

# June 2025

PROPERTY NAME **Acapella**

COORDINATOR: Au'Brie



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>If you have any questions, please call your Resident Services Coordinator Au'Brie at (702) 990-2764 ext 9121 Monday – Friday 9:00AM – 5:00PM</p> 		<p>Would you like to give back and donate items to Safe Nest? Come and see your coordinator.</p>  <p>Temporary Assistance for Domestic Crisis Serving Families, Saving Lives since 1977 SHELTER • COUNSELING • ADVOCACY • PREVENTION</p>	<p>“GROWING OLDER GRACEFULLY MEANS HAVING A KEEN curiosity about LEARNING THINGS ABOUT THE WORLD THAT YOU DIDN'T KNOW YESTERDAY, NO MATTER HOW MANY yesterdays YOU'VE HAD.” – Padma Lakshmi Prevention</p>	<p>Have an Activity or a suggestion that you would like to see on the Calendar? Leave your suggestions with your coordinator.</p> 	<p>HAPPY Father's DAY</p> 	<p><b>National Cancer Survivors Day</b></p> 
<p><b>Leave the Office Early Day</b> <u>Coffee &amp; Social</u> <u>Bus Pass Distribution</u> In Bldg1 / 1st Floor 9:00am – 10:30am</p>  <p>Talk topic - Alzheimer's disease and "normal" aging. In Bldg1 / 1st Floor 11:00am – 12:00pm</p> <p><u>Walking Club</u> Join us for a stroll around the property. In Bldg1 / 1st Floor 12:30pm – 12:45am</p>	<p><b>World Cider Day</b> <u>Coffee &amp; Word Search</u> In Bldg1 / 1st Floor 9:00am – 11:00am</p>  <p><u>Colon Cancer Screening</u> In Bldg1 / 3rd Floor 9:00am – 1:00pm</p> <p><u>Wii Bowling</u> In Bldg1 / 1st Floor 3:00pm – 4:00pm</p> <p><u>Loop Shopping Shuttle</u></p>	<p><b>Hug Your Cat Day</b> <u>Coffee &amp; Word Search</u> In Bldg1 / 1st Floor 9:00am – 11:00am</p>  <p><u>Bingo w/ SBI Benefits</u> Shannon Johnson In Bldg1 / 1st Floor 11:00am – 1:00pm</p> <p><u>Indoor Garden Club</u> In Bldg1 / 1st Floor 2:30pm - 3:30pm</p>	<p><b>World Environment Day</b> <u>Coffee &amp; Word Search</u> In Bldg1 / 1st Floor 9:00am – 11:00am</p>  <p><u>Aging is Cool Chair Fit</u> Bingo w/Michelle MK In Bldg1 / 1st Floor 1:00pm – 2:00pm</p> <p><u>Jewelry Club</u> Let's make some Jewelry your choice! In Bldg1 / 1st Floor 2:30pm – 3:30pm</p>	<p><b>National Donut Day</b> <u>Coffee Social</u> <u>Bus Pass Distribution</u> In Bldg1 / 1st Floor 9:00am – 11:00am</p>  <p><u>Game Hour</u> Family Feud In Bldg1 / 1st Floor 1:00pm – 2:00pm</p>  <p>In Bldg1 / 1st Floor 3:00pm -4:00pm</p>	<p><b>National Chocolate Ice Cream Day</b></p>  <p>June 7th</p>	<p><b>National Best Friends Day</b></p> 

