Social</b> <b>Bus Pass Distribution</b> In Bldg1 / 1st Floor 9:00am – 11:00am	<b>National Grief Awareness Day</b>	<b>National Trail Mix Day</b>
<b>Acapella Market</b> <i>Sign Up Starts at 8:30am Once you have signed up for Market, please return to prepare for Shopping at Shopping at 10:45am In Bldg1 / 1<sup>st</sup> Floor</i>	<b>Golden Groceries</b> <i>Sign Up Starts at 8:30am Once you have signed up for Market, please return to prepare for Shopping at Shopping at 10:45am In Bldg1 / 1<sup>st</sup> Floor</i>	<b>Ice cream Social</b> <i>Ice cream bar</i> In Bldg1 / 1st Floor 1:30pm – 2:30pm	<b>Movie &amp; Popcorn</b> <b>Elvis</b> In Bld1 / 2nd Floor 1:30pm – 3:40pm	<b>60’s Hippie Theme</b> <i>Peace, love &amp; Soul Potluck.</i> <i>Bring your favorite dish made from love, and your best Tye Dye attire.</i> 2:00pm – 4:30pm	 <i>Grief is not the end of love, But where its roots run deep.</i> <i>Each tear a drop to water it, In soil where sorrow sleeps.</i> <i>The ache becomes a quiet space</i> <i>For petals soft and wide, And in that bloom, we find again</i> <i>The one who never died.</i> <i>Though bodies fade, the spirit thrives</i> <i>In every tender thought.</i> <i>And through the pain, our hearts revive</i> <i>The lessons they once taught.</i> <i>For every garden bears its loss,</i> <i>Yet beauty still is brought.</i>	 <b>Healthy Heart Trail Mix Blend</b>  1 cup Dark Chocolate 2 cups Freeze Dried 2 cups Strawberries 2 cups Sliced Almonds 2 cups Cashews
	<b>Bus Pass Distribution</b> In Bldg1 / 1st Floor 3:00pm – 4:00pm	 In Bldg1 / 1st Floor 3:00pm -4:00pm	 <i>The film explores the life and music of Elvis Presley (Austin Butler), complicated relationship with his enigmatic manager, Colonel Tom Parker (Tom Hanks). The story delves into the complex dynamic span of over 20 years, from Presley’s rise to fame to his unprecedented stardom.</i>	 Peace ♥ Love ♥ Tie-Dye		