

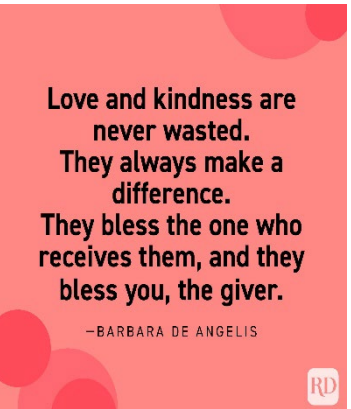

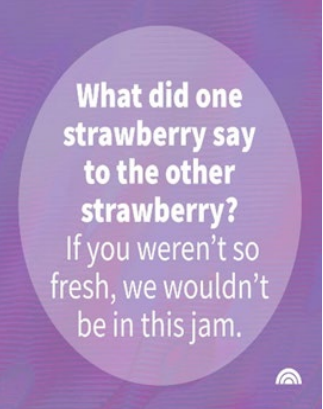














# April 2025





PROPERTY NAME **Acapella**

COORDINATOR: Au'Brie

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>If you have any questions, please call your Resident Services Coordinator Au'Brie at (702) 990-2764 ext 9121 Monday – Friday between 9:00AM – 5:00PM</p> 						
<p><b>Word Search</b></p>  <p>Rules 3 levels Easy, Intermediate, Difficult. Each Level will win a prize. Win all 3 levels win a Large Prize. See your coordinator for sign up and details.</p> <p>Tournament Dates April 9<sup>th</sup>, 2025 April 17<sup>th</sup>, 2025.</p>	<p><b>Ramadan Begins</b> 1</p> <p><u>Coffee &amp; Word Search</u> In Bldg1 / 1st Floor 9:00am – 11:00am</p> <p> In Bldg1 / 1st Floor 1:00pm – 2:00pm</p> <p><u>Tech Class</u> <i>Do you need assistance with creating an email or adding contacts to your new phone? Please see your coordinator.</i> 3:00pm-4:00pm <b>Loop Shopping Shuttle</b></p>	<p><b>Autism Awareness Day</b> 2</p> <p><u>Coffee &amp; Word Search</u> In Bldg1 / 1st Floor 9:00am – 10:45am</p> <p><u>BINGO WITH SBI BENEFITS SHANNON</u>  In Bldg1 / 1st Floor 11:00am -12:00pm</p> <p><u>Therapeutic Coloring</u> <i>Enjoy Relaxing sounds while coloring</i> In Bldg1 / 1st Floor 1:30pm – 2:30pm</p>	<p><b>Geologists Day</b> 3</p> <p><u>Coffee Social</u> <i>Waffles &amp; Bacon Appt Only</i> In Bldg1 / 1st Floor 9:00am</p> <p> <u>SOUTHERN NEVADA SENIOR LAW PROGRAMS/SLP</u> <i>Power of Attorney Health Care Seminar</i> In Bldg1 / 1st Floor 9:00am – 11:00am</p> <p><u>Aging Is Cool Chairfit</u> <i>Bingo w/Michelle MK</i> 1:00pm – 2:00pm <b>Appointments With Larry</b></p>	<p><b>Walk to Work Day</b> 4</p> <p><u>Coffee Social</u> <i>Bus Pass Distribution</i> In Bldg1 / 1st Floor 9:00am – 11:00am</p> <p><u>Music &amp; Stretching</u> <i>Come and get down to the sounds of Motown!</i> 11:30am – 12:00pm In Bld1 / 2nd Floor</p> <p> 3:00pm -4:00pm In Bldg1 / 1st Floor</p>	<p><b>National Dandelion Day</b> 5</p> <p> <i>National Dandelion Day</i></p> <p><u>Benefits of Dandelion Tea</u> Reduces Bloating Reduce Water Retention Helps Manage Blood Sugar Levels Improves Bone Health</p>	<p><b>World Table Tennis Day</b> 6</p> 