<div>9</div> <div><b>National Strawberry Rhubarb Pie Day</b> <u>Coffee Social</u> <i>Bus Pass Distribution</i> In Bldg1 / 1st Floor 9:00am – 11:00am</div> <div><u>Community Social</u> <i>Let's talk about ideas for field trips and future activities.</i> In Bld1 / 1<sup>st</sup> Floor 12:00pm – 1:00pm</div> <div><u>Movie Matinee</u> <i>Residents Choice</i> In Bldg1 / 1st Floor 2:00pm – 4:30pm</div>	<div>10</div> <div><b>Herbs and Spices Day</b> <u>Coffee &amp; Word Search</u> In Bldg1 / 1st Floor 9:00am – 10:00am</div> <div>  In Bld1 / 1<sup>st</sup> Floor 10:00am – 11:00am</div> <div><u>Tech Class</u> <i>Do you need assistance with creating an email or setting up your new phone? Please see your coordinator.</i> In Bldg1 / 1st Floor 3:00pm-4:00pm</div> <div><u>Loop Shopping Shuttle</u></div>	<div>11</div> <div><b>Making Life Beautiful Day</b> <u>Coffee &amp; Word Search</u> In Bldg1 / 1st Floor 9:00am – 11:00am</div> <div><u>Music &amp; Stretching</u> <i>Come and get down to some classic sounds!</i> 11:30am – 12:00pm In Bld1 / 2nd Floor</div> <div><u>Smoothie Bar</u> <i>Come enjoy a Healthy fruit smoothie.</i> In Bld1 / 1<sup>st</sup> Floor 2:30pm – 3:30pm</div>	<div>12</div> <div><b>Peanut Butter Cookie Day</b> <u>Coffee &amp; Word Search</u> In Bldg1 / 1st Floor 9:00am – 11:00am</div> <div><u>Father's Day Brunch</u> In Bldg1 / 1st Floor 12:00pm - 2:00pm</div> <div><u>Ice Cream Social</u> In Bldg1 / 1st Floor 3:00pm - 4:00pm</div> <div><u>Appointments With Larry</u></div>	<div>13</div> <div><b>National Weed Your Garden Day</b> <u>Coffee Social</u> <i>Bus Pass Distribution</i> In Bldg1 / 1st Floor 9:00am – 11:00am</div> <div><u>Game Hour</u> <i>Do you have the skills to beat your coordinator in UNO or SKIPBO?</i> In Bldg1 / 1<sup>st</sup> Floor 1:00pm – 2:00pm</div> <div> In Bldg1 / 1st Floor 2:30pm -3:30pm</div>	<div>14</div> <div><b>National Strawberry Shortcake Day</b></div> <div><b>NATIONAL Strawberry</b> SHORTCAKE DAY</div> <div></div> <div>JUNE 14th</div>	<div>15</div> <div><b>Father's Day</b></div> <div></div>
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<div>16</div> <div><b>National Fudge Day</b> <u>Coffee Social</u> In Bldg1 / 1st Floor 9:00am</div> <div><u>Acapella Market</u> <i>Sign Up Starts at 8:30am Once you have signed up for Market, please return to prepare for Shopping at Shopping at 10:30am</i> In Bldg1 / 1<sup>st</sup> Floor</div> <div><u>Bus Pass Distribution</u> In Bldg1 / 1st Floor 2:00pm – 3:00pm</div> <div><u>Call Helping Hands</u></div>	<div>17</div> <div><b>Apple Strudel Day</b> <u>Coffee &amp; Word Search</u> In Bldg1 / 1st Floor 9:00am -11:00am</div> <div><u>Arts &amp; Crafts</u> In Bldg1 / 1st Floor 2:30pm – 4:00pm</div> <div><u>Ice Cream Social</u> In Bldg1 / 1st Floor 2:00pm - 3:00pm</div> <div><u>Loop Shopping Shuttle</u></div>	<div>18</div> <div><b>International Sushi Day</b> <u>Coffee &amp; Word Search</u> In Bldg1 / 1st Floor 9:00am – 11:00am</div> <div> <u>Sunrise Mobile Library</u> In Bld1 / 1<sup>st</sup> Floor 12:00pm-1:00pm</div> <div><u>Cooking Class</u> <i>Let's Learn How to make cookies from scratch with Sandy Summer</i> In Bldg1 / 1st Floor 11:00am – 11:30am</div>	<div>19</div> <div><b>Juneteenth</b> <u>Coffee Social</u> <i>Word Search Tournament</i> In Bldg1 / 1st Floor 9:00am – 11:00am</div> <div> <u>Aging is Cool Chair Fit</u> <u>Bingo w/Michelle MK</u> In Bldg1 / 1st Floor 1:00pm – 2:00pm</div> <div><u>Therapeutic Coloring</u> <i>Come and let your creative flow while listening to healing music.</i> In Bldg1 / 1st Floor 3:00pm – 4:00pm</div>	<div>20</div> <div><b>Summer Solstice</b> <u>Coffee Social</u> <i>Bus Pass Distribution</i> In Bldg1 / 1st Floor 9:00am – 11:00am</div> <div> In Bldg1 / 1st Floor 1:00pm -2:00pm</div> <div><u>Helping Hands</u> In Bldg1 / 1st Floor 2:30pm – 4:00pm <i>Pick up in common area. Please remain seated until your name is called</i></div>	<div>21</div> <div><b>World Day of Music</b></div> <div></div> <div>GULLERMINA</div> <div></div>	<div>22</div> <div><b>National Onion Ring Day</b></div> <div></div> <div>National Onion Ring Day</div>
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23