<p style="text-align: right;">7</p> <p><b>World Health Day</b></p> <p><u>Coffee Social</u>  <i>Bus Pass Distribution</i>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p><u>Acapella Market</u>  Please see new Market procedure. Attached to Calendar to ensure that you do not miss your market time. See the Coordinator for questions.  Shopping starts at 10:00am</p>	<p style="text-align: right;">8</p> <p><b>National Empanada Day</b></p> <p><u>Coffee &amp; Word Search</u>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p><u>Spring Fair Meeting</u>  2:00pm – 2:30pm</p> <p><u>Classic Game Hour</u>  <i>Join your coordinator for classic games like pick up sticks, Jacks, Jenga, Operation and snacks!</i>  2:30pm – 4:00pm  In Bldg1 / 1st Floor  <u>Loop Shopping Shuttle</u></p>	<p style="text-align: right;">9</p> <p><b>Name Yourself Day</b></p> <p><u>Coffee Social</u>  <i>Word Search Tournament</i>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p><u>Walking Club</u>  <i>Join us for a stroll around the property.</i>  In Bldg1 / 1st Floor  11:00am – 11:15am</p> <p><u>Smoothies</u>  <i>Come enjoy a fruit smoothie.</i>  1:00pm – 2:00pm  In Bld1 / 1st Floor</p>	<p style="text-align: right;">10</p> <p><b>World Homeopathy Day</b></p> <p><u>Coffee &amp; Word Search</u>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p><u>Jewelry Club</u>  <i>Let's make some Earrings!</i>  In Bldg1 / 1st Floor  2:00pm – 3:30pm</p> <p><u>Wii Game Play</u>  <i>Bowling</i>  3:30pm-4:30pm  In Bld1 / 1st Floor</p>	<p style="text-align: right;">11</p> <p><b>National Pet Day</b></p> <p><u>Coffee Social</u>  <i>Bus Pass Distribution</i>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p>  1:00pm -2:00pm  In Bldg1 / 1st Floor</p> <p><u>HELPING HANDS</u>  In Bldg1 / 1st Floor  **ARRIVAL TBD**  <i>Please Remain seated until your name is called.</i></p>	<p style="text-align: right;">12</p> <p><b>Grilled Cheese Day</b></p> <p>  <b>NATIONAL GRILLED CHEESE DAY</b></p>	<p style="text-align: right;">13</p> <p><b>Palm Sunday</b></p> <p></p>
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<p style="text-align: right;">14</p> <p><b>International Moment of Laughter Day</b></p> <p><u>Coffee Social</u>  <i>Bus Pass Distribution</i>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p><u>Billard Hour</u>  <i>Meet me on the 3rd for Pool &amp; Card Games</i>  2:00pm – 3:00pm  In Bld1 / 3rd Floor</p> <p><u>Word Search &amp; Scrabble</u>  3:00pm – 4:00pm  In Bld1 / 1st Floor</p> <p><u>Call Helping Hands</u></p>	<p style="text-align: right;">15</p> <p><b>Passover Begins</b></p> <p><u>Coffee &amp; Word Search</u>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p><u>Get to know your Coordinator ask me anything Lunch With</u>  <i>Salad Bar</i>  1:00pm-2:00pm  In Bldg1</p> <p><u>Wii Game play</u>  <i>Game Shows</i>  3:00pm-4:00pm  In Bld1 / 1st Floor</p> <p><u>Loop Shopping Shuttle</u></p>	<p style="text-align: right;">16</p> <p><b>World Circus Day</b></p> <p><u>Coffee &amp; Word Search</u>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p>  <u>Sunrise Mobile Library</u>  In Bld1 / 1st Floor  12:00pm-1:00pm</p> <p><u>Ice Cream Social</u>  In Bldg1 / 1st Floor  2:00pm - 3:00pm</p> <p></p>	<p style="text-align: right;">17</p> <p><b>National Cheeseball Day</b></p> <p><u>Coffee Social</u>  <i>Word Search Tournament</i>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p><u>Aging Is Cool Chairfit</u>  <i>Bingo w/Michelle MK</i>    In Bldg1 / 1st Floor  1:00pm – 2:00pm</p> <p><u>Wellness &amp; Tea Tasting</u>  <i>Learn about the benefits of Peppermint &amp; Ginger while tasting samples.</i>  In Bldg1 / 1st Floor  2:15pm - 3:00pm</p> <p><u>Appointments With Larry</u></p>	<p style="text-align: right;">18</p> <p><b>Good Friday</b></p> <p><u>Coffee Social</u>  <i>Bus Pass Distribution</i>  In Bldg1 / 1st Floor  9:00am – 11:00am</p> <p>  In Bldg1 / 1st Floor  1:30pm - 2:30pm</p> <p>  <u>Helping Hands</u>  <i>Pick up Time</i>  In Bldg1 / 1st Floor  2:30pm – 4:00pm</p>	<p style="text-align: right;">19</p> <p><b>Husband Appreciation Day</b></p> <p></p>	<p style="text-align: right;">20</p> <p><b>Easter Sunday</b></p> <p></p>