Typewriter Day



June 23

24

National Pralines Day  
Coffee & Word Search  
Bus Pass Distribution  
In Bldg1 / 1st Floor  
9:00am – 10:30am

Golden Groceries

Sign Up Starts at 8:30am  
Once you have signed up  
for Market, please return  
to prepare for Shopping at  
Shopping at 10:30am  
In Bldg1 / 1st Floor

Bus Pass Distribution

In Bldg1 / 1st Floor  
2:00pm – 3:00pm

Loop Shopping Shuttle

25

National Catfish Day  
Coffee & Word Search  
In Bldg1 / 1st Floor  
9:00am – 11:00am

Walking Club

Join us for a stroll around  
the property.  
In Bldg1 / 1st Floor  
11:00am – 11:30am

Indoor Garden Club

Learn let's discuss updates  
on current plants' progress  
and ideas for our next  
indoor garden project.  
In Bldg1 / 1st Floor  
2:00pm – 3:30pm

26

National Chocolate Pudding  
Day  
Coffee & Word Search  
Bus Pass Distribution  
In Bldg1 / 1st Floor  
9:00am – 11:00am

Safe Nest

Temporary Assistance for Domestic Crisis  
Serving Families, Saving Lives since 1977  
SHELTER • COUNSELING • ADVOCACY • PREVENTION  
Donation Pick up  
Time: TBD  
In Bldg1 / 1st Floor  
3:00pm - 4:00pm

Appointments With Larry

27

Bingo Day  
Coffee Social  
In Bldg1 / 1st Floor  
9:00am – 10:30am

BRthDay Bash

Pool Party

In Bldg1 / 1st Floor  
2:00pm – 4:00pm

28

National Foodie Day

NATIONAL FOOD TRUCK DAY

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29

National Waffle Iron Day

HAPPY BIRTHDAY

LEONCIO	LESLIE
ANTONIO	SANDY
ROSA	GWENDOLYN
JOSEPH	MARIA
VICKI	



30

National Corvette Day

Acapella Market

Sign Up Starts at 8:30am  
Once you have signed up  
for Market, please return  
to prepare for Shopping  
at Shopping at 10:30am  
In Bldg1 / 1st Floor

Bus Pass Distribution

In Bldg1 / 1st Floor  
2:00pm – 3:00pm

2025



Get involved!  
JUNETEENTH

You ARE Loved

YOU ARE Special

Instead of the John I call my bathroom the Jim!  
That way it sounds better when I say I go to the Jim first thing every morning!!!

BEAT THE HEAT

Water To Go

Avoid

Be Cool

Rest

Dress Down

Enjoy

Soak

Shade

Getting older has some benefits. Call it a "Senior Moment" and you can get away with just about anything.



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Leasing Office: 5025 E Mohave, Las Vegas, NV 89178 Phone: (702) 990-2669 Office Hours: Daily 9:00 AM – 5:00 PM Preventative Measures Security: (702) 489-1588