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<div>21</div> <div>British National Tea Day</div> <div><div>Coffee Social</div><div>Bus Pass Distribution</div><div>In Bldg1 / 1st Floor</div><div>9:00am – 10:00am</div></div> <div><div>Acapella Market</div><div>Please see new Market procedure. Attached to Calendar to ensure that you do not miss your market time. See the Coordinator for questions.</div><div>Shopping at 10:30am</div></div>	<div>22</div> <div>International Mother Earth Day</div> <div><div>Coffee</div><div>In Bldg1 / 1st Floor</div><div>9:00am – 10:00am</div></div> <div><div>GOLDEN GROCERIES</div><div>Please see new Market procedure. Attached to Calendar to ensure that you do not miss your market time. See the Coordinator for questions.</div><div>Shopping at 10:30am</div></div> <div>Loop Shopping Shuttle</div>	<div>23</div> <div>World Book and Copyright Day</div> <div><div>Coffee &amp; Word Search</div><div>In Bldg1 / 1st Floor</div><div>9:00am – 11:00am</div></div> <div><div>Walking Club</div><div>Join us for a stroll around the property.</div><div>In Bldg1 / 1st Floor</div><div>11:00am – 11:30am</div></div> <div><div>Game Time</div><div>Family Feud</div><div>In Bld1 / 1<sup>st</sup> Floor</div><div>2:00pm – 4:00pm</div></div>	<div>24</div> <div>Fashion Revolution Day</div> <div><div>Coffee &amp; Word Search</div><div>In Bldg1 / 1st Floor</div><div>9:00am – 11:00am</div></div> <div><div>Movie &amp; Popcorn</div><div>Get On Up the James Brown Story</div><div>1:30pm – 3:40pm</div><div>In Bld1 / 3rd Floor</div></div> <div></div>	<div>25</div> <div>World Penguin Day</div> <div><div>Coffee Social</div><div>Bus Pass Distribution</div><div>In Bldg1 / 1st Floor</div><div>9:00am – 11:00am</div></div> <div></div> <div><div>Spring Fair Theme &amp; Going Away Gathering for Debra Ojeda</div><div>2:00pm – 4:30pm</div></div>	<div>26</div> <div>National Pretzel Day</div> <div></div>	<div>27</div> <div>Morse Code Day</div> <div></div>																
<div>28</div> <div>World Day for Safety and Health at Work</div> <div><div>Coffee Social</div><div>Bus Pass Distribution</div><div>In Bldg1 / 1st Floor</div><div>9:00am – 11:00am</div></div> <div><div>Therapeutic Coloring</div><div>Enjoy Relaxing sounds while coloring</div><div>In Bldg1 / 1st Floor</div><div>1:00pm – 2:00pm</div></div> <div><div>Tech Class</div><div>Do you need assistance with creating an email or adding contacts to your new phone? Please see your coordinator.</div><div>In Bld1</div><div>3:00pm-4:00pm</div></div>	<div>29</div> <div>International Dance Day</div> <div><div>Coffee &amp; Word Search</div><div>In Bldg1 / 1st Floor</div><div>9:00am – 11:00am</div></div> <div><div>Music &amp; Stretching</div><div>Come and get down to Old School Jams!</div><div>11:30am – 12:00pm</div><div>In Bld1 / 2nd Floor</div></div> <div><div>Arts &amp; Crafts</div><div>Rock Painting</div><div>In Bldg1 / 1st Floor</div><div>2:00pm – 3:00pm</div></div> <div>Loop Shopping Shuttle</div>	<div>30</div> <div>International Jazz Day</div> <div><div>Coffee &amp; Word Search</div><div>In Bldg1 / 1st Floor</div><div>9:00am – 11:00am</div></div> <div><div>Indoor Garden Club</div><div>Learn About and plant Herbs that can grow indoors.</div><div>In Bldg1 / 1st Floor</div><div>1:30pm – 2:30pm</div></div> <div><div>Wellness &amp; Tea Tasting</div><div>Learn about the benefits of Hawthorn Berry while tasting samples.</div><div>In Bldg1 / 1<sup>st</sup> Floor</div><div>2:30pm -3:30pm</div></div>	<div></div> <table><tr><td>Kathleen</td><td>Loretta</td></tr><tr><td>Celia</td><td>Gemma</td></tr><tr><td>Robert</td><td>Robin</td></tr><tr><td>Frank</td><td>Sharon</td></tr><tr><td>Irma</td><td>Ivette</td></tr><tr><td>Eve</td><td>Patricia</td></tr><tr><td>Berta</td><td>Florence</td></tr><tr><td colspan="2">Annie</td></tr></table> <div></div>	Kathleen	Loretta	Celia	Gemma	Robert	Robin	Frank	Sharon	Irma	Ivette	Eve	Patricia	Berta	Florence	Annie		<div><div>Fruits In Season in April</div><div>Strawberries</div><div>Pineapples</div><div>Mangoes</div><div>Apricots</div><div>Kiwis</div><div>Raspberries</div><div>Rhubarb</div><div>Cherries</div><div>Blueberries</div><div>Grapefruits</div><div>Kumquats</div><div>Oranges</div></div> <div></div>	<div><div>Some medications may cause you to have stomach issues one common issue is constipation here some herbal teas that can assist you.</div><div><div><div>Fennel</div><div>Slippery Elm</div><div>Elderberry</div><div>Black Tea</div><div>Senna</div><div>Ginger</div><div>Dandelion Root</div><div>Rhubarb</div></div><div></div></div></div>	<div><div>Have an Activity or a suggestion that you would like to see on the Calendar?</div><div>Leave your suggestions with your coordinator.</div></div> <div></div>
Kathleen	Loretta																					
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